

Telepractice Benefits

- Removes location & ability as barriers for accessing services
 - Decreases time & financial impact
- Clients have access to a wider variety of providers
- Accessible via computer or smartphone
- Generalization application!
- Home comfort

Drawbacks

- Acoustic distortion, data loss
- Client microphone quality
- Reliant on stable internet connection
- Limited scope for nonverbal work
- Restrictive state laws

Is Telepractice Effective?

- Meta Analysis for Efficacy in Psychology & Psychiatry (Hilty et al., 2013)

 - “Telemental health is effective and increases access to care”

- Speech-Language Pathology

 - Mountain of Evidence (See ASHA’s telepractice page!)

 - Systemic reviews show great efficacy for many populations we serve
(Molini-Avejonas et al.,2015; Weidner & Lowman, 2020)

Evidence Related to Transgender Vocal Training

Transgender Vocal Training- Very Little Evidence
(Pickering, 2016)

Voice Disorders:

(Halpern, Ramig, Matos, Petska-Cable, Spielman, & McFarland, 2012; Mashima & Brown, 2011; Theodoros, Constantinescu, Russell, Ward, Wilson, & Wootton, 2006; Tindall, Huebner, Stemple, & Kleinert, 2008; Towey, 2012)

Articulation:

(Crutchley, Dudley, & Campbell, 2010; Grogan-Johnson, Schmidt, Schenker, Rowan, & Taylor, 2013)

Recommended Software

- Video Conferencing: Zoom, Google Meet
- Acoustic Analysis: Praat
- XSplit
- VoiceMeeter (PC) or Loopback (Mac)