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Subject: FW: Showers at Anschutz Health and Wellness Center (AHWC) and Hotel options for CUSOM Faculty/fellows/residents during COVID-19
Date: Sunday, April 5, 2020 4:51:07 PM
Attachments: [AHWC Showering during COVID-19.docx](#)
[20_0404 AHWC Showering Floor Plans.pdf](#)
[20_0404 AHWC Showering Campus Map.pdf](#)
[Provider Hotel Offerings 4-2-2020.pdf](#)

Hi.

Below and attached are details regarding access to showers and hotels. Showers will be available tomorrow. As you can see from the below note, many people (Anne Fuhlbrigge, Suzann Ruedeman, Chris Smith, Dan Bessesen, Peter Buttrick, Ethan Carter, Candicen Baumgardner, Jeanne Paradeis, Luciana Smith, and Kristy Truesdale) should be thanked for these accommodations. This is great news!

David

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Subject: Showers at Anschutz Health and Wellness Center (AHWC) and Hotel options for CUSOM
Faculty/fellows/residents during COVID-19

Colleagues,

Attached are 4 documents;

- 1) List of list of hotels in the area with the prices that have been negotiated for providers who want to use that option. They are listed with price, distance and contact information if colleagues want to call to make a reservation.
- 2) Detailed operations plan for showers at AHWC
- 3&4) Maps of the AHWC for those unfamiliar to help navigate

Starting tomorrow, we have operationalized a process to allow faculty/fellows/residents to use the Anschutz Health and Wellness Center (AHWC) to shower before going home. I have including the detailed operation plan for you to distribute to the members of your departments. Please know that we will work to adjust to make this work based on need. There are 22 showers (10 female, 10 male, 2 ADA (unisex) and we may need to adjust but our colleagues have worked very hard to create a plan to start with and our IT colleagues have developed an app so people can see if there is a queue.

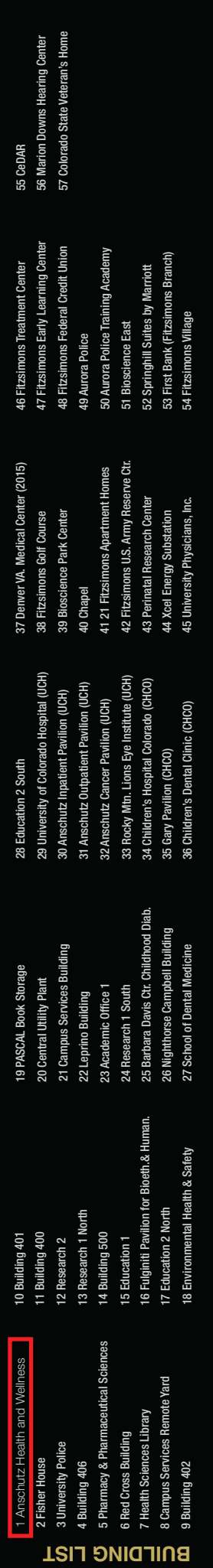
Please review the operations outline but I want to highlight a couple of important things to remember;

1. We are starting the pilot with CU SOM faculty/fellows and residents. If this works well and we can handle the numbers we will expand it to also include UCH/CHCO staff.
2. Hours are 7am-midnight but the building will be closed from 12-2pm daily for cleaning. We can adjust that time if we need to but that was my initial best guess for a time that would work.
3. **Faculty/fellows/residents need to have their badge to get in.** There is additional information in the operations outline about this.
4. Entry will be in the East side of the building with signage how to get to the showers (map included)
5. There is a website that will let people see if there is a queue which will go live tomorrow. We are working on the ability to make a reservation.
 - a. <https://som.ucdenver.edu/AHWCSShowers>
6. If a provider has UCH issued scrubs, we have arranged for them to be able to turn them in at AHCW and they will be picked up daily by UCH staff and credit will be given to your account. Please read the details in the attached document.
7. If a provider is wearing their own clothes in the hospital, we will give them a bag to take them home in.
8. Providers are given a spray bottle when they go down to shower. the spray bottle really helps us keep track of the number of people in the showers. It can be used to spray the shower between use for extra safety (70% ethanol solution) and the bottle itself will be wiped down between providers
9. **Most importantly, please ask colleagues to be thoughtful and efficient in using of the showers(that means quick) and to follow the directions outlined so that we can accommodate all who want to use this service.**

If you have any questions about either of these options Please let me know. I want to thank Suzann Ruedeman and Chris Smith for the incredible work they did to pull this together but also need a shout out to Dan Bessesen, Peter Buttrick, Ethan Carter, Candicen Baumgardner, Jeanne Paradeis, Luciana Smith and Kristy Truesdale and their teams, for their help in making this happen. Also thank you to AHCW staff and custodial staff.

I can send a broader announcement to the faculty this week but if you can direct this to any colleagues who might want to use this tomorrow, I would appreciate it.

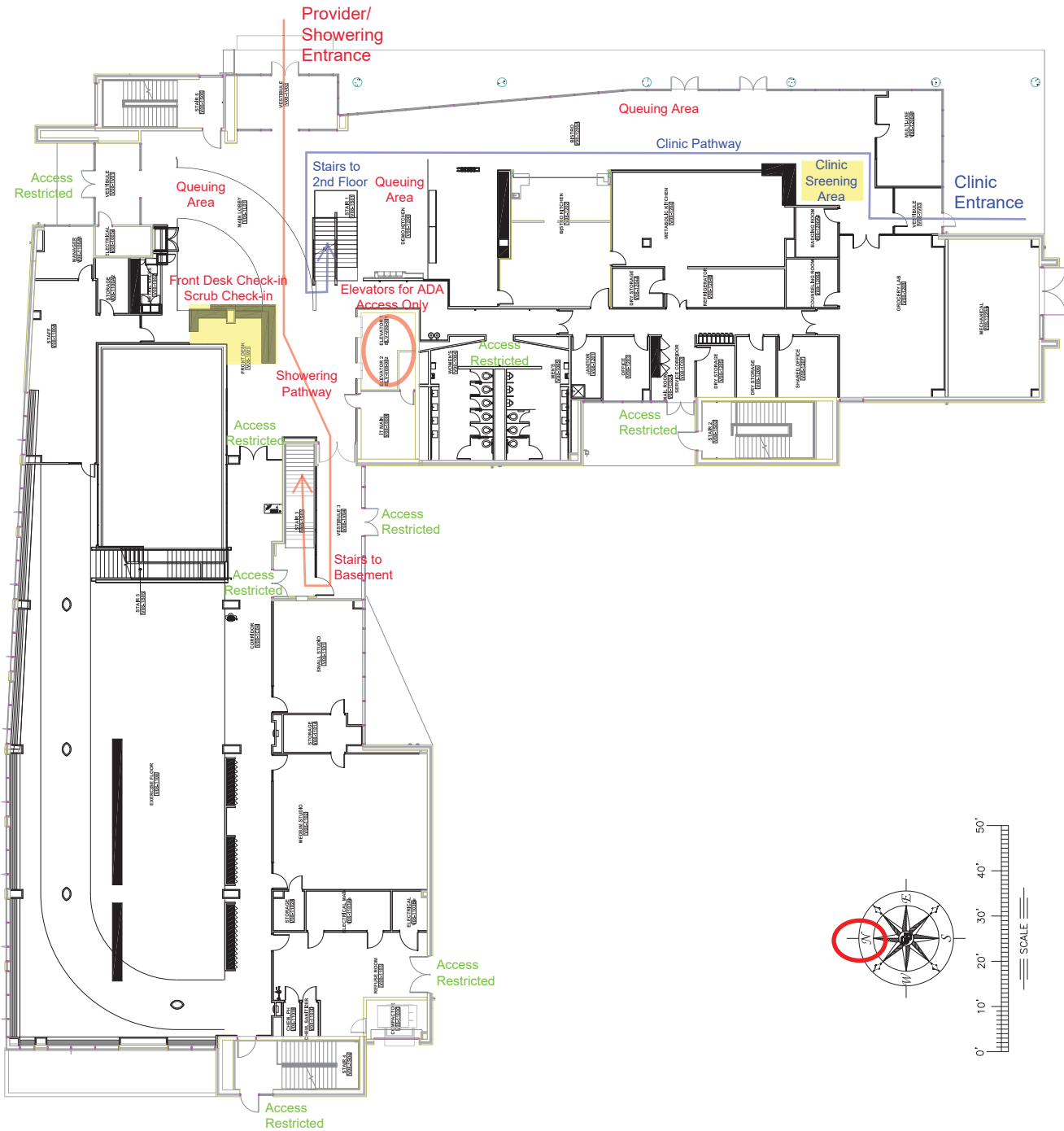
Anne



- 1 Anschutz Health and Wellness
- 2 Fisher House
- 3 University Police
- 4 Building 406
- 5 Pharmacy & Pharmaceutical Sciences
- 6 Red Cross Building
- 7 Health Sciences Library
- 8 Campus Services Remote Yard
- 9 Building 402

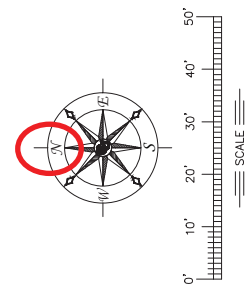
N. Racine St.

Quentin St.



Health and Wellness Center (V08)
First Floor
University of Colorado Denver
Facilities Management





UC Health Hospital	Property Name	Address	Approx Distance from Campus	Rate for Healthcare Workers Per Night	Reservation Link or Code if Available:	Property Contact Person:	Phone
Anschutz Medical Campus	Drury Inn & Suites Denver Stapleton	4550 N Central Park Blvd, Denver	6.4	50.00		Susy Esposito	719-471-4331
Anschutz Medical Campus	Courtyard Denver Airport at Gateway Park	4343 Airport Way, Denver	5.1	59.00		Wilma De La Cruz	(312) 259-8202
Anschutz Medical Campus	Holiday Inn Denver Stapleton	3333 Quebec St, Denver	5.4	59.00		Candice Hobson	(303) 329-2712
Anschutz Medical Campus	aloft Denver Airport at Gateway Park	16470 E. 40th Circle, Aurora	5.1	69.00		Wilma De La Cruz	(312) 259-8202
Anschutz Medical Campus	Hilton Garden Inn Denver Airport	16475 East 40th Circle, Aurora	5.1	69.00	https://secure3.hilton.com/en_US/gi/reservation/book.htm?ct	Keri Thompson	(303) 371-9393
Anschutz Medical Campus	Crowne Plaza Denver Airport Convention Center	15500 East 40th Ave, Denver	4.5	69.00	100241363	Daniel Benton	(303) 302-4132
Anschutz Medical Campus	Embassy Suites by Hilton Denver Stapleton	4444 Havana Street, Denver	5.5	69.00	https://secure3.hilton.com/en_US/es/reservation/book.htm?ct	Kristin Stankovic - Director of Sales	(303) 375-0400
Anschutz Medical Campus	Home2 Suites by Hilton, DIA	6792 Tower Road, Denver	9.4	69.00		Molly Koons	(469) 766-8882
Anschutz Medical Campus	Homewood Suites & Tru by Hilton Denver Airport Tower Road	6951 N Yampa Street, Denver	10.6	69.00		Molly Koons	(469) 766-8882
Anschutz Medical Campus	Hyatt Place / Hyatt House Denver Downtown	440 14th Street, Denver	16.7	69.00		Kaitlyn Reim- Wentworth	(303) 893-2900
Anschutz Medical Campus	Residence Inn by Marriott Denver Airport / Convention Center	6762 Tower Road, Denver	9.4	69.00		Molly Koons	(469) 766-8882
Anschutz Medical Campus	Denver Airport Marriott at Gateway Park	16455 E 40th Circle, Aurora	5.1	79.00	https://www.marriott.com/event-reservations/reservation-link	Amanda park	(303) 307-3107
Anschutz Medical Campus	Doubletree by Hilton Denver-Aurora	13696 E Illiff Place, Aurora	5.7	79.00	https://secure3.hilton.com/en_US/dt/reservation/book.htm?ct	Kathleen Neubauer	(303) 368-3468
Anschutz Medical Campus	Embassy Suites by Hilton Denver Tech Center North	7525 E. Hampden Ave, Denver	11.5	79.00	https://secure3.hilton.com/en_US/es/reservation/book.htm?ct	Erica Newton	(303) 923-4055
Anschutz Medical Campus	Hilton Garden Inn Cherry Creek	600 S Colorado Blvd, Denver	8.5	79.00	https://secure3.hilton.com/en_US//reservation/book.htm?ctv	Anne Frye	(720) 327-3558
Anschutz Medical Campus	Renaissance Denver Stapleton	3801 Quebec St, Denver	7.9	79.00		Tracey Green- Saathpff	(303) 399-7500
Anschutz Medical Campus	Residence Inn Denver Cherry Creek	670 S Colorado Blvd, Denver	8.4	79.00	https://www.marriott.com/reservation/availability.mi?proper	Anne Frye	(720) 327-3558
Anschutz Medical Campus	THE ART Preferred	1201 Broadway Street, Denver	8.6	79.00			
Anschutz Medical Campus	Staybridge Suites Denver Airport	6951 Tower Road, Front Desk, Denve	10.4	80.00		Amy Melcher	(303) 574-0888
Anschutz Medical Campus	Hampton Inn Denver International Airport	6290 Tower Road, Denver	8.8	85.00	"First Responders" rate	michaela Fitzgerald	(303) 371-0200
Anschutz Medical Campus	Residence Inn Denver Airport at Gateway Park	16490 E. 40th Circle, Aurora	5.2	89.00		Wilma De La Cruz	(312) 259-8202
Anschutz Medical Campus	Renaissance Denver City Center	918 17th St, Denver	14.5	89.00	https://www.marriott.com/reservation/availability.mi?proper	Anne Frye	(720) 327-3558
Anschutz Medical Campus	The Jacquard Hotel & Rooftop	222 Milwaukee St, Denver	8.9	89.00	https://www.marriott.com/reservation/availability.mi?proper	Anne Frye	(720) 327-3558
Anschutz Medical Campus	Warwick Denver	1776 Grant Street , Denver	8.4	89.00			
Anschutz Medical Campus	SpringHill Suites Denver at Anschutz	13400 E Colfax Ave, Aurora	0.7	99.00			720-859-1100
Anschutz Medical Campus	Aloft Denver Downtown	800 15th street, Denver	15.9	99.00	https://www.marriott.com/event-reservations/reservation-link	Kitty Chau	(303) 623-3063
Anschutz Medical Campus	Magnolia Hotel Denver	818 17th Street, DENVER	14.6	99.00	https://www.marriott.com/reservation/availability.mi?proper	Kathryn Guzinski	(303) 607-1104
Anschutz Medical Campus	Westin Denver Downtown	1672 Lawrence St, Denver	15.6	99.00	https://www.marriott.com/events/start.mi?id=158568591566	Tara Flood	(303) 725-2989
Anschutz Medical Campus	Kimpton Hotel Monaco Denver	1717 Champa Street, Denver	14.5	109.00	ILDxD	Don Swedberg	(202) 258-7962
Anschutz Medical Campus	Denver Marriott Tech Center	4900 South Syracuse St., Denver	12.4	\$79++ per night includes parking or \$99++ per night includes parking and breakfast		Scott Boyer	(303) 740-2529
Anschutz Medical Campus	Staybridge Suites at DIA	6951 Tower Road, Denver	10.4	\$80 - longer than 2	https://www.staybridge.com/redirect?path=hd&brandCode=SI	Wendy Petersen	(303) 709-2300

AHWC Shower Facilities for Providers - Operations Plan

Edited version 4/5/20

Hours of Operation (effective 4/6/20):

- 7 days a week
- 7am-12midnight (2-hour closure mid-day for cleaning, outlined below under Custodial Cleaning)

Building Access/Badging:

- **7am-5pm** - East Entrance Doors open and unlocked
 - Very clear signage posted on doors with hours of operation and access limited to providers for showering.
 - **Gym is Closed.**
 - **5pm-12midnight** - East Entrance Doors on badge access only for anyone with an active CU badge (If we can expand the use to UCH or CHCO staff we will make the necessary changes)
 - Encourage providers to always carry badges with them and to check expiration dates
 - SOM providers can reach out to their home department DFA for CU badge renewal needs/badge access issues. If anything needs to be escalated, Suzann Ruedeman can assist.
- **12midnight-7am** - East Entrance Doors locked
 - AHWC has a panic button installed at the front desk that can be pushed in case of emergency. This button notifies Campus PD directly.

Custodial Cleaning/Cleaning Supplies:

- Cleaning Schedule - 7 days a week, once per day, **12pm-2pm**. (2-hour window may shift in the future as peak times are confirmed.):

Scheduling/Wait Times:

- SOM IT created the following webpage for information and wait times:
<https://som.ucdenver.edu/AHWCShowers>
 - Website to 'go live' the morning of Monday, 4/6
- Providers can access this page to see if there are openings and/or wait times
- At this time, webpage will not be used for reservations or tracking providers by name but if we need to do this because of high demand during certain times, we will look into this
-

Flow for Showering Facilities:

- Providers and staff enter building through east entry doors (see map)
- Provider checks in at front desk with AHC staff
 - Staff manages queuing of providers, including updating webpage and managing social distancing in lobby/waiting areas
 - There are 22 showers
 - 10 people in the women's locker room,
 - 10 people in the men's locker room,
 - 2 ADA showers (unisex)
- Provider checks in at front desk
 - If scrubs were checked out through UCH, staff will enter the number of pieces returned so credits can be placed on provider's account
 - If scrubs were checked out through UCH, after showering provider places soiled scrubs in a linen basket inside each locker room. (Clearly labeled so towels or other linens do not go in this bin.)
 - If scrubs/clothes are personal property, staff will provide clear plastic bag for provider to place them in and take with them home after showering
- When a shower is available, staff gives each provider a spray bottle and cleaning towel to wipe down the shower before and after showering, and 2 body towels
 - Providers and staff access the basement/locker rooms through the center/western stair (see attached figure)
 - If ADA access is required, elevators are to be used
- After showering Provider places soiled towels in a linen basket inside each locker room. (Clearly labeled so scrubs do not go in this bin.)
- Provider returns spray bottle to front desk staff. This notifies staff that a shower is available. The staff will wipe down spray bottle, gets clean cleaning towel and 2 body towels ready for next provider between providers