# The CASCADE Study

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### Disclosures

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Dr. Hagopian serves as consultant to Sanofi and to Randox Health



# How low must Type 1 diabetes prediction costs be to implement in public health settings?

- 1/300 kids get T1D, with a ~35% decrease in DKA by prediction and parent education
- Benefits are lower mortality, lower acute care costs, and lower glycemic and cognitive sequelae
- To precede Stage 3 onset, islet autoantibody screening must occur at multiple ages during childhood
- -Doing sampling and autoantibody panels 3 times in all kids incurs costs greater than calculated benefits
- CASCADE explores several ways to decrease prediction costs:
  - a- low cost, high performance genetic risk score using already available samples
  - b- selection of the least number of antibody sampling ages, optimized by country
  - c- mail-based sampling to lower costs and minimize burden to care providers
  - d- economical islet antibody screening tests

# Educating parents and providers of children with islet autoantibodies to prevent DKA



Any illness or symptom check blood glucose



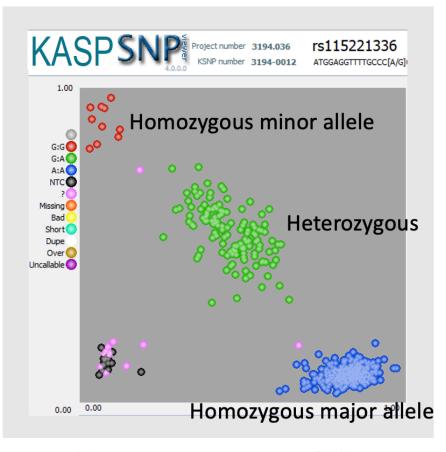
#### Following Islet autoantibodies in kids consistently prevents DKA at onset

First Author/Journal	Study	Background	With IAb follow-up	p-value
Barker 2004 Diab Care	DAISY	44%	3.3%	<0.0001
Larsson 2014 Ped Diab ≤5 <u>yrs</u> old	TEDDY	40%-54%	8.0%	<0.0001
Winkler 2012 Ped Diab	Baby-Diab	29%	3.3%	<0.001
Hekkala 2017 Ped Diab	DIPP	23%	5.0%	<0.001
Nakala 2021 JAMA Pediatrics	TRIGR	19-40%	4.6%	<0.001



#### CASCADE 67-SNP T1D and CD combined panel and automated pipeline

		alternative					Primary
Ord	Locus or DQA1-	DQ haplo	CASCADE	T1D-	celiac-	Chr	SNP Chr
er	DQB1 haplo	names	Primary SNP	GRS2	GRS	band	location
1	020X-0202	HLA-DQ22	rs17211699	T1D	celiac	6p21	Chr 6
2	0501-0201	HLA-DQ25	rs9273369	T1D	celiac	6p21	Chr 6
3	0401-0402	HLA-DQ42	rs12527228	T1D	celiac	6p21	Chr 6
4	010x-0501	HLA-DQ51	rs10947332	T1D	celiac	6p21	Chr 6
5	010x-0503	HLA-DQ53	rs1794265	T1D	celiac	6p21	Chr 6
6	0103-0601	HLA-DQ61	rs117806464	T1D	celiac	6p21	Chr 6
7	0102-0602	HLA-DQ62	rs17843689	T1D	celiac	6p21	Chr 6
8	0103-0603	HLA-DQ63	rs62406889	T1D	celiac	6p21	Chr 6
9	0102-0609	HLA-DQ69	rs16822632	T1D	celiac	6p21	Chr 6
10	030x-0301	HLA-DQ73	rs1281935	T1D	celiac	6p21	Chr 6
11	0505-0301	HLA-DQ75	rs9469200	T1D	celiac	6p21	Chr 6
12	030x-0302	HLA-DQ81	rs9275490	T1D	celiac	6p21	Chr 6
13	0201-0303	HLA-DQ92	rs28746898	T1D	celiac	6p21	Chr 6
14	0302-0303	HLA-DQ93	rs9405117	T1D	celiac	6p21	Chr 6
15	0601-0301	HLA-DQ76	rs118118976	T1D	celiac	6p21	Chr 6
16	0102-0604	HLA-DQ64	rs114609017	T1D	celiac	6p21	Chr 6
17	0102-0502	HLA-DQ52	rs149929277	T1D	celiac	6p21	Chr 6
23	XL9 Regulatory		rs9271346	T1D		6p21	Chr 6
24	Intergenic DRA	1-DRB1 ND3	rs9269173	T1D		6p21	Chr 6
25	BTNL2 Regulato	ry	rs116522341	T1D		6p21	Chr 6
26	DPB1*0101		rs17214657	T1D		6p21	Chr 6
27	DPB1*0402		rs6934289	T1D		6p21	Chr 6
28	DPB1*1501		rs2567287	T1D		6p21	Chr 6
29	A*0201		rs12153924	T1D		6p21	Chr 6
30	A*0301		rs9259118	T1D		6p21	Chr 6
31	A*2402		rs72848653	T1D		6p21	Chr 6
32	A*2902		rs144530872	T1D		6p21	Chr 6
33	B*3906		rs540653847	T1D		6p21	Chr 6
34	B*4403		rs2524277	T1D		6p21	Chr 6
35	B*5701		rs149663102	T1D		6p21	Chr 6
36	C*0602		rs12189871	T1D		6p21	Chr 6
18	ATXN2/SH2B3		rs653178	T1D	celiac	12q24.12	Chr 12
10	VUVU1 1131 VC	1	rc17200EC0	T1D	coline	4~27	Chr 1
	T.		1			1	



and Celiac-GRS from a dried bloodspot punch in CASCADE costs only **\$17** 

A KASP-based T1D-GRS2



Many ways to genotype SNPs: Real Time PCR (e.g.KASP) SNP arrays with imputation Whole genome sequencing



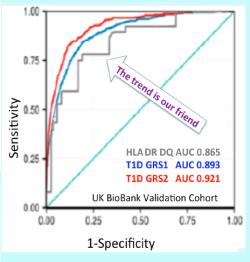
### T1D GRS2 improves upon HLA to define high risk children

Table 1—Simulated population-based prediction of T1D using HLA screening, the original T1D GRS, and the T1D GRS2

T1D contile*	Population centile**	GRS2	Specificity (%)	Sensitivity (%)	1-Specificity (%)	Youden index (j)	T1D risk (%)***
5	70.2	11.68	69.5	94.8	30.5	0.643	0.9
10	79.4	12.36	78.9	89.4	21.1	0.683	1.3
25	90.6	13.45	90.4	77.5	9.6	0.67-	2.4
50	96.8	14.60	96.7	53.7	3.3	0.505	4.7
75	99.1	15.65	99.1	30.2	0.9	0.293	9.1
90	99.8	16.54	99.8	13.2	0.2	0.130	15.7
25	99.9	17.06	99.9	7.2	0.1	0.072	22.8

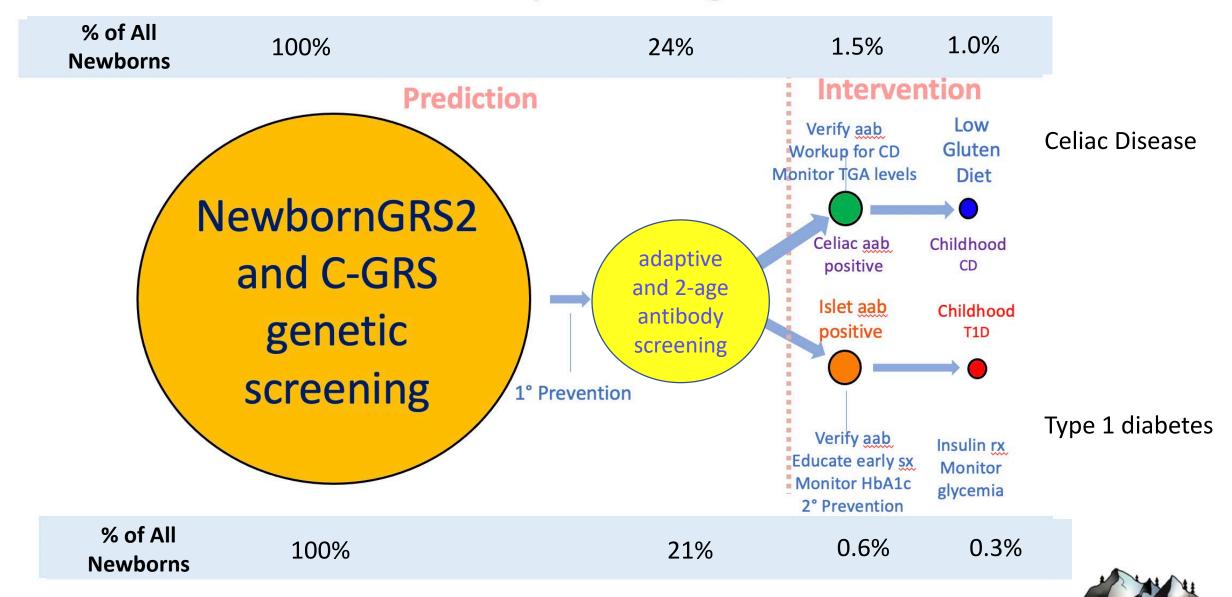
T1D centile*	Risk category	HLA type	Specificity (%)	Sensitivity (%)	1-Specificity (%)	Youden index (j)	T1D risk (%)***
_	Background	Other	0.0	100.0	0.0	0.00	0.3
57.0	Moderate	DR3/3, DR4/X	79.1	77.0	23.0	0.561	0.6
81.1	High	DR4/4	96.3	41.3	58.7	0.376	2.5
84.5	Very High	DR3/4	97.2	37.0	63.1	0.342	3.8

Risk of T1D is calculated assuming a 0.3% population prevalence of T1D. \*T1D cases in T1DGC. \*\*Centile in UK Biobank European population. \*\*\*Risk of T1D is calculated assuming a 0.3% population prevalence of T1D.

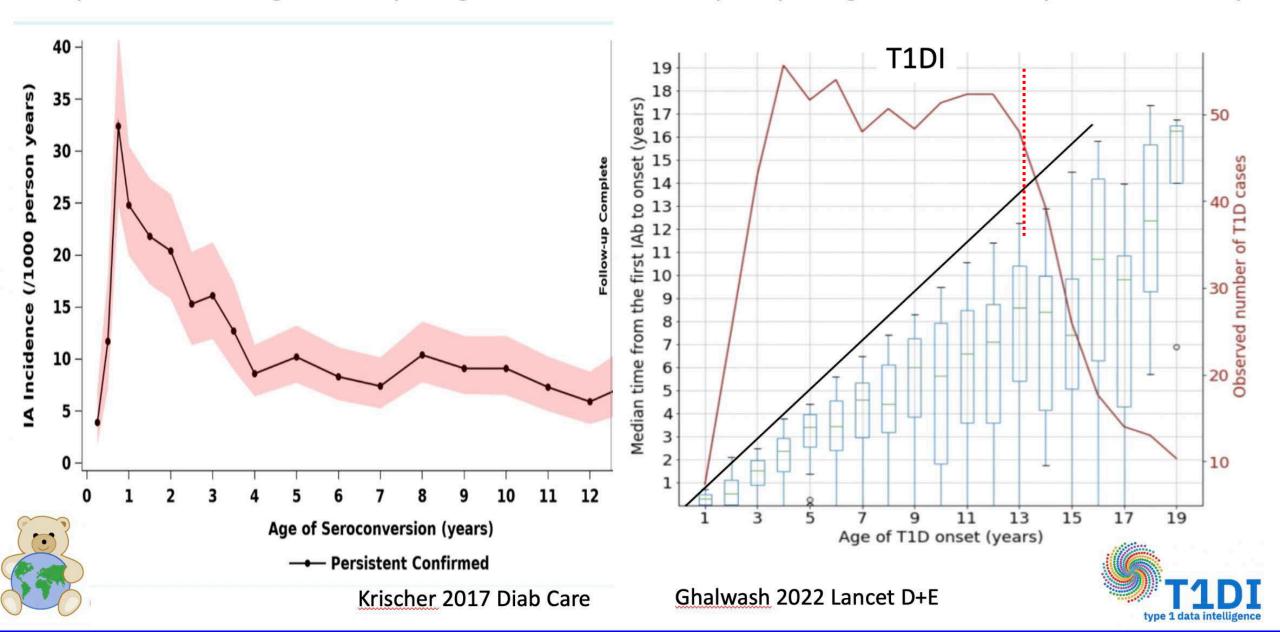




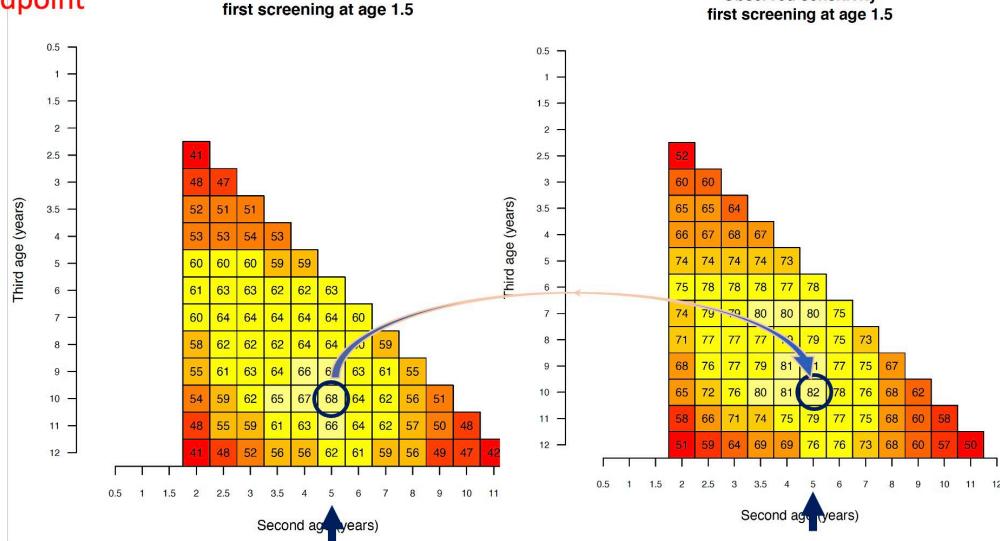
#### Genetic then Autoantibody Screening Lowers Prediction Costs



Islet <u>aab</u> appear at many ages, but later appearance means slower average progression to T1D Despite this, testing at multiple ages will be necessary, requiring additional steps for efficiency



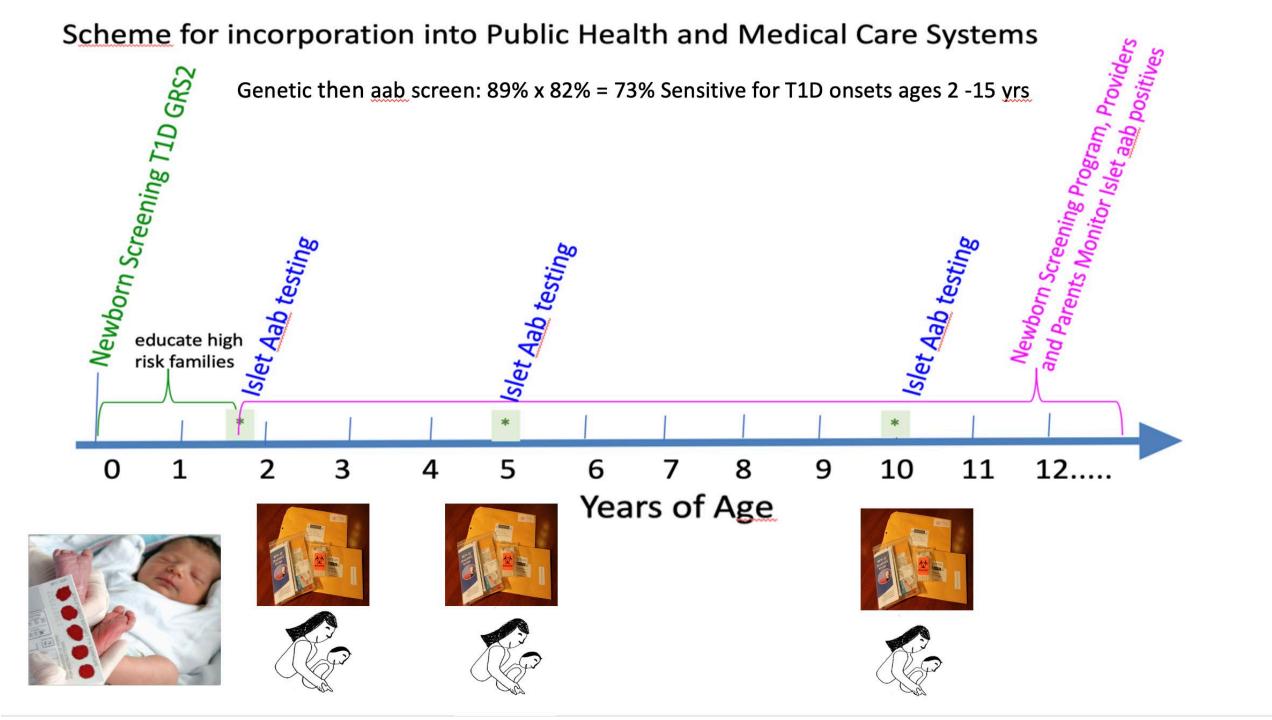
3-age screen
US sites
age 13 endpoint



**Observed sensitivity** 

Comparative sensitivity





# CASCADE Research Study

Type I diabetes and celiac disease screening for children in the state of Washington.

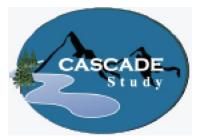
**LEARN MORE** 

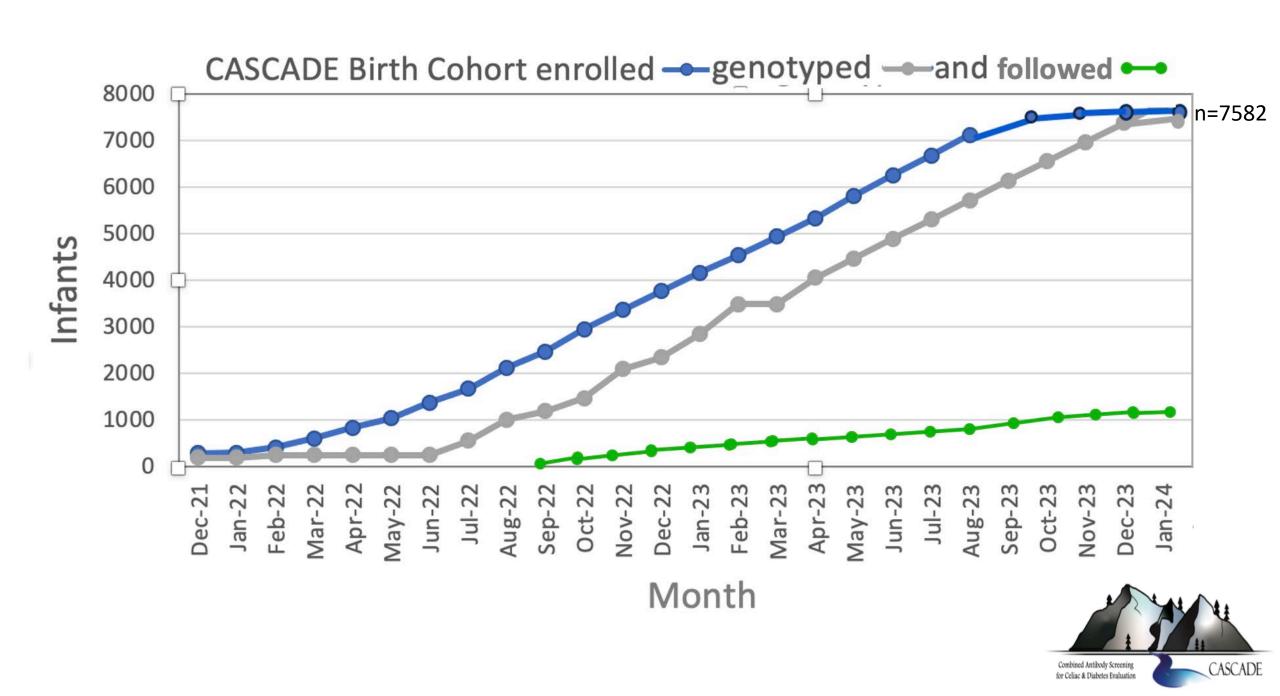
SIGN UP





www.cascadekids.org





# Mail-based CASCADE autoantibody testing

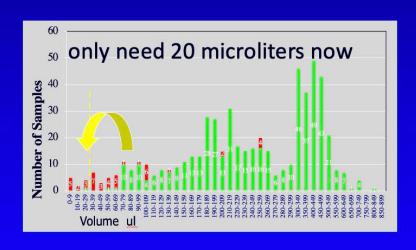
15% of infants containing 84% of T1D cases increases absolute risk from 1/300 to 1/50 First test at age 18 months so CASCADE is just testing now

11% of infants with 65% of celiac cases increases absolute risk from 1/100 to 1/17 First test later at age 3 years so no CASCADE testing yet









Mail-based, home capillary blood sampling is highly cost-effective vs. provider or commercial phelbotomy. Participation Rate was 70% in DEW-IT (Wion et al 1999) and similar experiences elsewhere (eg Sweden). But unknown if this will be practical in the US in 2023. CASCADE will test this.

## **Conclusions**

- Newborn prescreening via genetic risk scores followed by islet autoantibody screening can detect most childhood type 1 diabetes.
- Requires screening 20% of US children at ages 1.5, 5 and 10 yrs, which may be logistically challenging especially if cost-effective mail-based sampling is used\*\*.
- We expect 73% sensitivity for T1D by age 13, while minimizing costs\*\*.
- Celiac Disease can be efficiently tested at the same time via C-GRS and TGA screening
- Effective T1D interventions available now, with prevention potential in the future

## Our approach has also powered several other studies



South Dakota



Doha, Qatar



Preventing type 1 diabetes

National childhood screening for type 1 diabetes

Lead Investigators | Dr Kirstine Bell (Principal Research Fellow), Professor Maria Craig, Professor Natasha Nassar, Dr Antonia Shand, Professor Adrienne Gordon, Professor Kirsten Howard, Dr Sarah Norris

Sydney, Australia

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#### Hagopian Research Staff

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#### **Collaborators**

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