

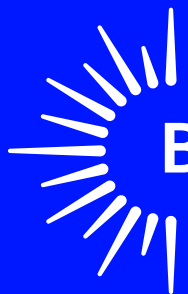
USPSTF T1D Early Detection Campaign

Aaron Turner-Phifer

Breakthrough T1D

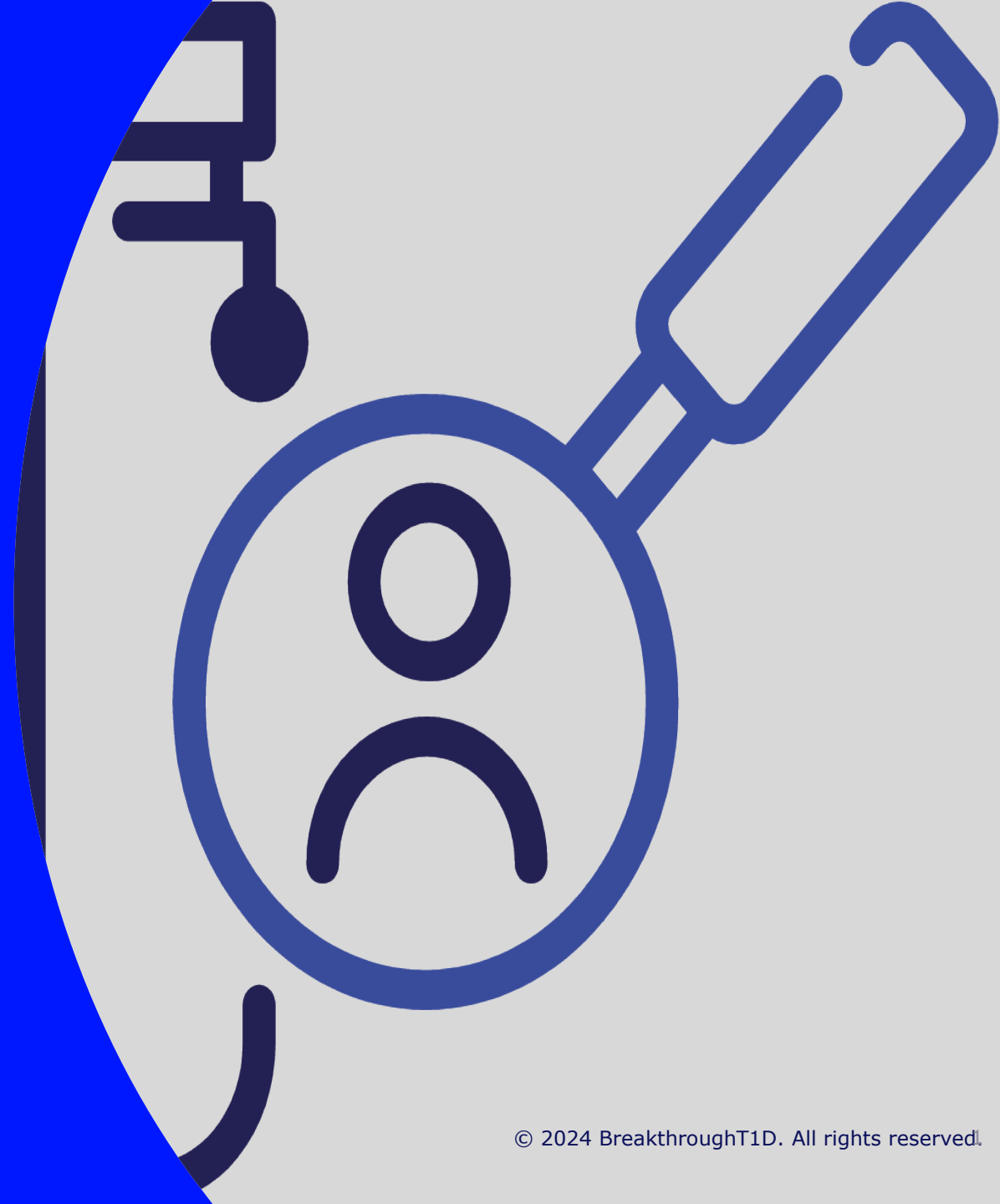
8th Annual Diabetes Screening Symposium

November 10, 2025



Breakthrough T1D™

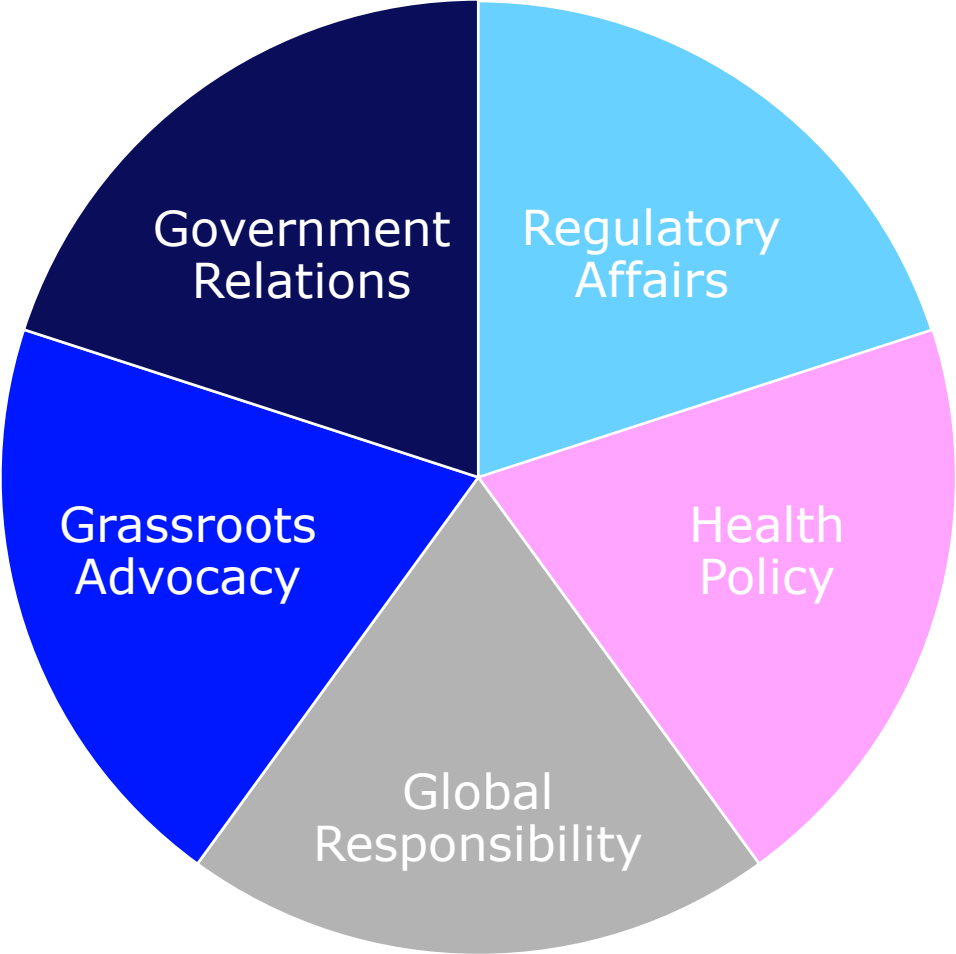
Formerly JDRF



Disclosures

No conflicts of interest to disclose

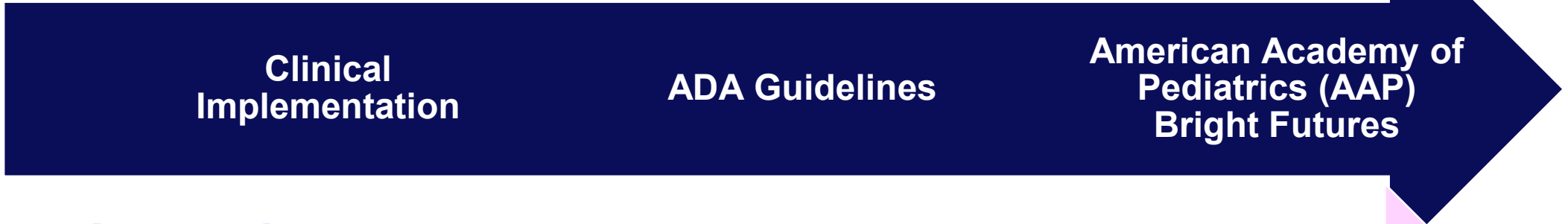
Five Pillars of Breakthrough T1D Advocacy



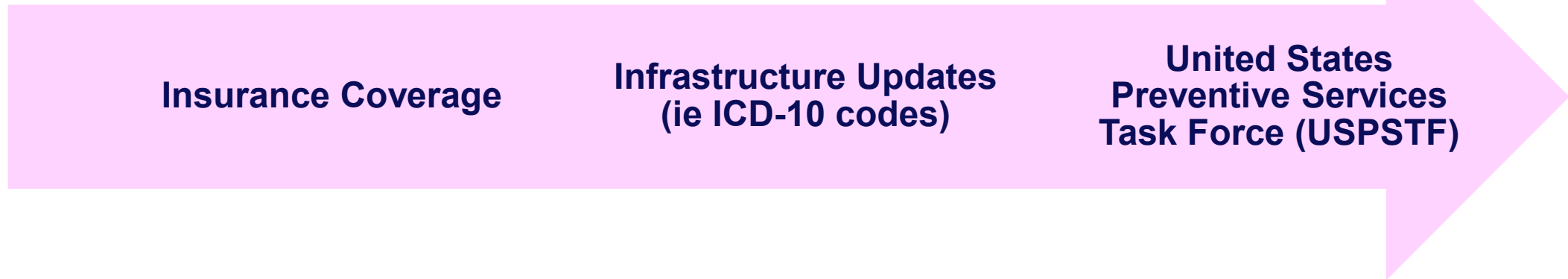
Our Vision to Expand T1D Early Detection

**Research, Advocacy,
Medical Affairs**

Clinical Track



Policy Track



USPSTF Background

Who Is The USPSTF & What Is Their Mandate?

USPSTF Recommending Groups

- **Task Force:** selects topics for review, approves the analytical framework, and grades available evidence.
- **AHRQ:** provides research and technical support and coordinates the dissemination of the recommendation.
- **EPCs:** conducts systematic reviews of specific questions and evidence.
- **Partners:** comment, as invited, on draft research plans, evidence reviews, and recommendation statements.
- **Public:** nominates new task force members and provides public comments on certain recommendation materials

USPSTF Meeting Process

- The Task Force meets three times a year (March, July, November)
- Meeting activities include:
 - Devise topic portfolio and prioritize topics
 - Discuss topic work plans, and key questions for evidence review
 - Review draft EPC evidence reports
 - Vote on variations of the USPSTF draft recommendation statement

USPSTF Recommendation Scope

- USPSTF makes recommendations on primary or secondary preventive services that can be provided in or referred to the primary care setting
 - **Primary prevention:** Preventive services that aim to **avoid the development of disease**
 - **Secondary prevention:** Preventive service that aim to **identify and treat an existing disease** before it results in significant symptoms

Why USPSTF for T1D Early Detection?

Impact of USPSTF Grade A or Grade B Recommendation

- USPSTF recommendations are gold standard for preventive services
- Federal law requires Medicare, Medicaid, and commercial health plans to cover the service
- Service must be free for patients
- Data shows increased utilization of service following recommendation

USPSTF Grading System

Grade	Definition
Grade A	The USPSTF recommends the service. There is high certainty that the net benefit is substantial.
Grade B	The USPSTF recommends the service. There is high certainty that the net benefit is moderate or there is moderate certainty that the net benefit is moderate to substantial.
Grade C	Clinicians may provide this service to selected patients depending on individual circumstances. However, for most individuals without signs or symptoms there is likely to be only a small benefit from this service.
Grade D	The USPSTF recommends against the service. There is moderate or high certainty that the service has no net benefit or that the harms outweigh the benefits.
Grade I Statement	The USPSTF concludes that the current evidence is insufficient to assess the balance of benefits and harms of the service. Evidence is lacking, of poor quality, or conflicting, and the balance of benefits and harms cannot be determined.

Breakthrough T1D's Early Detection USPSTF Campaign

USPSTF Campaign Activities

Positive recommendation from USPSTF requires mandatory, free coverage by all government & private insurance

Hosted 5 Virtual Campaign Meetings This Year

- 63 participants, including many researchers and KOLs
- Mapped and discussed current data vs USPSTF requirements
- Application recommended general population pediatric screening for T1D

Resources Developed

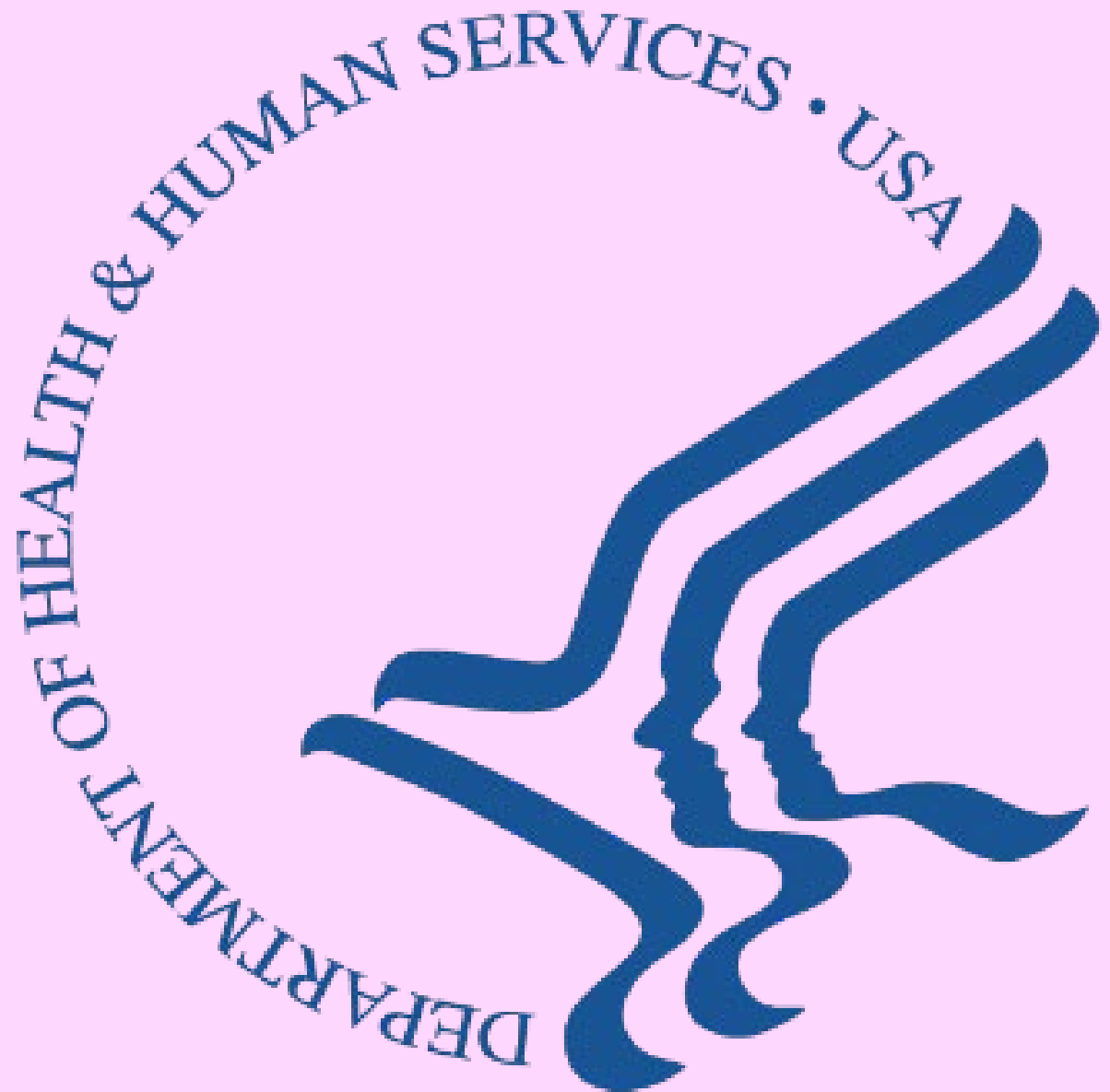
- Updated review of T1D literature
- [Website](#) on USPSTF & campaign
- USPSTF Application Tool
- [Application](#) posted to our website and widely accessible for others submitting

Application

- Submitted on May 19th
- Letters of support for T1D screening
 - Congressional letter
 - [Letter](#) signed by 13 diabetes focused organizations and 40+ KOLs
- Congressional outreach following submission
- Next step is USPSTF selection as a study topic

Where Are We Now & What's Next?

- T1D screening application acknowledged by HHS staff
- Supreme Court ruling acknowledges HHS Secretary oversight of USPSTF
- July USPSTF meeting cancelled by Sec. Kennedy
- Expect changes to Committee roster
- Congressional interest in USPSTF operations



Strengthen Our Voice Become An Advocate

Contact me at aturner-phifer@bt1d.org to join our campaign & sign up NOW at BreakthroughT1D.org/join

