

23-24 Second Year Residents

Welcome Phillip Acosta



My name is Phillip and I'll be joining the residency program as a Categorical intern! I am from San Antonio, Texas and went to the University of Tulsa for undergrad and UT Health San Antonio for medical school. My fiancé Cynthia and I are excited to move to the great city of Denver with my 1-year old dog, Chance. My parents (Pete and Susan) and my sister (Alina) currently live in Aurora, and I also have multiple extended family members living in the Denver area. In my free time, I like to hike, ski, workout, play sports, go to concerts, sporting events and theater shows, visit breweries and wineries, try restaurants, walk my dog, explore the outdoors, and play Pickleball. After residency, I'm open-minded to fellowship options in Cardiology, Heme/Onc, or Rheumatology. I also am interested in Health Equity, global health, free clinics and community outreach!

Welcome Jessica Allen



My name is Jessica and I'll be joining the residency program as a Categorical Intern! I am from Kearney, Missouri and went to Missouri State University for undergrad and the University of Kansas for medical school. I'm moving to Colorado with my cat, Layla! My family is split between the Kansas City area and San Diego, so Colorado is a nice middle ground between the two. In my free time I love to run (I've run 4 marathons and am usually training for something), bake chocolate chip cookies, read fiction, explore restaurants, and travel to new cities. Right now, I would like to specialize in heme/onc after residency!

Welcome Allison Arai



My name is Allison and I'll be joining the residency program as a PSTP intern! I am from Kensington, Maryland and went to the University of Maryland, College Park for undergrad and the University of Maryland School of Medicine for medical school. My husband, Jeremy, and I are newlyweds and are excited to be moving to Denver! We will be following two of our siblings who already live in Colorado. Outside of medicine, I love traveling, swimming, spending time outdoors, and playing games of all types. I coached swimming for 5 years prior to starting medical school and can often be found on the pool deck when I have free time. I am thrilled to be joining the PSTP program at University of Colorado and will be subspecializing in Pulmonary/Critical Care!

Welcome Julia Bast



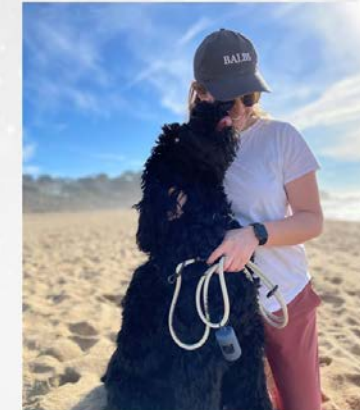
My name is Julia and I'll be joining the residency program as a Categorical intern! I am from Platteville, Wisconsin and went to the University of Wisconsin for both undergrad and medical school. My husband (David) and dog (Miley) are super excited to move to Colorado! In my free time, I love to hike, run, golf, play volleyball, and hang out at breweries/distilleries. After residency, I am interested in hematology/oncology with a particular interest in cancer disparities!

Welcome Ellen Brinza



My name is Ellen and I'll be joining the residency program as a Primary Care intern! I am from Novi, Michigan and went to the University of Michigan for undergrad and Case Western Reserve University for medical school. I am excited to be moving back to CO with my significant other, Paul, and our 1-year-old aussie, Jude (who, full disclosure, is wildly more popular than both of us combined). In my free time, I love doing all things outdoors (hiking, backpacking, snowshoeing, snowboarding -- ikon pass, anyone?!). I also enjoy attending concerts, visiting farmers' markets, record stores & local breweries, and pretending to dabble in the arts (VERY amateur photographer, painter, writer). As for my plans after residency, I am very passionate about preventative care, working with underserved populations, global health, and medical education!

Welcome Hannah Carr



My name is Hannah and I'll be joining the residency program as a Categorical intern! I am from Ketchum, Idaho and went to the University of Vermont for undergrad and the University of Washington for medical school. Virginia Commonwealth university for medical school. I have a younger sister - she's great and her puppy Winnie is the family favorite (feel free to ask me for photos)! In my free time I love to mountain bike, drink coffee, and care for my house plants. After residency, I'm currently undecided what I want to pursue, but am thinking about Pulm / Crit or GI!

Welcome Fiona Chiu



My name is Fiona and I'll be joining the residency program as an HTP intern! I am from Albuquerque, New Mexico and went to the University of New Mexico for both undergrad and medical school. I am one of five children with three older sisters and a younger brother. I am married to an engineer and have two dogs, Charlie and Pepper. Outside of medicine, I enjoy cooking (I love learning new recipes from different countries and cultures, but mainly cook Asian dishes), eating, listening to audiobooks, hiking, being outdoors, watching movies and binge watching shows. After residency, I want to pursue Hospital Medicine, possible pain medicine!

Welcome Wesley Curles



My name is Wesley and I'll be joining the residency program as a Primary Care intern! I am from Montgomery, Alabama and went to Auburn University for undergrad and the University of Alabama at Birmingham for medical school. I have 2 younger sisters, one in Nashville and one in college at Auburn. My parents recently moved to Nashville as well. In my free time, I like to golf, play basketball, and go trail running. Clinically, I'm excited to pursue Primary Care!

Welcome Leigh Dairaghi



My name is Leigh and I'll be joining the residency program as a Primary Care intern! I am from Palo Alto, California and went to Carleton College for undergrad and Rush Medical College for medical school. I am moving from Chicago to Denver with my husband Noah and our dog Ollie! In my free time, I love to hike, run, cook, bake, and eat! After residency, I am interested in pursuing geriatrics.

Welcome Maria De Faria Figueiredo



My name is Maria and I'll be joining the residency program as a Categorical intern going! I am from Cuiabá, Brazil and went to the Universidade Federal do Triângulo Mineiro for both undergrad and medical school. My partner Brandon is from California and currently works for WhatsApp, he loves sports and is excited about all of Denver's teams! Our dog Kiki is a 2-year-old rescue, small in size but big in trouble. My mom, three siblings, and 7 nieces and nephews live in Cuiabá, a city in the center-west region of Brazil. My father was a physician, and my biggest inspiration and support to pursue a career in medicine. I certainly miss my family in Brazil and when I visit I love to be welcomed with the food from my region, like pacu assado (grilled river fish), and farofa I love manual arts, and recently have been learning watercolor and pottery. Call me if you'd like to take an arts class together, go thrifting for home goods, explore hiking nearby and learn more about native plants and wildflowers, or practice photography in the beautiful landscapes of Colorado. Clinically, I love everything related to Endocrinology and Metabolism, and am excited to dig deeper into neuroendocrinology, obesity and eating disorders, reproductive endocrinology and transgender care!

Welcome Brittany Denzer



My name is Brittany and I'll be joining the residency program as a Primary Care intern! I am from Kealahou, Hawai'i and went to Colorado College for undergrad and the University of Colorado for medical school. Most of my family is back in Hawai'i but I'm lucky to have a home away from home with so many great friends here in Colorado! My boyfriend, Ben, is an IM resident in Tucson, Arizona. I also have an aussie-shepherd mix dog named Koa. In my free time, I enjoy lots of outdoor activities - mountain biking, climbing, skiing, backpacking, fishing, hiking, and anything with my dog! I also enjoy creating yummy things in the kitchen, playing classical piano, and learning new things on Youtube. Clinically, some of my interests include primary care, rural medicine, and the relationship between human health and the health of our planet!

Welcome Minh Do



My name is Minh and I'll be joining the residency program as a Categorical intern! I am from Sugar Land, Texas and went to the University of Texas, Austin for undergrad and the University of Colorado for medical school. My parents and dog, Nemo are my biggest support system and they all currently live in Houston! In my free time, I like to run, hike, play piano, and explore different breweries around Denver. My goal is to finally pick up snowboarding/skiing despite living in Colorado for the past 4 years. After residency, I'd love to pursue a GI fellowship and I have a strong passion in underserved care!

Welcome Michael Eller



My name is Michael and I'll be joining the residency program as a Categorical intern! I am from Castle Pines, Colorado and went to Creighton University for undergrad and the University of Nebraska for medical school. I have two siblings, an older brother that lives in Chicago and a younger sister that lives in Denver. My parents live in Aurora, CO. My mom is a liver transplant coordinator nurse at CU and my dad is a golf course superintendent. My family has a cockapoo named Ralphie who I am very excited to see more often. In my free time, I enjoy hiking, camping, backpacking, skiing, golfing, jigsaw puzzles, and taking care of my house plants. Right now, I am relatively undecided on my path in medicine, but my interests include GI and Hospital Medicine!

Welcome David Gamble!



My name is David I'll be joining the residency program as a Categorical PGY2! I am from Estes Park, Colorado and went to Baylor University for undergrad and the University of Colorado for medical school. My parents, three older sisters, and 4 (soon to be 5!) nieces and nephew all live in different parts of Colorado. My partner also lives in Denver and I'm excited to join him there! In my free time, I enjoy skiing (looking for other Ikon pass people!), hiking, running, traveling, playing/listening to music and making/eating food. Clinically, I am most interested in pulmonary/critical care medicine!

Welcome Sarah Gorvetzian



My name is Sarah and I'll be joining the residency program as a Categorical intern! I am from Albuquerque, New Mexico and went to Duke University for undergrad and Emory University for medical school. I will be joining my partner, George, who has been living in Denver and working as an engineer at Lockheed Martin while I've been in medical school! Our biggest goal right now is to get a dog. My family is in Albuquerque, except for one brother doing a plastic surgery residency in Michigan. In my free time I like to hike and camp, try out new recipes, pet strangers' dogs, read in parks, and sew clothes for myself and friends! Clinically, I'm interested in infectious disease and possibly critical care.

Welcome Jesse Hinshaw



My name is Jesse and I'll be joining the residency program as a Preliminary intern going into Dermatology! I am from Encampment, Wyoming and went to the University of Wyoming for undergrad and the University of Washington for medical school. I am fortunate enough to have a wonderful wife, Sheridan, and two Chihuahuas, Rufus and Cha-Cha. My wife and I are both from southern Wyoming, with our families still residing there. I also have a niece and nephew that we greatly enjoy spending time with when we are able to visit with them. In my free time, I enjoy painting miniatures with my wife for use in competitive strategy board games that I play with my friends. I also enjoy spending time outdoors snowboarding, skateboarding, or going hiking with my friends and family. When possible, I love visiting with my niece and nephew, whether we are camping, fishing, playing with Legos, or watching cartoons. My greatest clinical interests are in dermatology, medical genetics, and rheumatology and would love to one day provide care in any of these fields to individuals living in rural communities across southern Wyoming and northern Colorado.

Welcome Brian Hughes



My name is Brian and I'll be joining the residency program as a Categorical intern! I am from Seattle, Washington and went to the University of Washington for undergrad and Chicago Medical School at Rosalind Franklin University for medical school. My dad, Mike attended Colorado for undergrad and will tell everyone that he "majored in skiing with a minor in finance". My parents remain in Seattle with our two Labrador retrievers (Stitches and Kelly). I will be moving to Colorado with my girlfriend Beatrice. Bea is an avid outdoors person and loves tennis. She will be continuing her work as a consultant for Accenture. In my free time, I am huge Seattle sports fan. I enjoy playing pick-up basketball, softball, golf, and tennis. I like to hike and am very excited to check out all the outdoor activities Colorado has to offer. Also, I will never turn down an opportunity to try a new happy hour spot or craft brewery. Clinically, I am interested in pursuing Gastroenterology or Hematology/Oncology!

Welcome Max Jason



My name is Max and I'll be joining the residency program as a Categorical intern! I am from Los Angeles, California and went to the University of California-Berkley for undergrad and the University of Rochester for medical school. My sister works at the NIH in DC, and we enjoy cooking elaborate meals together. My dad and stepmom live in Los Angeles, and my dad has graciously driven cross country with me 3 times. In my free time, I enjoy running, skiing, biking, hiking, making pizza, and backyard barbecues. After residency, I am interested in pursuing either Cardiology, Hospital Medicine, or General Internal Medicine!

Welcome Michael Jones



My name is Michael and I'll be joining the residency program as a Categorical intern! I am from Eagle-Vail, Colorado and went to the University of Colorado for undergrad and Wake Forest for medical school. My fiancée Kristi and I are both from Colorado, where most of our families still live. She is a great athlete and used to compete in freestyle mogul skiing throughout North America. I'm super close with my two older brothers, one is an artist who lives in Denver and the other is an ICU physician in Montana. I love to mountain bike, golf, fly-fish, snowboard, surf, and play ice hockey. A perfect day off involves doing something active with my friends or family, followed by a craft beer and some delicious food. My clinical passions include hematology / oncology and medical education!

Welcome Adam Knox



My name is Adam and I'll be joining the residency program as a Categorical intern! I am from Tucson, Arizona and went to the University of Arizona for both undergrad and medical school. I'm very close with my younger brother and sister (Ryan and Allie, they're twins!). I live with my significant other Lainey and our Chihuahua / Cocker Spaniel mix Ella. Lainey works as a Speech-Language Pathologist in the public school system and is very excited to make the move to Denver! Outside of medicine, I'm a big sports guy! I love playing tennis, pickleball, table tennis, and golf, and I watch professional and college basketball, football, and tennis. Also, I have been cooking a lot lately and love trying out new recipes. I am still undecided on my career path, but some of my interests in medicine include oncology and critical care!

Welcome Ellie Krienke



My name is Ellie and I'll be joining the residency program as a HTP intern! I am from Roseville, Minnesota and went to the University of Wisconsin-Madison for undergrad and the University of Minnesota for medical school. I am the youngest of 3 and the only one in medicine. My dad was a veterinarian growing up so we always had lots of rescue animals in our loving zoo. In my free time, I love to hike with friends, play my cello (I just started!), boxing (with bags, not people), visiting breweries, and enjoying really good food. Clinically, I am interested in becoming a hospitalist but also really love infectious disease, global health, and geriatrics/palliative care!

Welcome Emily Lowe



My name is Emily and I'll be joining the residency program as a Categorical intern! I am from Mount Washington, Kentucky (aka a small town in Kentucky) and went to the University of Kentucky for both undergrad and medical school. I am married to my amazing husband, John who works as a marketing account manager by day and prepares delicious chef-level dinners at night. To complete our family, we have a 6 year-old Beagle mix named Izzy that is as spoiled as can be. In my free time, I love meeting new people and hosting dinner parties/game nights. I always love a good competition and enjoy playing just about every sport - sand volleyball in the summer and skiing in the winter are my favorites. I also enjoy rooting for the Red Sox and playing video games with John! Clinically, I am interested in medical education and am considering academic hospital medicine or possibly pursuing a fellowship in cardiology.

Welcome Shennon Lu



My name is Shennon and I'll be joining the residency program as a Preliminary intern going into Neurology at CU! I am from North Potomac, Maryland and went to Amherst College for undergrad and Emory University for medical school. I'm from a close-knit Taiwanese-American family. My fiancé is from Grenoble, France which are close to the French Alps, and he's looking forward to getting know the Colorado mountains! In my free time, I like to read (am a former English major!), explore different restaurants, bake, hike, and watch movies. After residency, I'm interested in a lot of things, but right now I'm thinking sleep, epilepsy, or movement disorders!

Welcome Luke McCormack



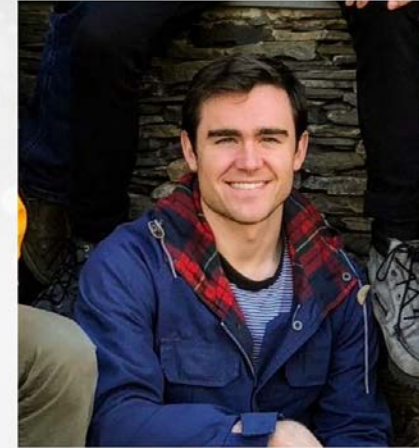
My name is Luke and I'll be joining the residency program as a Categorical intern! I am from Glen Ellyn, Illinois and went to the University of Notre Dame for undergrad and Rush University for medical school. I have three siblings—an older brother who is a software engineer, younger brother who is a CPA and a younger sister who is still in college. Both my parents are veterinarians so I have an excessive amount of animal facts for anyone who needs a hiking buddy! In my free time, I enjoy really any physical activity- running, hiking, weight lifting, playing soccer, bouldering (new to this one), and skiing. I also enjoy reading fiction, watching football and hockey, playing cards (Euchre is my game) and just grabbing a beer with friends. After residency, I am unsure what exactly I would like to do. Right now I am thinking of maybe specializing in nephrology, ICU or cardiology, but may also stay general. Regardless of what I do, I am interested in weaving in public health into my career!

Welcome Tim McGinnis



My name is Tim and I'll be joining the residency program as a Categorical intern! I am from Broomfield, Colorado and went to the University of Kansas for both undergrad and medical school. I have a fiancée, Emma and we live with our two dogs Ginger and Zoey. My parents live in Colorado, as does my younger sister, and I have a younger brother who lives in DC. In my free time, I like to hike, read, bake, play chess, and go running. After residency, I plan to pursue a career in Endocrinology!

Welcome Tom Mee



My name is Tom and I'll be joining the residency program as a Categorical intern! I am from Ellicott City, Maryland and went to Johns Hopkins University for undergrad and the University of Maryland for medical school. My family (two sisters, parents, and many aunts, uncles, and cousins) are centered on the east coast and my friends are spread out across the country, with several having recently moved to Denver. We like to explore new hiking trails together, talk about our latest reads, and kick back and relax. In my free time, I enjoy reading, running, biking, swimming, backpacking, board games, playing piano, and golf. Clinically, I'm interested in Heme / Onc and Infectious Diseases!

Welcome Shelby Meyer



My name is Shelby and I'll be joining the residency program as a Categorical intern! I am from St. Louis, Missouri and went to the University of Oklahoma for undergrad and the University of Missouri, Columbia for medical school. I'm the youngest of two girls. My mom, dad, and sister still live in the St. Louis area with our dog Cali. I'll be moving to Denver with my partner, Ryan. He is a chemical engineer who loves to swim, play board games, and disc golf! In my free time, I love being outside and am excited to find some new hobbies in Colorado! I enjoy cycling and playing tennis, baking (will watch anything Claire Saffitz and Alison Roman make), Formula One racing, trying out new breweries, and playing board games. Right now, I am not entirely sure what I want to do in medicine, but I think I'll either pursue hospital medicine, critical care medicine, or heme/onc!

Welcome Rachel Murphy



My name is Rachel and I'll be joining the residency program as an HTP intern! I am from Westminster, Colorado and went to the University of Denver for undergrad and the University of Colorado for medical school. I love having my family here in Colorado. I have four brothers & sisters, which means many nieces & nephews who I enjoy spending time with. I adore my cat, Sercy, who I just adopted last year. In my free time, I like to figure skate, watch hockey, try new restaurants, go to church, and spend time outside with family & friends. After residency, I'd like to pursue either Cardiology or Hospital Medicine!

Welcome Radek Nabrzyski



My name is Radek and I'll be joining the residency program as a Categorical intern! I am from South Bend, Indiana and went to the University of Notre Dame for undergrad and the Indiana University for medical school. I come from a nuclear family composed of my mom (Beata), dad (Jarek), and brother (Piotr). We came to the USA from Poznan, Poland in 2008. After spending our first year in Baton Rouge, Louisiana, we made our way to South Bend. I also have a life partner, Erin, who is going to be my co-intern! As you will learn, she is a fantastic human being. In my free time, I love spending time outdoors. My favorite activities are climbing, cycling, soccer, and running. I love cooking and it's meditative nature that culminates in a final product that is greater than the sum of its individual components - so cool. If I have a second to sneak away for a moment, you can also find me playing video games, chess, or reading. After residency, I would love to be a cardiologist one day!

Welcome Kevin Ni!



My name is Kevin and I'll be joining the residency program as a Primary Care intern! I am originally from Salt Lake City, UT and went to Harvard College for undergrad and Indiana University School of Medicine for medical school. My family includes my wife, Yiting and daughter Ellen. In my free time, I love going on adventures with Baby Ellen, baking, grilling, cooking with hot pot and dry pot traditional cooking methods, and exploring Colorado's outdoors. After residency, I am really interested in pursuing Nephrology.

Welcome Emily O'Neill



My name is Emily and I'll be joining the residency program as a Primary Care intern! I am from Halifax, Canada and went to Acadia University for undergrad and the University of Tennessee Health Science Center for medical school. My husband and I relocated to Memphis from Canada in 2015 for his work with FedEx. After finally getting used to the heat, we're excited to head back to the snow and mountains! We have a two-year-old daughter named Sadie who is an angel and a handful at the same time, and a newborn named Rory. In my free time, I love to run, hike, swim and try new restaurants! Life lately mostly revolves around Sadie with countless trips to the playground, Children's Museum and Zoo! Clinically, I am interested in primary care, oncology, and palliative care!

Welcome Ryen Ormesher



My name is Ryen and I'll be joining the residency program as a Categorical intern! I am from Albuquerque, New Mexico and went to the Joint Department of Biomedical Engineering at University of North Carolina and North Carolina State University for undergrad and the University of New Mexico for medical school. I love spending time hiking and skiing with my parents and younger sister, who are all in Albuquerque. My partner is finishing his PhD in Mechanical Engineering in Austin, Texas, so I get to eat lots of BBQ! In my free time I enjoy running, skiing, reading, and painting (poorly). After residency, I am hoping to pursue critical care!

Welcome Meghana Patel



My name is Meghana and I'll be joining the residency program as a Categorical intern! I am from Clarksburg, Maryland and went to the University of Pennsylvania for undergrad and the University of Maryland for medical school. My twin brother recently moved to Nevada after finishing Law school. My parents are living in Maryland, but Denver was the first place they settled when coming to the US. In my free time, I like to read, spend time with family and friends, find new things to binge watch on Netflix, and take walks/hikes to de-stress. Clinically, I'm interested in medical education, infectious diseases, hematology / oncology, and healthcare disparities!

Welcome Shravya Pothula



My name is Shravya and I'll be joining the residency program as a Primary Care intern! I am from Chicago, Illinois and went to Baylor University for both undergrad and medical school. My parents and younger sister reside in Illinois, and the majority of my extended family live in Illinois. I was born and raised in the Midwest, and completed my higher education in Texas! In my free time, I love playing tennis and exploring new restaurants and coffee shops. After residency, I am currently interested in pursuing Gastroenterology!

Welcome Gavi Roda



My name is Gavi and I'll be joining the residency program as a Categorical intern! I am from Broomfield, Colorado and went to the University of Colorado Denver for undergrad and the University of Colorado for medical school. I am the oldest of 3 daughters in my family. My mother was born and raised in Manila, Philippines and my father's side is a blend of Spanish, Polish, and Ukrainian. In my free time, I enjoy writing, yoga, podcasting, photography, and enjoying the outdoors with my husband and dog. After residency, I plan on pursuing Pulmonary and Critical Care Medicine!

Welcome Nicole Rueb



My name is Nicole and I'll be joining the residency program as a Categorical intern! I am from New Orleans, Louisiana and went to Southern Methodist University for undergrad and Louisiana State University for medical school. I am an only child! My parents and my two pugs live back at home in New Orleans. My mom is from San Antonio so we go to Texas a lot! My dad is from Longmont, Colorado and my grandfather even completed his general surgery residency at University of Colorado! In my free time, I love to play tennis, ride my peloton or go to a workout class. In the winter, I love to ski as much as possible, especially in Crested Butte! I like to hike and am so excited to live in a place with tons of hiking. Finally, I love to spend time with my two pugs. As for my career path in medicine, I'm thinking either Pulm / Crit or Heme / Onc!

Welcome Bejan Saeedi



My name is Bejan and I'll be joining the residency program as a PSTP intern! I am from Trinidad, Colorado and went to Colorado State University for undergrad and Emory University for medical school. My mother and grandmother live in Trinidad, CO and I am excited to be moving closer to them! My Dad lives in France (not moving closer to him unfortunately)! I have 2 older sisters and 2 younger brothers. My wife and I met when I was a research technician 12 years ago and we have been married for almost 7 years. We have 3 girls (all of the canine variety): Collins, Charlotte, and Gracey. In my free time, I enjoy trail running, dog agility, climbing, mandolin, writing, and podcasting. Career wise, I am interested in gastroenterology and want to become a physician-scientist doing basic science research in this field!

Welcome Santana Sanchez



My name is Santana and I'll be joining the residency program as an HTP intern! I am from Minneapolis, Minnesota and went to Northwestern University for undergrad and the University of Minnesota for medical school. Francesca is my partner and best friend; she is the most wonderful person I have ever met, and I am so excited for us to move to Denver together! My mom, dad, stepdad and 4 brothers live in Minnesota. They are my greatest source of support and I am so grateful to have them in my corner. When the weather is nice, I like to get outside and run, hike, play tennis, explore, or just hang out. In the winter I prefer staying warm inside, reading, playing games, watching movies, or just spending time with friends and family. After residency, I want to work as a hospitalist at an urban safety net hospital!

Welcome David Spezia-Lindner



My name is David and I'll be joining the residency program as a Categorical intern! I am from San Antonio, Texas and went to Bowdoin College for undergrad and the University of Texas Health Science Center at San Antonio for medical school. I have 3 siblings, an older brother, a younger brother, and a younger sister. I live with my wife, Emily along with my dog (Poppy) and cat (Riz)! In my free time, I like outdoor activities (hiking, backpacking, rock climbing), playing piano and singing, and love playing dungeons and dragons. After residency, I would like to pursue GI, likely in an academic setting.

Welcome Troy Sterling



My name is Troy and I'll be joining the residency program as a Primary Care intern! I am from Independence, Kentucky and went to the University of Louisville for undergrad and the University of Virginia (Go Hoos!) for medical school. I'm so excited to be moving to Denver with my fiancée, Alexa! After three years of long-distance dating literally coast-to-coast, we've finally made it through the couples match (with Alexa doing Family Medicine at St. Anthony's)! We'll be joining my brother, sister-in-law, and newborn niece here in Denver, and will be able to visit the rest of my family in Spokane quite easily. We'll be joined by our pet cat Boots and 2 energetic goldfish. In my free time, I regularly practice yoga and meditation each morning, and have been spending a lot more time rock climbing these past few years. Each weekend, I play video games with my brothers or board games with my friends. After residency, I'm interested in a career in primary care. In particular, I am interested in the interplay between mental health and physical health, and how primary care is suited to addressing the mental health needs of our patients. On top of this, I would love to have the opportunity to teach students and to be involved with policy to increase access to mental health care.

Welcome Irmina Swiostek



My name is Irmina and I'll be joining the residency program as an HTP intern! Where I am from is always a hard question for me to answer because I was born in a very small town in Poland, but I was raised in Chicago, Illinois. I went to Loyola University Chicago for undergrad and the Chicago Medical School at Rosalind Franklin University for medical school. I am moving to Colorado with my partner Brian. While the majority of my family resides in Poland, my parents and two brothers live in the suburbs of Chicago. They are all really excited to visit me while I am here and I have a feeling they will be visiting often. I am also a proud aunt to my niece Stefcia and my nephew Antos! In my free time I love to cook, but also enjoy sampling what the restaurant world has to offer. When I have more than a few days available, I love to travel. I have been to 19 countries so far and hopefully that number will increase in the next couple of months. Some of my favorite trips have been to the mountains, so I am hoping to really take advantage of the 4+4 schedule and explore the Rocky Mountains over the next 3 years. I am currently undecided on what exactly I want to do after residency, but right now I really find the idea of being a hospitalist attractive especially because of my love for travel!

Welcome Rachna Talluri



My name is Rachna and I'll be joining the residency program as a Categorical Intern! I am from Bentonville, Arkansas and went to the University of Missouri, Kansas City for both undergrad and medical school. My parents are originally from India, and I have a little brother who just started college. In my free time I enjoy cooking, baking, hiking, and indoor cycling. Clinically, I am interested in pursuing a fellowship in Endocrinology or becoming a hospitalist!

Welcome Alexa Temme



My name is Alexa and I'll be joining the residency program as a Categorical intern! I am from Medford, Wisconsin and went to the University of Minnesota for undergrad and the University of Wisconsin for medical school. My parents are both veterinarians, but are now retired and spend as much time as they can traveling. My brother is a Mechanical Engineer for Milwaukee Tool and is looking forward to coming out to visit so he can ski. Outside of medicine, I love to hike and backpack, and enjoy soccer, biking, paddling, and am a novice rock-climber. When I'm not spending time outside I like to cook and play board games. I'm still in the process of deciding what I want to do clinically, but I'm thinking either Critical Care or Nephrology.

Welcome Patrick Throckmorton



My name is Patrick and I'll be joining the residency program as an HTP intern! I am from Edmonds, Washington and went to the University of Portland for undergrad and the University of Washington for medical school. I'm looking forward to making my way to Denver! Currently, my family is split between Washington state and Washington, D.C. I spend most of my free time outside (hiking/biking/running), and otherwise love spending my time in the kitchen. Clinically, I am interested in hospital-based medicine, maybe pulmonary/critical care, health equity, and LGBTQ+ care!

Welcome Natalie Van Ochten



My name is Natalie and I'll be joining the residency program as a Categorical intern! I am from Minnetonka, Minnesota and went to Butler University for undergrad and the University of Minnesota for medical school. My mom, dad, and dog, Daisy live back in Minnesota. I have one older sister who is wrapping up her second year of pharmacy residency in San Francisco (she did her 1st year at Denver Health!). In my free time, I enjoy playing and watching soccer, being around any kind of body of water, hiking, downhill skiing, watching trash TV (love is blind, the bachelor and bachelorette, any rom com), trying out new restaurants, traveling, and watching stand-up comedy. After residency, I am interested in pursuing a career in Cardiology or Critical Care!

Welcome Maggie Veers



My name is Maggie and I'll be joining the residency program as a Categorical intern! I am from Golden, Colorado and went to Lipscomb University for undergrad and the University of Tennessee for medical school. I am the youngest of four girls and the first in my family to go to medical school. After living in Tennessee for the past nine years, I am excited to be moving back closer to my three nephews! Outside of medicine, I love to be outside in the sun going on walks, hikes, or playing some volleyball. This is only challenged by my weakness for Netflix binging. I love watching sitcoms and have recently gotten back into crime shows, inspired by my respect for the original crime queen herself, Agatha Christie. As for my future career path, currently my top choices are critical care, heme/onc, and academic hospitalist!

Welcome Anna Way



My name is Anna and I'll be joining the residency program as a Categorical intern! I am from Bloomfield Hills, Michigan and went to Tulane University for both undergrad and medical school. My fiancé, Justin will be moving to Colorado with me! He is graduating from the University of Chicago with an MPP and is interested in environmental policy (great jobs in Denver!). We will be adopting a kitten hopefully once the move is settled. In my free time, I like to cook, travel or go on weekend trips, try new restaurants, go to beer gardens, hike, listen to live music, rollerblade, and watch reality TV. Right now, I think I am most interested in rheumatology or maybe allergy/immunology, and am also interested in autoimmune disease and how they affect all organ systems!

Welcome Matthew Westfall



My name is Matthew and I'll be joining the residency program as a Primary Care intern! I am from Denver, Colorado and went to Duke University for undergrad and Virginia Commonwealth university for medical school. My parents are cadaver lab sweethearts who attended Kansas SOM. My dad is a family doc who primarily does policy research and my mom is a neurologist who recently started working at the NIH. I have a younger (shorter) brother who just finished his MPH at George Washington and my girlfriend is finishing her PhD in cell and molecular biology. In my free time, I enjoy playing and watching sports, most notably CO sports like the Broncos/Nuggets/Rockies and Duke basketball. I am an avid road runner and occasional trail runner, and have recently been getting into bouldering/climbing with serious encouragement from my partner. I have taken a bit of a hiatus from skiing since being on the East Coast, but am looking forward to getting back into it. When I'm not doing something sporty or outside I like to do creative writing and play the piano. Clinically, I have always had a strong interest in primary care and population health. If I were to specialize, I'd be most interested in Cardiology or Pulm Crit, but right now I imagine myself doing academic primary care work with a focus in health services research!

Welcome Roger Winters



My name is Roger and I'll be joining the residency program as a Categorical intern! I am from Stamford, Connecticut and went to Middlebury College for undergrad and Brown University for medical school. My brother and parents are in NY/CT and are very excited to visit Colorado. My partner is a rising 4th year medical student at Brown and is interested in Emergency Medicine. In my free time I love to spend time outside, whether it is backpacking or rock climbing in the warm weather, or skiing in the winter. When I am inside I love to play music, either by myself or with friends. I played in a band with some fellow medical students and am hoping to continue that in residency! While I am currently undecided on what I'd like to do clinically, I am very interested in Pulmonary Critical Care!

Welcome Frank Wright



My name is Frank and I'll be joining the residency program as a Categorical intern! I am from Walnut Creek, California and went to California State University-Chico for undergrad and the University of California-San Francisco for medical school. My parents live in Carmel Valley, CA and volunteer at the Monterey Bay Aquarium. My sister is interviewing for Genetic Counselor school and lives in Oakland, CA. My significant other lives in Lafayette, CA and will be visiting often (hopefully!). My dog, Jackson, will be moving with me to Denver! Jackson loves other dogs and is looking forward to exploring the beautiful state of Colorado. In my free time, I like trying new restaurants, watching great TV shows, and exploring the outdoors by mountain biking, running, or rock climbing! I'm passionate about health equity, immunology, and caring for patients with cancer and am planning to pursue hem/onc fellowship after residency!

Welcome Alex Yacob



My name is Alex and I'll be joining the residency program as a Categorical intern! I am from Burlingame, California and went to the University of California-Los Angeles for undergrad and Tulane University for medical school. Most of my close family members still live where I grew up in the San Francisco Bay Area. In addition to my mother, father, and three sisters, I have a large extended family there. My favorite activities outside of medicine include wilderness backpacking/hiking/camping, fishing, cycling, cooking/barbecuing, and world travel. After residency, I'm interested in pursuing Pulmonary and Critical Care!

Welcome Katherine Zimmerman



My name is Katherine and I'll be joining the residency program as a Categorical intern! I am from Buffalo, New York and went to the University at Buffalo for undergrad and Jacobs School of Medicine and Biomedical Sciences at the University at Buffalo for medical school. I will be moving to Colorado with my boyfriend, Jake and cat, Frank. In my free time, I like walking/hiking, kayaking, making polymer clay earrings, and going to jazz shows. Right now, I am interested in pursuing Hematology/Oncology or Pulmonology/Critical Care Medicine!

Welcome Rissa Zudekoff



My name is Rissa and I'll be joining the residency program as a Categorical intern! I am from Phoenix, Arizona and went to the University of Arizona for undergrad and the University of Arizona-Tucson for medical school. My sister graduated from law school and now lives in New Jersey! My mom is in Arizona with my grandparents and her two cats. In my free time, I love hiking, yoga, and reading! I can crochet as well, although I rarely have the patience to finish anything I start. After residency, I'm interested in a pulmonary/critical care fellowship and would like to stay in academics. I'm also planning on attending more global health trips- I've been to Peru and Tanzania and hoping to travel more!