

Internal Medicine Residency Training Roadmap PGY 1 year

First Trimester June - October

Program Reminders for the first Trimester

- Register for USMLE Step 3 or Comlex 3 (complete by December 2024)
- [Inpatient Observation](#) – complete 1 by end of academic year during night shift (either during VA wards/Swing or University wards/Swing). Add this to your calendar now to note when you will be on one of these rotations
- Upload [24-25 Journal Club](#) (*once presented*)
- In-training exam in Aug/Sept (you will be assigned a date)
- Influenza Vaccine due end of October
- [Any MedHub Learning Portfolio Entries](#)

Items to Complete During Clinic Block

- [Continuity Clinic Observation](#)
- Complete CITI Modules [CITI](#) ; Once completed, upload Certificates to [24-25 R1 CITI Module Certificates](#)
- [Complete Outstanding MedHub Evaluations – Completed by third Friday of clinic block](#)

A Block Due Dates	B Block Due Dates
Block 1: Aug 4	Block 2: Sept 1
Block 3: Sept 29	Block 4: Oct 27

Items due at the end of this trimester: October 27

- [Check MedHub for any missing evaluations](#)
- [Complete Outstanding NEJM Quizzes](#)
- [Scholarly Activity Overview](#)

Program items

[IMRP Website – Heartbeat: Who to contact, where to report, curriculum, policies, etc.](#)

[IMRP Missed Deadline Policy](#) – Formal policy on consequences for failure to meet program requirements (i.e. unexcused WES absences, missing deadlines for module completion, TB testing, etc.) You are responsible for understanding this policy.

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Second Trimester October - March

Program Reminders for the Second Trimester

- [Inpatient Observation](#) – complete 1 by end of academic year during night shift (either during VA wards/Swing or University wards/Swing)
- Upload [24-25 Journal Club](#) (once presented)
- [Any MedHub Learning Portfolio Entries](#)

Items to Complete During Clinic Block

- [Meet with R3 near-peer scholarship mentor](#) – anytime during clinic block
- Meet with faculty mentor for R1 scholarly project – anytime during clinic block
- [POCUS Portfolio](#)- 1st Wednesday of clinic block:
- [Complete Outstanding MedHub Evaluations – Completed by third Friday of clinic block](#)

A Block POCUS Due Dates	B Block POCUS Due Dates
Block 1: Nov 24	Block 2: Dec 22
Block 3: Feb 2	Block 4: March 2

Items due at the end of this trimester: March 2

- Submit [R1 Scholarly Activity Plan AY24-25](#)
- [Check MedHub for any missing evaluations](#)
- [Complete Outstanding NEJM Quizzes](#)

Program items

[IMRP Website – Heartbeat: Who to contact, where to report, curriculum, policies, etc.](#)

[IMRP Missed Deadline Policy](#) – Formal policy on consequences for failure to meet program requirements (i.e. unexcused WES absences, missing deadlines for module completion, TB testing, etc.) You are responsible for understanding this policy.

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Third Trimester March - June

Program Reminders for the Third Trimester

- [Inpatient Observation](#) – complete 1 by end of academic year during night shift (either during VA wards/Swing or University wards/Swing)
- [Journal Club Presentation – Reminder to upload once you've presented](#)
- Start thinking about fellowship
- [Any MedHub Learning Portfolio Entries](#)

Items to Complete During Clinic Block

- [2nd meeting with R3 near-peer scholarship mentor – anytime during clinic block](#)
- [2nd meeting with faculty scholarship mentor \(optional\) – anytime during clinic block](#)
- [POCUS Portfolio](#)- 1st Wednesday of clinic block: **Block 1 March 30, Block 2 April 27, Block 3 May 25, Block 4 June 22**
- [Complete Outstanding MedHub Evaluations – completed by third Friday of clinic block](#)

A Block POCUS Due Dates	B Block POCUS Due Dates
Block 1: March 30	Block 2: April 27
Block 3: May 25	Block 4: June 14

Items due at the end of this trimester: June 15

- Upload [24-25 R1 Final \(Small\) Scholarship Product](#)
- [Upload Patient Surveys – Due last ambulatory block](#)
- Upload QI/Panel Management Summary: [UCH](#) [VA](#) [DH](#)
- [Check MedHub for any missing evaluations](#)
- [24-25 Summary of Research for ACGME](#)
- [Complete Outstanding NEJM Quizzes](#)
- [Final POCUS portfolio](#)

Program items

[IMRP Website – Heartbeat: Who to contact, where to report, curriculum, policies, etc.](#)

[IMRP Missed Deadline Policy](#) – Formal policy on consequences for failure to meet program requirements (i.e. unexcused WES absences, missing deadlines for module completion, TB testing, etc.) You are responsible for understanding this policy.

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MedHub Learning Portfolio

Items that should go into your portfolio and what type of entry to enter them as:

<u>To Upload:</u>	<u>Type of Entry:</u>
Conference invites and presentations	General Entry

How to name portfolio entries:

Last Name, First Name – AY, type of entry Example: Doe, John 23-24 ATS Invite

How to Self-Initiate an Evaluation – Observation Forms

For Residents:

1. Log into MedHub
2. Click on the Evaluation Tab
3. Scroll to the bottom of the page where you will see this box:

Request Performance Evaluation

4. Observation form types: How to choose

- Ambulatory Observation: Can be done during RAC, any elective, any ambulatory rotation
- Clinic Observation: Can only be done at clinic during clinic block
- Inpatient Observation: Ideally done on VA Wards, VA Swing, UCH Wards, UCH Swing, can be done on any In-patient rotation

5. Select Faculty member from drop down list
6. Complete Evaluation

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PGY1 POCUS Portfolio: 2024-2025

[Instructions for uploading images](#)

** To be placed in queue for review and considered for portfolio, scans performed must have a worksheet attached**

Specific Portfolio Deadlines:

First deadline: October 27th, 5 total passing worksheets from any category

Second deadline: March 2nd, 15 total passing worksheets from any category

Final deadline: June 22nd, completed below portfolio of passing worksheets

Portfolio Requirements

Please see [this document](#) that outlines examples of each requirement. Please refer to the [passing image criteria](#) as you are scanning.

Category	# Required Worksheets	Specific Requirements	Worksheet Names
Pathologic Fluid Collections	4	At least 1 ascites and 1 pleural effusion	Ascites Pleural effusion
Renal	2 kidney exams, each including longitudinal and transverse views	Each image must be passing for the scan to pass	Renal
Bladder	2 bladder exams, each including longitudinal and transverse views	Each image must be passing for the scan to pass	Bladder
Lung	5 total lung exams with at least 6 views per exam, must include bilateral bases	Each image must be passing for the scan to pass	Lung
Cardiac	10	At least 1 of each view: PLAX, PSAX, Apical 4, Subcostal, and IVC	Parasternal Long Axis Parasternal Short Axis Apical 4 Chamber Subcostal IVC

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Total	23 worksheets		
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Frequently Asked Questions:

Can I use images obtained from a non-butterfly machine towards my portfolio?

Unfortunately, there is no current way for us to feasibly do this for such a large program. We know that the image quality is better on the nicer machines and really wish that there was a way to easily include those images in your portfolio, but the process is currently extremely onerous on both ends without a reliable way to track. Because your portfolio requirement is relatively small, we are confident you will have adequate time to obtain the required images using the butterfly machines while still occasionally scanning with alternative machines.

What happens if I miss a deadline?

It will count as a missed deadline towards part of the residency missed deadline policy.

Why is the portfolio required? Can I use images from my mentored scanning session towards my portfolio?

While we will help you upload one image during didactic 1 that will count towards your portfolio. The remaining scans you do during your mentored scanning half days will NOT count towards your portfolio. The reason for this is that for adequate POCUS skill development and maintenance, it is incredibly important to be able to scan independently and not just with a mentor present. This is based off current POCUS literature and recommendations from multiple national societies including the AAIM. Regardless of the interest level in POCUS, the truth is that only a small portion of POCUS learners (this includes students, residents, faculty) will actually practice and improve their skills for clinical use if they are not challenged to scan WITHOUT a proctor present and learn how to troubleshoot on their own. We have each participated in multiple curriculums with more of a “bootcamp” structure without follow-up, and unfortunately it results in attrition of skills and limited actual use of POCUS. And personally, the only way we were able to improve our own skills was to scan on our own and practice over time. Thus, we feel one of the most valuable aspects of our curriculum is this requirement and feel its extremely important that portfolio is acquired independently rather than being an aspect of the proctored sessions.

How can I check my portfolio progress?

1. Log onto your butterfly account on any computer via cloud.butterflynetwork.com
2. Select “Analytics” in the upper right corner
3. Click on “All authors” and type your name to filter just for you
4. Now, scroll down to see “performance indicators by user”
5. Select the arrow next to your name to expand your study types
6. Scroll all the way to the right and you will see a column “Counts towards proficiency.” These numbers represent your PASSING images.

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*Important: The exam type “complete renal” is ONLY for the advanced certificate. If you accidentally utilize this exam type, it may overrepresent how many passing images you have, so if you see a number next to complete renal, subtract this from your number of scans.

New England Journal of Medicine (NEJM)

You will be assigned quizzes. Any quizzes assigned will appear on your dashboard like this.

The screenshot shows the 'My NEJM Knowledge+' dashboard. At the top, there are three filters: 'Subject', 'Type', and 'Sort by Due Date'. Below the filters, the dashboard is divided into two main sections: 'REFRESH (2)' and 'TO DO (28)'. The 'REFRESH' section contains two items: 'Internal Medicine - Prac...' (Acosta - NEJM questions) and 'ACS/HF flipped classro...' (Internal Medicine - Assigned Exams). The 'TO DO' section contains six exam modules, each with a 0% completion rate and a due date. The modules are: 'ID flipped classroom' (due 2w 0d), 'GI flipped classroom' (due 2w 0d), 'Heme Onc flipped classroom' (due 2w 0d), 'R2 BMT and renal v.1' (due 3w 0d), 'R2 BMT and renal: re-do v.2' (due 3w 0d), and 'R3 BMT v.1' (due 3w 0d). Each module card includes the title, category, due date, and completion percentage.

[To sign into Knowledge+ for completion of modules and quizzes, click anywhere here](#)

[You will also use NEJM 360 for Rotation Prep, for that link, click anywhere here](#)