



AMERICAN  
Registry *for*  
**Migraine**  
Research

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# Help Change the Future of Migraine

**About ARMR:** Because we believe that no one should suffer from the pain and burden of migraine and other disabling headache disorders, the American Migraine Foundation created the American Registry for Migraine Research (ARMR). By combining individual patient information into one central database, ARMR will help physicians better understand the disease, leading to new personalized therapies that could radically change outcomes.

## Why join ARMR?

The data gathered by ARMR will enable researchers to develop better treatment options and elevate the standard of care so effective, individualized treatment can be recommended – the first time.



## Who is eligible?

Anyone 18 or older living with migraine or other headache disorders being treated at a participating headache center.

## What is expected of me?

For one year, patients commit to filling out a daily headache diary, health-related surveys every 3 months, and an optional blood sample.



## How does this affect my treatment?

Your doctor can use ARMR data to help make informed treatment decisions.

## Who do I contact with questions or to get involved?

Talk to your ARMR Coordinator about signing up or visit [ARMR.org](http://ARMR.org) to learn more.



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FOUNDATION

