

18th Annual **WOMEN'S HEALTH SYMPOSIUM**



Saturday, February 29, 2020

REGISTER NOW AT [CWHR.ORG](https://www.cwhr.org)

GENERAL INFORMATION

This program is designed to meet the educational needs of physicians, physician assistants, nurse practitioners, nurses, medical students, cardiac rehabilitation specialists, diabetes educators, and many others involved in women's health.

ACCREDITATION

The University of Colorado School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The University of Colorado School of Medicine designates this live activity for a maximum of *4.5 AMA PRA Category 1 Credits*.™ Physicians should claim only the credit commensurate with the extent of their participation in this activity.

LEARNING OBJECTIVES

At the conclusion of this activity, participants should be able to

1. Review and analyze recent trials using hyperglycemic agents and cardiovascular and renal disease.
2. Using most recent guidelines, identify high-risk, eligible patients who can benefit from lipid lowering therapy.
3. Develop communications strategies for discussing statin deprescribing with appropriate patients.
4. Assess cardiovascular disease risk in transgender patients.
5. Utilize evidence-based assessment and treatment approaches for depression and anxiety in women experiencing peri and post-menopausal symptoms.
6. Formulate patient specific medication recommendations based on clinical guidelines, genetic test results, and other patient factors.



UNIVERSITY OF COLORADO
ANSCHUTZ MEDICAL CAMPUS

AGENDA

7:30–8:00 AM Registration and Continental Breakfast

8:00 AM Introduction and Welcome

Judy Regensteiner, PhD, Director and Co-founder, Center for Women's Health Research

Jane Reusch, MD, Associate Director, Center for Women's Health Research

SESSION 1

8:15 AM ***Decoding what to do with your Patients who have Diabetes and Cardiovascular Disease***

Jane Reusch, MD

8:45 AM ***Statins: Fact, Fiction, and Myths
When Should you Start Statin Therapy and/or Consider Other Lipid Lowering Medication?***

Marc Cornier, MD

When Should you Consider Stopping Statins in Older Adults?

Amy Huebschmann, MD

9:45 AM Panel: Questions and Answers

10:15 AM Break and Healthy Snack

SESSION 2

10:45 AM ***Cardiovascular Disease in Transgender Adults Taking Gender-Affirming Hormone Therapy: Exploring Sex Steroids, Gender, and Risk***

Sean Iwamoto, MD

11:15 AM ***Sleep and Mood in Women going through Menopause:
Strategies to Improve Well-Being***

Helen L. Coons, PhD, ABPP

11:45 AM ***Personalized Medicine: Implications for Women's Health***

Christina Aquilante, PharmD, FCCP

12:15 PM Panel: Questions and Answers

1:00 PM Conference Adjourns

PRESENTED BY

Center for Women's Health Research and the University of Colorado School of Medicine

FEATURED PRESENTERS



Christina Aquilante, PharmD, FCCP
Professor of Pharmacy
Department of Pharmaceutical Sciences
Skaggs School of Pharmacy and Pharmaceutical Sciences

Helen L. Coons, PhD, ABPP
Visiting Associate Professor and Clinical Director
Department of Psychiatry
Women's Behavioral Health and Wellness

Marc Cornier, MD
Professor of Medicine
Division of Endocrinology, Metabolism, and Diabetes
Department of Medicine
Associate Director, Anschutz Health and Wellness Center
Director, Lipids Disorders Clinic

Amy Huebschmann, MD
Associate Professor of Medicine
Division of General Internal Medicine
Department of Medicine
Lead Scientist, Community Outreach,
Center for Women's Health Research

Sean Iwamoto, MD
Assistant Professor
Division of Endocrinology, Metabolism, and Diabetes
Department of Medicine
Co-founder, UHealth Integrated Transgender Program

Jane Reusch, MD
Professor of Medicine
Division of Endocrinology, Metabolism, and Diabetes
Department of Medicine
Associate Director, Center for Women's Health Research

REGISTRATION *This symposium will fill to capacity. Early registration is encouraged.*

Registration is \$30. NOTE: To register online and pay using your credit card, please visit www.cwhr.org.

Last Name _____ First Name _____ MI _____

(Please print name as you would like it to appear on your CME certificate)

Degree _____ (Necessary for CME Certification) Practice name/organization: _____

Mailing Address _____

City _____ State _____ Zip _____

Phone _____ E-mail _____

Please indicate if you have any special assistance needs: _____

Please enclose check payable to the University of Colorado/CWHR with the completed form and mail to:



University of Colorado/CWHR
Mail Stop C-263
12348 E. Montview Blvd.
Aurora, CO 80045

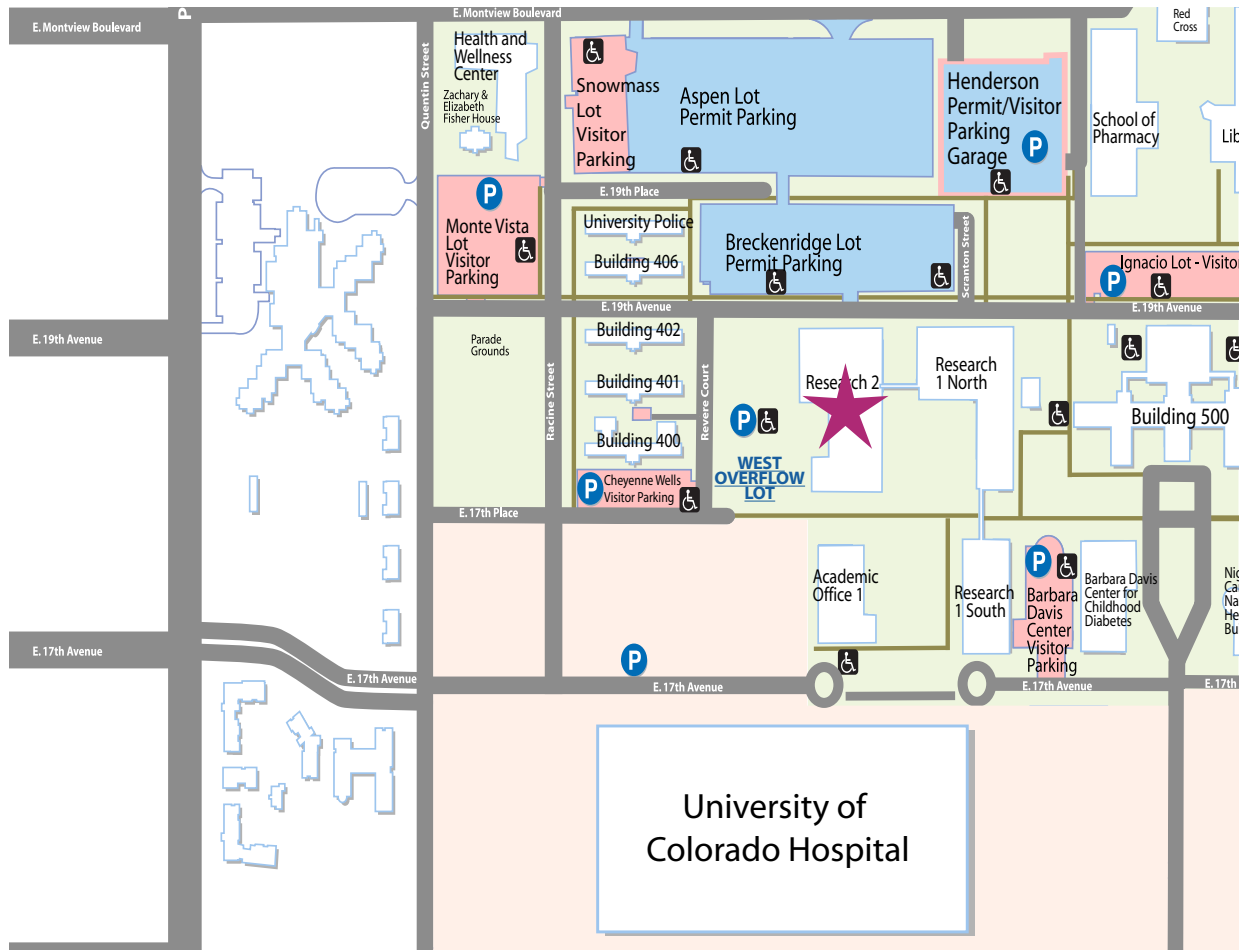
AMERICANS WITH DISABILITY ACT STATEMENT
Please indicate if you have any need for auxiliary aids or special assistance services:

If you need to cancel your registration, full refunds will be issued through February 21, 2020.
The registration cannot be refunded after February 21, 2020.

QUESTIONS?
Call 303-724-0305 or
email cwhr@cuanschutz.edu

DIRECTIONS AND PARKING

[Anschutz Medical Campus](#)
Krugman Conference Room, Research Complex 2
12700 East 19th Ave.
Aurora, CO 80045



From Downtown Denver:

Head east on Colfax. Turn left on Quentin Street (one street east of Peoria) to enter the University of Colorado Anschutz Medical Campus. Proceed North on Quentin and turn right at the 3rd stop sign. Park at the Cheyenne Wells Lot or the Ignaciol lot. The Krugman Conference Room is located in the Research Complex 2 Building. Additional visitor lots (Monte Vista and Snowmass) are close by.

From the North:

From I-70, take the Peoria exit traveling south to Colfax. Turn left on Colfax heading east. Turn left on Quentin Street (one street east of Peoria) to enter the University of Colorado Anschutz Medical Campus. For parking, follow the directions above in the Downtown Denver section.

From the South (via I-225):

Take I-225 North to the Colfax exit. Turn left at the light on Colfax heading west. Turn right on Quentin St. (last street before the intersection of Peoria and Colfax). For parking, follow the directions above in the Downtown Denver section.