

BENEFITS OF WORKING AT THE UNIVERSITY OF COLORADO

- A minimum of 10 paid holidays per year
- 22 days of vacation and 15 days of sick time per year
- 4 weeks paid parental leave after one year of employment
- 10% of annual salary employer contribution to retirement with a 5% employee match
- Long term disability benefits
- Employer paid life insurance with \$57,000 benefit
- Optional employee life and short-term disability insurance plans
- Competitive medical, dental, and vision coverage effective upon hire

Your total compensation goes beyond the number on your paycheck. The University of Colorado provides generous leave, health plans and retirement contributions that add to your bottom line. [Click here to learn more.](#)

The University is committed to helping you reach your retirement goals. Under our CU 401(a), the University contributes 10% of your annual eligible compensation. For every \$1 you invest, CU will contribute \$2. All employee and employer contributions are immediately vested. [Learn more here.](#)

University employees have access to numerous perks. [Check out a full listing here.](#)

Did you know that the University has wellness programs to help you find information, inspiration and support you need to achieve your best self? [Explore the possibilities here.](#)

As a leader in education we value strong, curious minds and continued growth – not just for our students, but also for our dedicated workforce. [Find out about our tuition assistance programs for qualified employees and dependents.](#)

As a CU employee, [you may qualify for Public Service Loan Forgiveness \(PSLF\)](#) – a program that incentivizes college graduates who work in the public sector. CU is a 501(c)(3) not-for-profit qualifying employer.

CU Health Plan – Move allows employees at CU and CU Medicine to get paid to move. Literally. Download the Move app on your smartphone or tablet, you can add your device (e.g., Fitbit, Apple Watch, Garmin) and earn \$25 a month for logging at least 30 minutes of exercise, 12 days a month. [Get moving here.](#)

Through Care@Work by Care.com, CU Anschutz now provides all faculty and staff with [a family care program](#) to help you balance professional demands while caring for your loved ones at home.



Department of Psychiatry

SCHOOL OF MEDICINE

UNIVERSITY OF COLORADO ANSCHUTZ MEDICAL CAMPUS