Discontinuation of Disease Modifying Therapies (DMTs) in Multiple Sclerosis (MS)

The purpose of the research is to test the hypothesis that relatively older (55+) individuals with multiple sclerosis (MS) who have been stable on disease modifying therapies (DMTs) for at least 5 years may do no worse if they go off their medication as compared to those that stay on their medication.

Main procedures involved

- Some questionnaires about quality of life and MS symptoms
- A test of attention, concentration and thinking
- A test of physical symptoms
- An MRI at the 6 month time point

You may qualify if...

- Diagnosis of MS
- 55 years of age or older
- No evidence of new inflammatory disease activity
- Using any of the FDA-approved MS DMTs continuously for the last 5 years
- Willing to be randomized to stay on or go off current DMT