

Resident Instructions on Seeking GME Approval for International Rotation

9 months prior to departure:

- Visit the U.S. State Department Travel Site for more information about international travel and travel to host country: www.travel.state.gov.
- Review the current [U.S. State Department Travel Advisory](#) for all countries on your proposed itinerary.
 - The university restricts student and resident travel to countries with Travel Advisory Levels 3 (Reconsider Travel) and 4 (Do Not Travel).
 - Specifically, students and residents are not permitted to travel to countries or areas within countries with a Level 4 (Do Not Travel) advisory.
 - Countries or areas within countries with a Level 3 (Reconsider Travel) advisory require that the traveler submit a travel appeal. Learn more about the appeal process and locate the Travel Appeal form on the [Office of Global Education website](#).
 - Direct questions to the International Risk Management Committee Chair, Joanne Wambeke: joanne.wambeke@ucdenver.edu.
- Verify that your passport will be valid more than 6 months beyond the conclusion of the international rotation and your anticipated date of departure from the host country. If it will expire before then, apply for a new passport.

6 months prior to departure:

- Complete the [online application](#) for GME Resident International Electives (for conferences, complete the [Application for International Conferences](#)).
 - View the online International Travel Workshop, available in the Global Education application. This presentation provides tips for completing the application as well as assessing in-country risks and mitigation measures.
- Initiate a visa application for travel to the host country, if applicable. Please note that in many instances, the work Medical Residents do abroad will violate the provisions of a tourist visa. Visit the [U.S. State Department travel website](#) for country-specific visa information.
- Schedule a Travel Medicine Consultation for pre-travel vaccines, medications, and malaria prophylaxis (if applicable).
 - Pre-travel consultations, vaccinations, and prophylactic medications are not covered by the CU GME Health/Dental Benefits Plan and are therefore the responsibility of the resident.
 - The resident may elect to use any appropriate Travel Clinic. We recommend checking the CDC website for country-specific information, but do not recommend self-treatment.
 - Two conveniently located services are the [Travel Clinic at Denver Health](#) (P: 303-602-3520) and [TEAM Clinic at University Hospital](#) located on the 7th Floor Outpatient Pavilion (P: 720-848-0191).
- Review the insurance and assistance information on the University Risk Management website about [International Travel](#) to determine whether additional insurance is indicated for your travel.
 - Your university malpractice insurance does not cover you during your international rotation. Check with the international rotation site/agency to find out if they cover your malpractice insurance while you are on the rotation or if they have recommended coverage that you must purchase. If necessary,

purchase malpractice insurance for the duration of your rotation from an outside carrier as you would for external moonlighting.

- CU Denver has purchased international health and evacuation insurance for all university employees, including residents, traveling internationally for university-related purposes. The plan includes medical coverage abroad as well as medical, political, and natural disaster evacuation coverage. Learn more and register at <http://www.geo-blue.com>, Group Access Code – QHG99999UCBT.

1 to 3 months prior to departure:

- Secure travel arrangements. Contact Jefferson.Velasco@CUAnschutz.edu for information re: use of travel funds.
- Once travel arrangements have been made, register with [International SOS's MyTrips](#) program and the U.S. State Department [Smart Traveler Enrollment Program \(STEP\)](#). Instructions for MyTrips registration and a copy of the International SOS membership card are contained within the online GME International Resident Application.
 - The University of Colorado subscribes to International SOS, an international emergency assistance provider. Their password secured website includes valuable, country-specific information about security, health, legal and travel issues. ISOS can organize a wide range of international emergency services, many for a fee. University international travelers are required to register their travel details with International SOS before leaving the country. Instructions for registration and a copy of the International SOS membership card are contained within the online GME International Resident Application.
- Contact the Office of Regulatory Compliance to ensure compliance with any export control regulations prior to departure.

Immediately Prior to Departure:

- Notify Program Director of any changes.
- Recheck State Department Travel Advisories and Warnings and with International SOS.
- Verify your emergency contact information in your online application.
- Organize all personal contact information both abroad and domestic, and share with Program Director, family/spouse/friend, and overseas program director.
- Make note of local emergency numbers, U.S. Embassy or local U.S. Consulate, International SOS, GeoBlue health insurance, host institution contacts, etc.
 - Emergency Contact information for the university can be found here: <http://www.ucdenver.edu/academics/internationalprograms/oia/globaleducation/safety/emergency/Pages/default.aspx>