

Internal Medicine Residency Training Roadmap PGY 1 year

First Trimester June - October

Program Reminders for the first Trimester

- Register for USMLE Step 3 or Comlex 3 (complete by December 2023)
- [Inpatient Observation](#) – complete 1 by end of academic year during night shift (either during VA wards/Swing or University wards/Swing)
- Upload [23-24 Journal Club](#) (*once presented*)
- In-training exam in Aug/Sept (you will be assigned a date)
- Influenza Vaccine due end of October
- [Any MedHub Learning Portfolio Entries](#)
- [NEJM Rotation Prep](#)

Items to Complete During Clinic Block

- [Continuity Clinic Observation](#)
- Complete CITI Modules [CITI](#) ; Once completed, upload Certificates to [23-24 R1 CITI Module Certificates](#)

A Block Due Dates	B Block Due Dates
Block 1: July 30	Block 2: Aug 27
Block 3: Sept 24	Block 4: Oct 22

Items due at the end of this trimester: October 22nd

- [Complete Outstanding MedHub Evaluations](#)
- [Check MedHub for any missing evaluations](#)
- [Complete Outstanding NEJM Quizzes](#)

Program items

[IMRP Website – Heartbeat: Who to contact, where to report, curriculum, policies, etc.](#)

[IMRP Missed Deadline Policy](#) – Formal policy on consequences for failure to meet program requirements (i.e. unexcused WES absences, missing deadlines for module completion, TB testing, etc.) You are responsible for understanding this policy.

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Second Trimester October - February

Program Reminders for the Second Trimester

- [Inpatient Observation](#) – complete 1 by end of academic year during night shift (either during VA wards/Swing or University wards/Swing)
- Upload [23-24 Journal Club](#) (once presented)
- [Any MedHub Learning Portfolio Entries](#)
- [NEJM Rotation Prep](#)

Items to Complete During Clinic Block

- Meet with R3 near-peer scholarship mentor – anytime during clinic block
- Meet with faculty mentor for R1 scholarly project – anytime during clinic block
- [POCUS Portfolio](#)- 1st Wednesday of clinic block:

A Block POCUS Due Dates	B Block POCUS Due Dates
Block 1: Oct 25	Block 2: Nov 22
Block 3: Jan 10	Block 4: Jan 31st

Items due at the end of this trimester: February 25

- Submit [R1 Scholarly Activity Plan AY23-24](#)
- [Complete Outstanding MedHub Evaluations](#)
- [Check MedHub for any missing evaluations](#)
- [Complete Outstanding NEJM Quizzes](#)

Program items

[IMRP Website – Heartbeat: Who to contact, where to report, curriculum, policies, etc.](#)

[IMRP Missed Deadline Policy](#) – Formal policy on consequences for failure to meet program requirements (i.e. unexcused WES absences, missing deadlines for module completion, TB testing, etc.) You are responsible for understanding this policy.

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Third Trimester March - June

Program Reminders for the Third Trimester

- [Inpatient Observation](#) – complete 1 by end of academic year during night shift (either during VA wards/Swing or University wards/Swing)
- [Journal Club Presentation – Reminder to upload once you've presented](#)
- Start thinking about fellowship
- [Any MedHub Learning Portfolio Entries](#)
- [NEJM Rotation Prep](#)

Items to Complete During Clinic Block

- 2nd meeting with R3 near-peer scholarship mentor – anytime during clinic block
- 2nd meeting with faculty scholarship mentor (optional) – anytime during clinic block
- [POCUS Portfolio](#)- 1st Wednesday of clinic block: **Block 1 Feb 28. Block 2 March 27, Block 3 April 24, Block 4 May 22**

A Block POCUS Due Dates	B Block POCUS Due Dates
Block 1: Feb 28	Block 2: March 27
Block 3: April 24	Block 4: May 22

Items due at the end of this trimester: June 14th

- Upload [23-24 R1 Final \(Small\) Scholarship Product](#).
- [Upload Patient Surveys – Due last ambulatory block](#)
- Upload QI/Panel Management Summary: [UCH](#) [VA](#) [DH](#)
- [Complete Outstanding MedHub Evaluations](#)
- [Check MedHub for any missing evaluations](#)
- [Complete Outstanding NEJM Quizzes](#)
- [Final POCUS portfolio](#)

Program items

[IMRP Website – Heartbeat: Who to contact, where to report, curriculum, policies, etc.](#)

[IMRP Missed Deadline Policy](#) – Formal policy on consequences for failure to meet program requirements (i.e. unexcused WES absences, missing deadlines for module completion, TB testing, etc.) You are responsible for understanding this policy.

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MedHub Learning Portfolio

Items that should go into your portfolio and what type of entry to enter them as:

<u>To Upload:</u>	<u>Type of Entry:</u>
Conference invites and presentations	General Entry

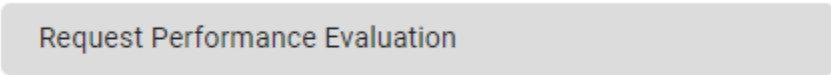
How to name portfolio entries:

Last Name, First Name – AY, type of entry Example: Doe, John 23-24 ATS Invite

How to Self-Initiate an Evaluation – Observation Forms

For Residents:

1. Log into MedHub
2. Click on the Evaluation Tab
3. Scroll to the bottom of the page where you will see this box:



4. **Observation form types: How to choose**
 - Ambulatory Observation: Can be done during RAC, any elective, any ambulatory rotation
 - Clinic Observation: Can only be done at clinic during clinic block
 - Inpatient Observation: Ideally done on VA Wards, VA Swing, UCH Wards, UCH Swing, can be done on any In-patient rotation
5. Select Faculty member from drop down list
6. Complete Evaluation

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[POCUS - all information can be found on POCUS Teams files \(direct links below for the most relevant but Teams has additional information including links to didactics and FAQs\)](#)

[For more information on POCUS:](#)

[How to create portfolio](#)

[How to use a Butterfly](#)

Revised Portfolio and Deadlines for 2023-2024 for PGY1s

Category	# Required	Specific Requirements	Worksheet Names
Pathologic Fluid Collections	4	At least 1 ascites and 1 pleural effusion	Ascites Pleural effusion
Renal/ Bladder	6	At least 1 longitudinal view and 1 transverse view of kidney At least 1 long and 1 trans of bladder	Longitudinal Kidney Transverse Kidney Longitudinal Bladder Transverse Bladder
Lung	4 total lung exams with at least 6 views per exam	2 studies w examples of B lines, 1 example of hepatization/consolidation (can be from same study as b lines)	Lung
Cardiac	10	At least 1 of each view: PLAX, PSAX, Apical 4, Subcostal, and IVC	Parasternal Long Axis Parasternal Short Axis Apical 4 Chamber Subcostal IVC
Total	25		

Deadlines:

- 1st Wednesday of the 2nd trimester clinic block: 5 passing images from any category
- 1st Wednesday of the 3rd trimester clinic block: 15 total passing images from any category
- By the end of PGY 1 (6/14/24) 25 total passing images

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New England Journal of Medicine (NEJM)

You will be assigned quizzes. Any quizzes assigned will appear on your dashboard like this.

The screenshot shows the 'My NEJM Knowledge+' dashboard. At the top, there is a teal header with the title and three dropdown menus: 'Subject', 'Type', and 'Sort by Due Date'. Below the header, the dashboard is divided into two main sections: 'REFRESH (2)' and 'TO DO (28)'. The 'REFRESH' section contains two cards: 'Internal Medicine - Prac...' (Acosta - NEJM questions) and 'ACS/HF flipped classro...' (Internal Medicine - Assigned Exams). The 'TO DO' section contains six exam cards arranged in a 2x3 grid. Each card has an orange header with 'EXAM', a clock icon, and a due date. The cards are: 'ID flipped classroom' (2w 0d), 'GI flipped classroom' (2w 0d), 'Heme Onc flipped classroom' (2w 0d), 'R2 BMT and renal v.1' (3w 0d), 'R2 BMT and renal: re-do v.2' (3w 0d), and 'R3 BMT v.1' (3w 0d). Each card shows '0%' completion and 'Internal Medicine - Assigned Exams' as the category.

[To sign into Knowledge+ for completion of modules and quizzes, click anywhere here](#)

[You will also use NEJM 360 for Rotation Prep, for that link, click anywhere here](#)