Maheen Abidi

*THANK YOU*

Maheen has gone above and beyond to service clinically in the hospital caring for patients with COVID-19. She was the first to volunteer to cover the new Infectious Diseases 5th service, which is primarily COVID-19 patients. When a coworker got sick, she again volunteered to cover an extra week of service time. She has been supportive of her colleagues on service, sharing knowledge, support, and gratitude.

Thank you to Maheen for all that you have done for our division and for the patients and their families that you have cared for, we appreciate you!

Katherine Frasca
*THANK YOU*

Ginger, thank you for stepping up during COVID time!
Mona,  
Thank you for going above and beyond. We appreciate you keeping the outpatient heart failure clinics running and stepping up to offer help on the inpatient service!  
My best,  
Colleen McIlvennan
*THANK YOU*

Vicki,

I would personally like to recognize you for your dedication to your employees' well-being during this COVID-19 crisis. You always fight for your team and will go above and beyond to make sure that we feel valued and secure in our jobs. You take the time to listen to my concerns and address them. In addition, you went out of your way to purchase a monitor, keyboard, and mouse to make my working from home much easier for me. You plan for every possible outcome and respond well in a crisis - you think creatively of solutions for your ongoing weight loss interventions as well as for employees whose primary job required them to be on campus. I'm so thankful to have you as my mentor and colleague.

My best,

Danielle Ostendorf
Kristen Demoruelle

*THANK YOU*

Kristen,

I wanted to lift up the incredible work that you are doing as a WellDOM Champion for your division...starting a virtual happy hour, a One Good Thing check in on Friday morning, and a very creative Microsoft Teams group for the whole division, faculty and staff. Your service and commitment to your colleagues is extraordinary. Thank you so much!

My best,

Katie Morrison

Department of Medicine
SCHOOL OF MEDICINE
UNIVERSITY OF COLORADO
ANSCHUTZ MEDICAL CAMPUS
*THANK YOU*

I appreciate Scott's enthusiasm for cardiology and interest in teaching cardiology to housestaff. He has fostered an environment where we take top notch care of patients but he also lightens the mood by making us laugh which is so needed right now. We all know laughter is the best medicine for healthcare workers during COVID.

Thank you, Scott!

Lavanya Kondapalli
Lexie Gallant

*THANK YOU*

Lexie,

I want to recognize you for urging your team to do the Headspace mindfulness app during the craziness of the COVID-19 pandemic and offering this exercise to all of those on your team. I appreciate this and your service to the hospitalist group as a WellDOM champion, also serving on the subcommittee for APP's. Thank you!

My best,

Katie Morrison
Amitha Gumidyala

*THANK YOU*

In addition to providing valuable patient care, Amitha and another colleague have taken it upon themselves to provide kind and helpful encouragement to members of our division to take care of ourselves and each other during these stressful times. By staying at our best, we can help our families and patients be their best.

Thanks, Amitha!

Dempsey Hughes

Department of Medicine
SCHOOL OF MEDICINE
UNIVERSITY OF COLORADO
ANSCHTZ MEDICAL CAMPUS
*THANK YOU*

The abrupt transition from in person visits to telehealth in addition to all the changes due to COVID-19 has caused a lot of anxiety and uncertainty. Our MA's and front staff took on their new role very well and continue to work on a sense of normality and stability with our patients and our providers.

I am very thankful to have Monica in our clinic!
*THANK YOU*

Sarah has gone above and beyond for my diabetic patients to ensure my virtual visits have all the necessary information. She has made otherwise complicated virtual visits run smoothly!

Many thanks to her for her dedication and hard work!

Melissa Pfahl
Abigail Lara

*THANK YOU*

Abbey has gone above and beyond her normal duties during this stressful time. Not only is she involved in clinical work and research but she has also taken on additional scheduling duties to ensure adequate coverage as the ICU's are inundated with COVID patients. She is putting her health at risk while still seeking out more opportunities to help patients and the Pulmonary division. She is a rock star an should be recognized. I just want her to know that her efforts do not go unappreciated!
*THANK YOU*

Becca is the team lead for our large NIH clinical trial GRADE. Not only has she worked hard to ensure that we are able to continue to care for our patients remotely, but she has also prioritized the mental wellness of our research coordinators. She is an incredible leader, and we are very fortunate to have her on our team.

Thank you, Becca!

Chelsea Baker
Cheryl Loudd

*THANK YOU*

Cheryl,

I want to thank you for your leadership on both the WellDOM Advisory Committee, Staff Subcommittee, and Wellbeing for your Division which you have stepped up during COVID-19. Not only have you worked to rapidly create new programs and connections, you have engaged others in your department to work with you to make your department a better place. Your division has one of the most prolific social connection platforms in the department. In addition I appreciate both your support and collegiality.

My best,

Katie Morrison
*THANK YOU*

Maria,

Thank you for going above and beyond. We appreciate you keeping the outpatient LVAD clinics running and stepping up to get virtual visits going!

My best,

Colleen McIlvennan
Shenley Meyer is the Lead APP for the MICU APP team. This MICU APP team has been tasked with duties they did not imagine, as many of us have. Shenley is also tasked with assigning non-ICU APPs to cross cover into the ICU Surge Teams. Another task she never imagined. With thoughtfulness, kindness, concern and empathy, she is carefully and painfully creating schedules for these cross covering APPs, making sure they are supported, oriented, safe and well-utilized. I am humbled by her care for the APP team and her care for the physicians, residents and fellows that work along side the APPs. Leading in this time of COVID is not for the faint of heart. Shenley has risen to the challenge and shows true grit and character becoming of a successful leader.

Thank you, Shenley!

Kandace Shepherd
Justin Morrison

*THANK YOU*

Justin is an excellent teacher. When the formal CCU lecture series was put on hold secondary to COVID, Justin gave a series of lectures on his own to the housestaff. He helped maintain normalcy in the cardiology rotation for the housestaff, which I greatly appreciated - this time the housestaff have on cardiology may be their only formal cardiology exposure during training. Also, he did this during a time when his own future was uncertain since ACGME was changing his "status," he is a new father with an 8 week old baby and his wife is also a physician. He has the perfect demeanor to be an interventional cardiologist - you can't rattle him!

Lavanya Kondapalli

Department of Medicine
SCHOOL OF MEDICINE
UNIVERSITY OF COLORADO
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*THANK YOU*

The abrupt transition from in person visits to telehealth in addition to all the changes due to COVID-19 has caused a lot of anxiety and uncertainty. Our MA's and front staff took on their new role very well and continue to work on a sense of normality and stability with our patients and our providers.

I am very thankful to have Janai in our clinic!
Dr. Pell has been a colleague I have truly looked up to (more so than usual) in the past few weeks during this crisis. He has volunteered to care for COVID patients and his intellectual curiosity and passion for providing excellent patient care in a time of such clinical uncertainty is humbling. During his time on service he spent hours on the phone counseling families regarding the difficult clinical decisions they have in front of them. He has been a leader amongst our group of COVID providers, advocating for our needs to our hospital leadership. He has taken steps to optimize documentation and the EHR burden during these challenging times, and has supported the transition of many incoming faculty into new roles. His positive attitude is inspiring—thank you Dr. Pell for being awesome!
Laura,
Thank you for going above and beyond. We appreciate you keeping the outpatient transplant clinics running and stepping up to help on the inpatient service!
My best,
Colleen McIlvennan
*THANK YOU*

The abrupt transition from in-person visits to telehealth in addition to all the changes due to COVID-19 has caused a lot of anxiety and uncertainty. Our MA's and front staff took on their new role very well and continue to work on a sense of normality and stability with our patients and our providers.

I am very thankful to have Lindsay in our clinic!
Sunita Sharma

*THANK YOU*

Sunita has gone above and beyond her normal duties during this stressful time. Not only is she involved in clinical work and research but she has also taken on additional scheduling duties to ensure adequate coverage as the ICU's are inundated with COVID patients. She is putting her health at risk while still seeking out more opportunities to help patients and the Pulmonary division.

I just want her to know that her efforts do not go unappreciated!
*THANK YOU*

Patrice has always been a tireless patient care champion and now with COVID she has gone above and beyond. She has made herself available for in-person visits at the Cardiology and Vascular Center which has been so crucial to the care of my own outpatients, but also to the patients we are discharging from the inpatient cardiology service. She is committed to the care of all patients and has helped the inpatient cardiology service facilitate safe discharges especially for our undocumented patients.

She is a problem solver and we are just so lucky to have her on our cardiology team!

Lavanya Kondapalli
Chantal has done an incredible job leading our research team through this challenging time. She has worked tirelessly to create a system to ensure we maintain excellent patient care and continue to adhere to research standards while ensuring the safety of our patients and our staff.

I am incredibly grateful to have her as our manager today and every day!

Chelsea Baker