

RESPONDING TO MICROAGGRESSIONS

MAKE IT A
TEACHING
MOMENT

**BE
DIRECT**

be more
direct in the
moment - **set
the tone**

**USE
HUMOR**

*"Are you sure
you meant to
say that?"*

*"Tell me what
you meant."*

display
discomfort/
silence

address issue
in real time

talk about
with my kids

flex empathy

ask for/offer
a re-do

*"Do that again,
but
appropriately."*

*"That comment
could be
perceived as
offensive."*

be comfortable
feeling
uncomfortable

"That made me
feel really
uncomfortable."

"I don't get it."

soften
approach

*"That is
pretty
racist."*

Determine &
acknowledge
patients'
pronouns - it
affects their care

TAG THE COMMENT

**check on
their stress
level**

Ask if the
person is okay
(**wellness
check**)

*"Can you help me
understand what you
meant when you said
that?"*



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SCHOOL OF MEDICINE

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