

# DeQuervain's Tenosynovitis recommended activity modification products:

For dishwashing/cleaning:

- [Palm brush](#)
- [Bottle brush](#)



**OXO 36481 Good Grips Soap Dispensing Palm Brush, Black/Clear/White, 1EA**  
Visit the OXO Store  
★★★★☆ 6,822 ratings  
**Amazon's Choice** for "oxo scrub brush"

Price: **\$6.99** FREE Shipping on your first order. Details & FREE Returns

Get \$50 off instantly: Pay \$0.00 ~~\$6.99~~ upon approval for the Amazon Rewards Visa Card. No annual fee.

This item is returnable

Style Name: **Soap Dispensing Palm Brush**

Palm Brush Refills  
\$5.99

**Soap Dispensing Palm Brush**

**\$6.99**

FREE Shipping  
Details & FR

Arrives: Sun

Fastest deliv  
Order withr  
Details

In Stock.

Qty: 1



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Ships from :  
Amazon.com

Add gift



**OXO Good Grips Bottle Brush, 12\"/>**

Visit the OXO Store  
★★★★☆ 13,014 ratings  
**Amazon's Choice** for "bottle brush oxo"

Price: **\$5.99** FREE Shipping on your first order. Details & FREE Returns

Get \$50 off instantly: Pay \$0.00 ~~\$5.99~~ upon approval for the Amazon Rewards Visa Card. No annual fee.

This item is returnable

Color -

Brand OXO

Item 2 x 2 x 12.5 inches

Dimensions

LxWxH

**\$5.99**

FREE Shipping o  
Details & FREE Ri

Arrives: Sunday, :

Fastest delivery: "  
Order within 12 |  
Details

In Stock.

Qty: 1



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Ships from and s  
Amazon.com.

For cell phone use:

- [Pop Socket](#) or similar item to help hold phone with wrist straight



“Pop Socket” type of item

For help with any cutting or “pinch and open” tasks like opening the mail, food packaging, etc:

- [Spring loaded scissors](#)



Fiskars easy action scissors (spring loaded)



Loop scissors



Spring loaded shears

[Evoluent](#) vertical mouse:

