

Gender-Affirming Voice Work: Resources for Ongoing Learning

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Reading Recommendations

Cultural Responsiveness in Gender Affirming Care

A Clinician's Guide to Gender-Affirming Care: Working with Transgender and Gender Non-Conforming Clients

- Chang, PhD; Singh PhD, LPC; dickey PhD
- All authors are trans and or nonbinary, 2/3 authors are people of color
- Highly Recommend for deepening cultural humility, intersectional lens, and for support of counseling skills. Meant for psychotherapists, so some material is beyond SLP scope of practice, but is very worth the read.

Supporting Transgender Autistic Youth and Adults: A Guide for Professionals and Families

- Finn V. Gratton, LMFT, LPCC
- This book is written by a trans non-binary autistic somatic therapist.
- Highly recommend for anyone working with autistic people and/or transgender/non-binary/gender expansive people

Trans Bodies, Trans Selves

- Edited by Erikson Schroth
- Most of the contributors are trans. This book is a staple resource guide for trans people

10 Principles of Disability Justice

- Sins Invalid
- <https://www.sinsinvalid.org/blog/10-principles-of-disability-justice>

Social Model of Disability: People with Disability Australia

- <https://pwd.org.au/resources/models-of-disability/>

Neuroqueer Heresies

- Dr. Nick Walker
- <https://neuroqueer.com/>

Critical Perspectives in Social Justice in Speech-Language Pathology

- Edited by RaMonda Horton, PhD CCC-SLP
- <https://www.igi-global.com/book/critical-perspectives-social-justice-speech/260328>

Culturally Responsive Practices in Speech, Language & Hearing Sciences

- Yvette D. Hyter, PhD, CCC-SLP, ASHA Fellow & Marlene B. Salas-Provance, PhD, MHA, CCC-SLP, ASHA Fellow, NAP Fellow
- <https://www.pluralpublishing.com/publications/culturally-responsive-practices-in-speech-language-and-hearing-sciences>

CREDIT Institute

- AC Goldberg, PhD, CCC-SLP:
<https://www.thecreditsinstitute.com/>

Beyond the Gender Binary

- Alok Vaid-Menon
- <https://www.penguinrandomhouse.com/books/611537/beyond-the-gender-binary-by-alok-void-menon-illustrated-by-ashley-lukashevsky/>

The Sexual Demon of Colonial Power: Pan-African Embodiment and Erotic Schemes of Empire

- Dr. Greg Thomas

Gender Affirmative Voice

Transforming Voice and Communication with Transgender and Gender-Diverse People

- Hancock and Siegfriedt
- Very well explained, approachable, and addresses the 'sense of self' component
- The authors are cisgender.

Voice and Communication Therapy for the Transgender/Gender Diverse Client

- Adler, Hirsch, Pickering
- The first text of its kind and excellent resource, in its third edition
- The main authors are cisgender, but some of the contributors are transgender.

The Voice Book for Trans and Non-Binary People

- Stoneham and Mills
- This is a great resource for students/patients AND clinicians. Contains many practical exercises
- The authors are cisgender.

The Singing Teacher's Guide to Transgender Voices

- Brian Kremer and Liz Jackson Hearn
- If you are doing singing therapy as well, this can be a fabulous and necessary resource. Also there is A LOT of input from the trans community.

One Weird Trick: A User's Guide to Transgender Voice

- Liz Jackson Hearn
- Also a lot of input by the trans community. It is very simple and can be practical for trans people who have little to no experience with the voice.

(And many, many more!)

Singing Voice Resources and Groups for TGNC Individuals

The Voice Lab Inc. in Chicago

- <https://thevoicelabinc.com/blog/team/alexandra-plattos-sulack/>
- Co-founded by Liz Jackson-Hearn (she/they) and Alexandra Plattos Sulack (she/her), their team offer singing and speech voice teaching/coaching services and educational webinars (on-demand and live) for professionals to serve TGNC communities with a number of TGNC voice teachers on staff

Renée Yoxon:

- <https://www.reneeyoxon.com/>
 - Based in Canada, a queer, non-binary singer-songwriter and voice teacher with over 10 years experiences who provides online modules on gender affirming voice modification for all kinds of professionals
- Excellent visuals, approachable material, and engaging content

New Voices Bay Area TIGQ Chorus (San Francisco, CA)

- <https://sfcmc.org/new-voices-bay-area-tigq-chorus/>
- A mixed-voice choral ensemble for singers who self-identify as transgender, intersex, or gender-queer (TIGQ)

Transcendence Gospel Choir (San Francisco Bay Area):

- <https://www.transfaith.info/articles/transcendence-gospel-choir>
- A music ministry for the transgender community and performs gospel music in worship services, at pride events, and as outreach to the community itself

Seattle Trans and Nonbinary Choral Ensemble (STANCE) (Seattle, WA)

- https://www.stanceseattle.org/about_us
- Provides a vocal space free of gendered expectations, by and for Transgender and Nonbinary singers, to explore and express themselves through music

The Trans Chorus of Los Angeles (Los Angeles, CA)

- <https://transchorusla.org/join/>
- A group of Transgender, Non-Binary, Intersex, Gender-Non-Conforming and Gender-Fluid individuals who perform regularly at events throughout Southern California all year long

Transcend (NYC)

- <https://www.transcendsings.org/about>
- New York-based trans / gender-expansive vocal ensemble whose focus is on creating inclusive, supportive performance and musical experiences, while exploring the unique aural aesthetic of trans and atypical voices singing classical works together

Out Loud Chorus (Washtenaw County, Michigan)

- <https://olconline.org/about-us>
- A mixed LGBTQ+ choir, a chorus of people of all genders --- many of whom identify as lesbian, gay, bisexual and/or transgender

One Voice Mixed Chorus (St. Paul, Minnesota)

- <https://www.onevoicemn.org/>
- A lesbian, gay, bisexual, transgender, and straight allies (LGBTQA) chorus

Intersectional Trans Leadership

Trans Women of Color Collective: <https://www.twocc.us/>

- “Uplifting the narratives, leadership and lived experiences of trans people of color while building towards the collective liberation of all oppressed people”

Transgender Gender Variant Intersex Justice Project <http://www.tgijp.org/>

- Supports transgender, gender-variant, and intersex people in prison, who are disproportionately Black, Indigenous, people of color

Kween Culture: <https://www.kweenculture.com>

- “Social and cultural empowerment for trans women of color”

....and many more! Search your area for local, state, and regional organizations

Community Resources

National

National Center for Transgender Equality <https://transequality.org/>

Transgender Law Center <https://transgenderlawcenter.org/>

FORGE: <https://forge-forward.org/>

Transgender Legal Defense and Education Fund <https://transgenderlegal.org/>

Gender Diversity <http://www.genderdiversity.org/>

Human Rights Campaign <https://www.hrc.org/>

Trans Voice Initiative <https://www.transvoiceinitiative.com/>

International

WPATH <https://www.wpath.org/>

TPATH <http://tpathealth.org/>

Trans Affirming Medical Care

<https://transequality.org/know-your-rights/healthcare>

This is published by the National Center for Transgender Equality (NCTE), which is a trans-led organization. In general, their work is a fabulous resource for the community and allies.

<https://transcare.ucsf.edu/guidelines>

This downloadable guide is evidence-based. Some contributors are transgender health professionals, many are cisgender.

<https://www.hrc.org/resources/transgender-affirming-hospital-policies>

Published by the Human Rights Campaign.

Mental Health Support:

Trans Lifeline: (peer-led crisis hotline)

- www.translifeline.org
- (877) 565-8860

Trevor Project: (for LGBTQ Youth)

- www.thetrevorproject.org
- (866) 488-7386

Autism: Accessibility Resources:

Personalized Accommodations Report:

- <https://autismandhealth.org/?p=ahat&theme=ltlc&size=small>

AASPIRE: Academic-Autistic Spectrum Partnership in Research and Education

- AASPIRE Healthcare Toolkit:
 - Tools and resources for autistic people
 - Tools and resources for medical providers
 - <https://autismandhealth.org/?p=home&theme=ltlc&size=small>

Autistic Self Advocacy Network

- <https://autisticadvocacy.org/resources/>

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None! :D

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