

Health Equity Curriculum

Purpose: to empower Internal Medicine Residents with the knowledge and tools to become successful advocates across all levels and in many contexts.

Components:

Foundational learning/Core knowledge on Social Determinants of Health

- Experiential knowledge (engaging with the community to understand barriers to health, clinics, inpatient rotations)
- Track lectures, health equity lectures

Awareness of Bias

- Education around where bias comes from and where they can appear.

Structural Competency

- Understanding how current policies and systems work (Medicaid/Medicare, Stakeholders, Legislative processes)

Community Outreach/Engagement

- Getting back out into the community to make partnerships

Developing Strategies for Action

- Hearing from successful advocates about their process
- Developing your own process for change

Sessions

PGY 1:

- Model of Advocacy
- Intro to inequity in Denver
- Trauma-informed care
- Current events
- TB treatment considerations

PGY 2:

- Addiction/SUD and Harm Reduction: HRAC tour, Addiction treatment pearls
- Homelessness/Housing: Tour of Comitis/Stout Street, HUD-VASH-homeless veteran advocacy group
- Advocacy in Action: sequential lectures from physician researchers and advocates
- Refugee health/Aurora community walking tour (combined session with Global Health Pathway)

PGY 3:

- Incarceration and Health: Larry Haber (inpatient considerations), Michael Frank (outpatient treatment and screening)
- Legislative session: Partnering with advocates (Andrew West, Stout Street), State Capitol tour/sit in on legislative session
- Climate session: Liz Babcock from Denver Office of Climate Action, Beth Gillespie (climate and health disparities/food insecurity)
- Disability session