

# Let's Talk:

## Conversations about Women's Health



### Getting to the Heart of It

Heart disease kills 1 in 4 Americans, and signs and symptoms can be very different in women and men. Please join us for our next Let's Talk where experts at the University of Colorado Anschutz Medical Campus will teach you about symptoms, diagnoses, and the latest treatments for heart arrhythmias, heart disease, and heart failure. You will also learn about the positive impact of protecting oral health for cardiovascular health. Embrace your heart and equip yourself with knowledge during heart health month!

**Who:** Women and men

**Date:** Tuesday, February 19, 2019

**Where:** UHealth - University of Colorado Hospital  
Bruce Schroff Conference Auditorium  
Anschutz In-Patient Pavilion 2  
12505 East 16th Avenue  
Aurora, Colorado 80045

**Cost:** \$10 per person (includes light dinner)

**Parking:** Free valet parking will be available - instructions to follow

**RSVP:** Please register by February 15, 2019 at [www.cwhr.org](http://www.cwhr.org).  
For more information, please contact Nan Oudet at 303-724-9179.

### AGENDA

5:15 - 6 p.m. Registration and light dinner

6 - 6:30 p.m. **Prateeti Khazanie, MD, MPH**  
*Recognition and Treatment of Heart Failure in Women*

6:30 - 7 p.m. **Christine Tompkins, MD**  
*The Diagnosis and Treatment of Heart Rhythm Disorders in Women*

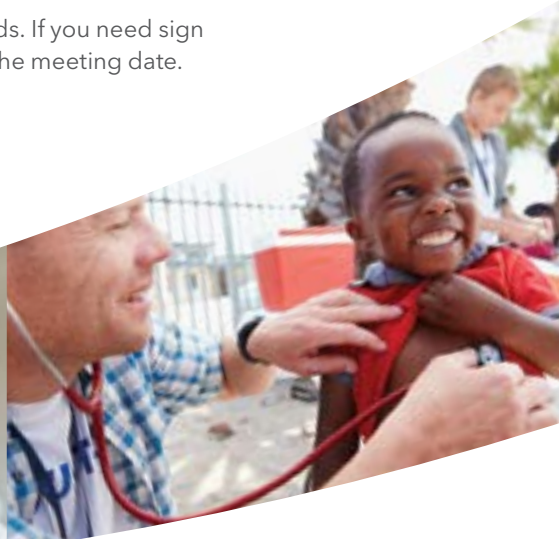
7 - 7:30 p.m. **Sangeetha Chandrasekaran, BDS, MS**  
*Invest in Healthy Gums for a Healthy Heart*

7:30 - 8 p.m. Question and answer panel

8 p.m. Adjourn

Americans with Disabilities Act: Event staff will be glad to assist you with any special needs. If you need sign language interpretation or CART, please contact us at least three business days prior to the meeting date.

*Let's Talk: Conversations about Women's Health* is a lecture series that educates the community on topics of health. These evidence-based talks provide information that people need to make educated decisions about health for themselves and their families. *Let's Talk* content is uniquely created and presented by a panel of nationally renowned subject matter experts, physicians, and researchers.



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# Speakers



## **Prateeti Khazanie, MD, MPH**

### *Recognition and Treatment of Heart Failure in Women*

Heart failure affects men and women equally, but women are not diagnosed or treated at equal rates. Dr. Khazanie will review associated symptoms, diagnosis, and treatment options for heart failure, focusing on women.

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As a board-certified cardiologist and heart failure specialist, Dr. Khazanie cares for people with heart failure, heart transplants, and heart pumps. She diagnoses patients with different types of heart failure and helps them find treatment options that are right for them and their families. Her primary research interest is understanding the reasons why heart failure is treated differently across the country and working with health organizations to change policies. She has research grants from the Center for Women's Health Research and the National Institutes of Health. She attended medical school at Duke University, Internal Medicine internship, residency, and chief residency at Stanford, and Cardiology and Advanced Heart Failure, Transplant, Mechanical Circulatory Support fellowship training at Duke. She joined the faculty at the University of Colorado School of Medicine in 2015.



## **Christine Tompkins, MD**

### *The Diagnosis and Treatment of Heart Rhythm Disorders in Women*

Women may be more predisposed to certain heart rhythm disorders (arrhythmias) than men, particularly during times of hormonal change like pregnancy and menopause. We will review associated symptoms, diagnostic, and treatment options for common arrhythmias, focusing specifically on women.

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As a board-certified cardiologist and electrophysiologist, Dr. Tompkins specializes in the diagnosis and treatment of heart rhythm disorders. Most of her time is dedicated to implanting cardiac devices (pacemakers and defibrillators) and performing catheter ablation for the treatment of abnormal heart rhythms. Dr. Tompkins' primary research interest is understanding the mechanisms of arrhythmias; in particular, the effect gender and sex hormones have on abnormal heart rhythms that can lead to sudden death. In addition, she is interested in developing new methods and indications for cardiac devices (pacemakers and defibrillators) and lead extractions. She earned her medical degree from Georgetown University Medical Center, completed Internal Medicine residency at the Johns Hopkins Hospital, and completed fellowships in Cardiology and Cardiac Electrophysiology at the Johns Hopkins Hospital.



## **Sangeetha Chandrasekaran, BDS, MS**

### *Invest in Healthy Gums for a Healthy Heart*

Research suggests that maintaining good periodontal health may contribute to a healthy heart. Dr. Chandrasekaran will speak about the positive impact of protecting oral health for good cardiac health.

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Dr. Chandrasekaran obtained her dental degree from the Dr. MGR Medical University in India. She completed her Masters in Biomedical Sciences from the Medical University of South Carolina. Her advanced training in periodontics and Masters in Oral Sciences is from the University of Illinois at Chicago. She is presently an Associate Professor at the University of Colorado School of Dental Medicine. She practices periodontics and implantology at the University's dental faculty practice, conducts research on the implications of periodontal disease on systemic diseases and teaches dental, and periodontics residency programs.