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Subject: FW: Showers at Anschutz Health and Wellness Center (AHWC) and Hotel options for CUSOM Faculty/fellows/residents during COVID-19
Date: Sunday, April 5, 2020 4:51:07 PM
Attachments: [AHWC Showering during COVID-19.docx](#)
[20_0404 AHWC Showering Floor Plans.pdf](#)
[20_0404 AHWC Showering Campus Map.pdf](#)
[Provider Hotel Offerings 4-2-2020.pdf](#)

Hi.

Below and attached are details regarding access to showers and hotels. Showers will be available tomorrow. As you can see from the below note, many people (Anne Fuhlbrigge, Suzann Ruedeman, Chris Smith, Dan Bessesen, Peter Buttrick, Ethan Carter, Candicen Baumgardner, Jeanne Paradeis, Luciana Smith, and Kristy Truesdale) should be thanked for these accommodations. This is great news!

David

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Subject: Showers at Anschutz Health and Wellness Center (AHWC) and Hotel options for CUSOM
 Faculty/fellows/residents during COVID-19

Colleagues,

Attached are 4 documents;

- 1) List of list of hotels in the area with the prices that have been negotiated for providers who want to use that option. They are listed with price, distance and contact information if colleagues want to call to make a reservation.
- 2) Detailed operations plan for showers at AHWC
- 3&4) Maps of the AHWC for those unfamiliar to help navigate

Starting tomorrow, we have operationalized a process to allow faculty/fellows/residents to use the Anschutz Health and Wellness Center (AHWC) to shower before going home. I have including the detailed operation plan for you to distribute to the members of your departments. Please know that we will work to adjust to make this work based on need. There are 22 showers (10 female, 10 male, 2 ADA (unisex) and we may need to adjust but our colleagues have worked very hard to create a plan to start with and our IT colleagues have developed an app so people can see if there is a queue.

Please review the operations outline but I want to highlight a couple of important things to remember;

1. We are starting the pilot with CU SOM faculty/fellows and residents. If this works well and we can handle the numbers we will expand it to also include UCH/CHCO staff.
2. Hours are 7am-midnight but the building will be closed from 12-2pm daily for cleaning. We can adjust that time if we need to but that was my initial best guess for a time that would work.
3. **Faculty/fellows/residents need to have their badge to get in.** There is additional information in the operations outline about this.
4. Entry will be in the East side of the building with signage how to get to the showers (map included)
5. There is a website that will let people see if there is a queue which will go live tomorrow. We are working on the ability to make a reservation.
 - a. <https://som.ucdenver.edu/AHWCSShowers>
6. If a provider has UCH issued scrubs, we have arranged for them to be able to turn them in at AHCW and they will be picked up daily by UCH staff and credit will be given to your account. Please read the details in the attached document.
7. If a provider is wearing their own clothes in the hospital, we will give them a bag to take them home in.
8. Providers are given a spray bottle when they go down to shower. the spray bottle really helps us keep track of the number of people in the showers. It can be used to spray the shower between use for extra safety (70% ethanol solution) and the bottle itself will be wiped down between providers
9. **Most importantly, please ask colleagues to be thoughtful and efficient in using of the showers(that means quick) and to follow the directions outlined so that we can accommodate all who want to use this service.**

If you have any questions about either of these options Please let me know. I want to thank Suzann Ruedeman and Chris Smith for the incredible work they did to pull this together but also need a shout out to Dan Bessesen, Peter Buttrick, Ethan Carter, Candicen Baumgardner, Jeanne Paradeis, Luciana Smith and Kristy Truesdale and their teams, for their help in making this happen. Also thank you to AHCW staff and custodial staff.

I can send a broader announcement to the faculty this week but if you can direct this to any colleagues who might want to use this tomorrow, I would appreciate it.

Anne