



University of Colorado **Anschutz Medical Campus**

**Stressed? Needing Support? Want to talk  
about how COVID has impacted you?**

**W e ' r e h e r e f o r y o u .**

# **Healthcare Worker Well-Being Support Line**

# **303-724-2500**

**C a l l o r t e x t .**

Free & immediate access to mental health services available 8am-8pm daily. The Well-Being Support Line is a free service available to all employees in any health-care/public health setting including providers, administrative staff, researchers, case managers, contact tracers, environmental & nutritional teams, & any support staff.

For other COVID needs, call CO-HELP, Colorado's call line for general questions about COVID-19 at:  
**303-389-1687 or (877) 462-2911**



**BRAIN HEALTH** for all, for life.