
From: Schwartz, David
Sent: Saturday, March 14, 2020 1:09 PM
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Subject: COVID-19: what you need to do and what you need to know

Hi.

Today's email is about what you need to do and what you need to know. The most important things we can do right now are:

- Social Distancing to flatten the curve of the pandemic (reduce infectivity rate from >2 to <1):
 - Wash/sanitize hands frequently
 - If sick, do not come to work
 - Work from home if at all possible (we've instituted this across the DOM)
 - Maintain your personal space when around others
 - Eliminate travel (don't be fooled by cheap flights or hotels)
 - Reduce exposure to groups of people
 - COVID-19 can persist on hard surfaces for several days so wipe down frequent contact surfaces repeatedly
 - Recognize that social distancing will have some mental health implications so be especially compassionate
- Support our medical providers to make sure we maintain the strongest possible workforce:
 - Strictly implement the above social distancing measures
 - Focus medical workforce on essential medical unmet need
 - Backup plans are in place for all divisions in the DOM, especially MICU and Hospital Medicine
 - We're working on contingency plans for elective clinic visits and procedures – should have these by Monday
 - We're identifying high risk providers and preventing them from participating in direct patient care – should have these by Monday

I also just listened to an incredible MGRs from MGH

(<https://externalmediasite.partners.org/Mediasite/Play/45a9a74f18ec45deb338e00ac4cf4e281d>). In 55 min, 5 or 6 experts reviewed the epidemiology, need to flatten the pandemic curve, COVID-19 testing, pathogenesis, viral shedding profile, treatment, vaccine development, and neutralizing Ab (during Q&A). Again, get in touch with me by email/text/phone if you have questions or concerns, or just want to share information. The only way we'll get through this is through total engagement.

David

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