

Let's Talk:

Conversations for High School-Aged Girls



Exploring Healthcare Careers for High School-Aged Girls

The Ludeman Family Center for Women's Health Research is pleased to present the 6th Annual *Exploring Healthcare Careers for High School-Aged Girls*. High school girls won't want to miss this unique opportunity to learn about a variety of careers in healthcare. Girls will be introduced to careers in women's health, neonatology, endocrinology, nursing, psychology and research.

Who: High school aged girls

Date: Tuesday, May 18, 2021

Time: 4:00-5:30 p.m.

Registration: Please register by May 18, 2021 at noon at www.ludemancenter.org.

A zoom link will be sent after registration.

For more information, email ludemancenter@cuanschutz.edu or call 303-724-0305.

Cost: Free

Let's Talk: Conversations about Women's Health is an educational series that focuses on women's health and sex differences. The Ludeman Center for Women's Health Research would like to thank **The List Family Foundation** for their support of this event.

AGENDA

4:00-4:05 p.m. **Judy Regensteiner, PhD**
Welcome

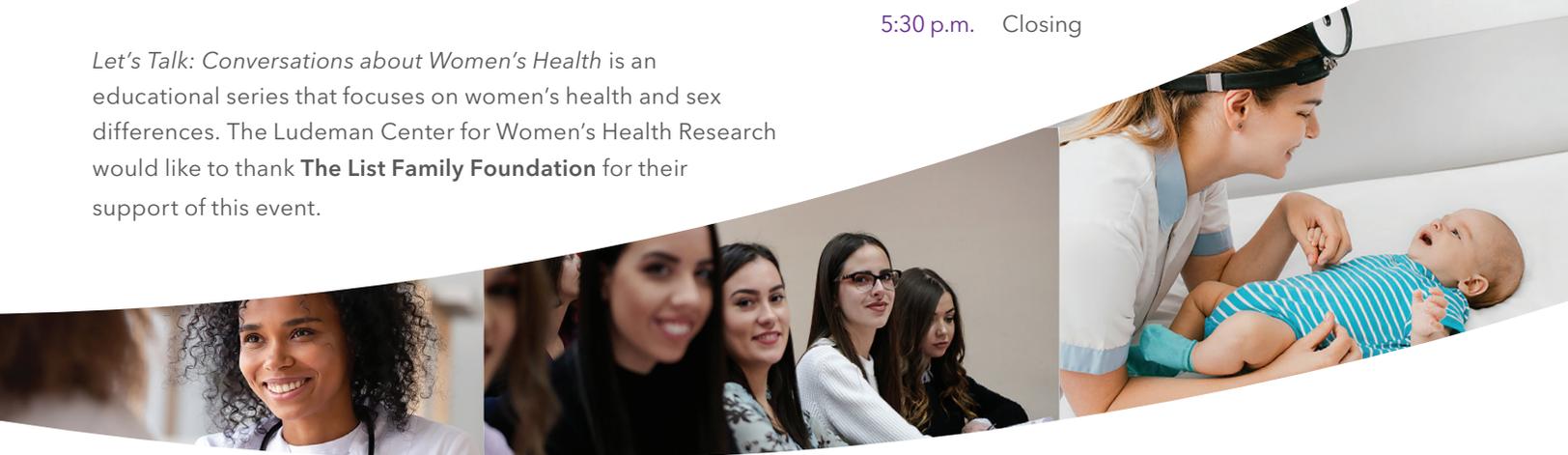
4:05-4:25 p.m. **Jane Reusch, MD**
Journey From Loving Science to Becoming a Physician Scientist
Q & A with Dr. Reusch

4:25-4:45 p.m. **Elissa Kolva, PhD**
Health Psychology Research and Practice at the Intersection of Physical and Mental Health
Q & A with Dr. Kolva

4:45-5:05 p.m. **Laura Brown, MD**
Early Life Influences on Later Life Health
Q & A with Dr. Brown

5:05-5:25 p.m. **Teri Hernandez, PhD, RN**
Healing in a Post-Pandemic World: A Career in Nursing to Impact the Future
Q & A with Dr. Hernandez

5:30 p.m. Closing



Speakers



Jane Reusch, MD

Professor of Medicine, Bioengineering and Biochemistry
Associate Director, Ludeman Family Center for Women's Health Research

Journey From Loving Science to Becoming a Physician Scientist

Jane Reusch, MD, is an endocrinologist and a national expert in type 2 diabetes. She also leads a successfully funded lab that focuses on the effects that type 2 diabetes has on cardiovascular health and metabolism. A well respected physician scientist, Dr. Reusch has mentored countless young scientists and has helped to develop their careers. For more information about Dr. Reusch, [click here](#).



Elissa Kolva, PhD

Assistant Professor, Division of Medical Oncology
Psychologist and Ludeman Family Center for Women's Health Research seed grant recipient

Health Psychology Research and Practice at the Intersection of Physical and Mental Health

Elissa Kolva, PhD, will introduce health psychology including the role of the clinical psychologist in providing evidence-based psychotherapy and increasing our understanding of the relationship between mental health and illness through research. Specifically, she is interested in better caring for young women with cancer and those in cancer survivorship. For more information about Dr. Kolva, [click here](#).



Laura Brown, MD

Associate Professor of Pediatrics
Senior Faculty, Ludeman Family Center for Women's Health Research

Early Life Influences on Later Life Health

Laura Brown, MD, is a physician scientist whose expertise includes caring for babies in the NICU, understanding why they have problems in adulthood and finding treatments to prevent problems immediately after birth and later in life. Babies who are born preterm or who are born after complicated pregnancies may have health problems immediately after they are born. Often they have to be hospitalized after birth for an extended period of time in the Neonatal Intensive Care Unit (NICU), and neonatologists are pediatricians who specialize in taking care of the sick newborn. Through research, we have learned that problems in the womb during pregnancy or after birth can have long term effects on health throughout the lifespan. For more information about Dr. Brown, [click here](#).



Teri Hernandez, PhD, RN

Professor of Nursing and Medicine
Associate Dean for Research and Scholarship, CU College of Nursing

Healing in a Post-Pandemic World: A Career in Nursing to Impact the Future

Teri Hernandez, PhD, RN, will explain the different roles of nursing from clinical to advanced practice. As associate dean for the College of Nursing, she will also describe the different pathways for entry to a nursing practice. For more information about Dr. Hernandez, [click here](#).