

Equity and Medicine: Effects of Patient's Language, SES, and Race on Access to Specialized Celiac Disease Treatment



CONCLUSIONS

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BACKGROUND

- Celiac disease (CD) is an autoimmune condition with a global presence from 0.7 to 1.4%.1
- Ingestion of gluten (a protein found in wheat, barley, and rye) triggers damage to the small intestine.1
- A strict lifelong gluten-free diet (GFD) is the only treatment for CD.²
- The Colorado Center for Celiac Disease with the Digestive Health Institute (DHI) at Children's Hospital Colorado is the only specialized pediatric clinic in a seven-state region.
- EPIC SlicerDicer is a self-service reporting tool that can filter and display large data sets from patients' electronic medical records (EMR).

OBJECTIVE

- Is the Digestive Health Institute establishing equitable access to healthcare among pediatric patients with celiac disease?

METHODS

Patient Population:

- Quality Improvement (QI) project of patients seen for a medical visit in DHI
- 842 patients with a CD diagnosis for visits between 4/21/20 and 7/20/21
- Patient age (in years): M (SD) 11.86 (4.48) Measures:
- Pre-identified criteria (language, top 10 postal codes (proxy for Socioeconomic Status), race) General GI (Telehealth & set as "Slices" in the EPIC SlicerDicer reporting tool

Analyses:

Basic descriptive statistics

DEMOGRAPHICS N=842

Asian

American Indian /

Alaskan Native 0%

Native Hawaiian

Pacific Islander

0%

Celiac Specialty Clinic

(In-person)

37%

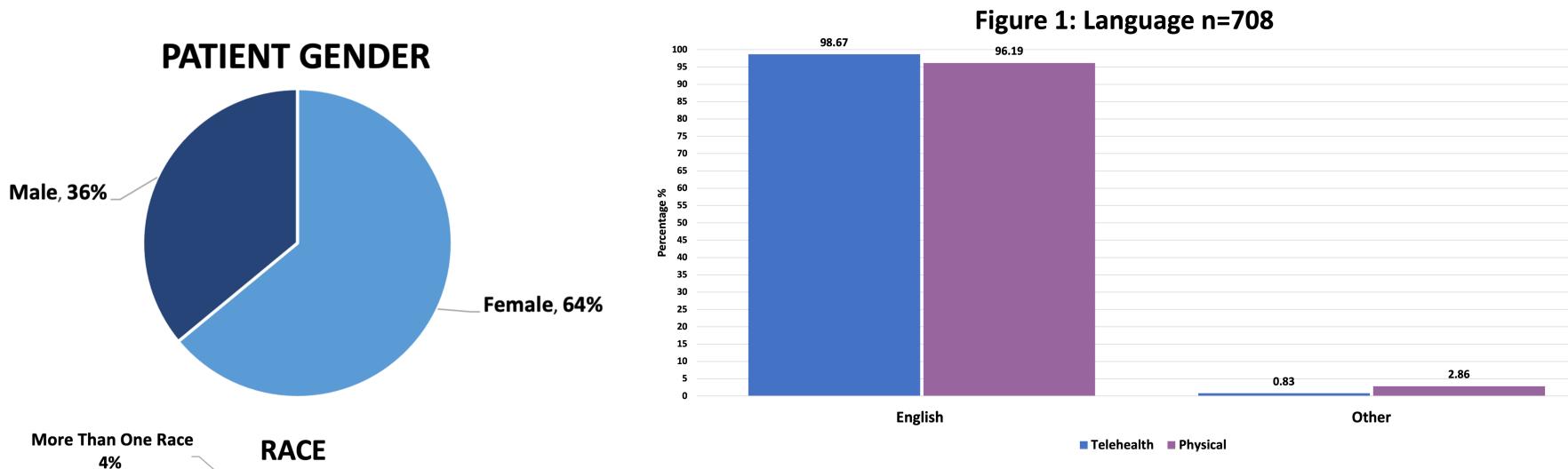
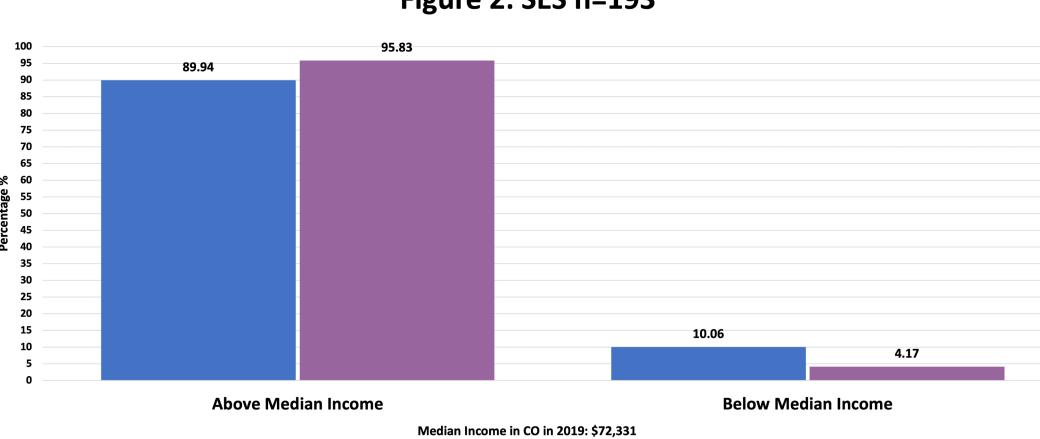
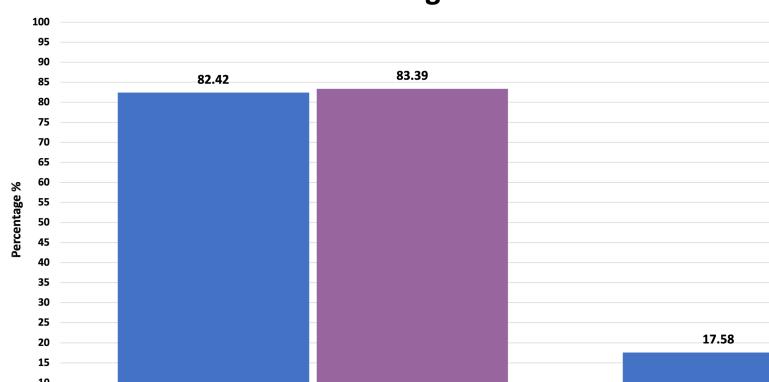


Figure 2: SES n=193



VISIT TYPE WITHIN THE DHI



ACKNOWLEDGEMENTS

regardless of appointment type (Figure 3).

Transition to telehealth services during the COVID-

19 pandemic may have improved access for those

below the median household income. It did not

appear to increase equitable access for patients

with CD from underrepresented language and

racial groups. The primary limitation is that these

results may not apply to patients seeking specific

care for CD, as 63% of sampled patients received

care in DHI that may not be related to CD. Future

QI projects could utilize a prospective design to

stakeholders from underrepresented

IMPLICATIONS

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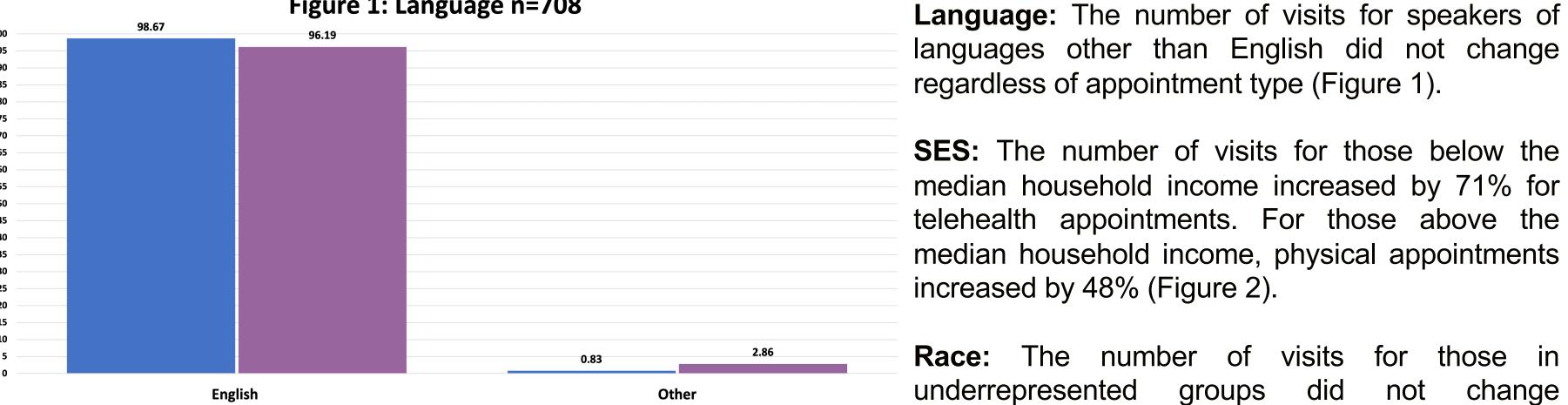
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groups.

¹Lebwohol B, Sanders DS, Green PHR. Coeliac disease. Lancet 2018; 391: 70-81. ²Hill ID, Fasano A, Guandalini S, Hoffenberg E, Levy J, Reilly N, Verma R. NASPGHAN Clinical Report on the Diagnosis and Treatment of Gluten-related Disorders. Journal of Pediatric Gastroenterology and Nutrition. 2016;63(1)156-165.

RESULTS



Underrepresented Groups

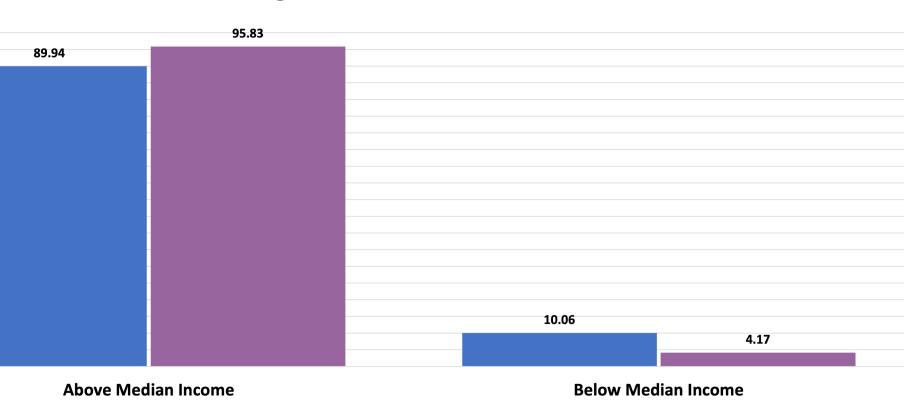
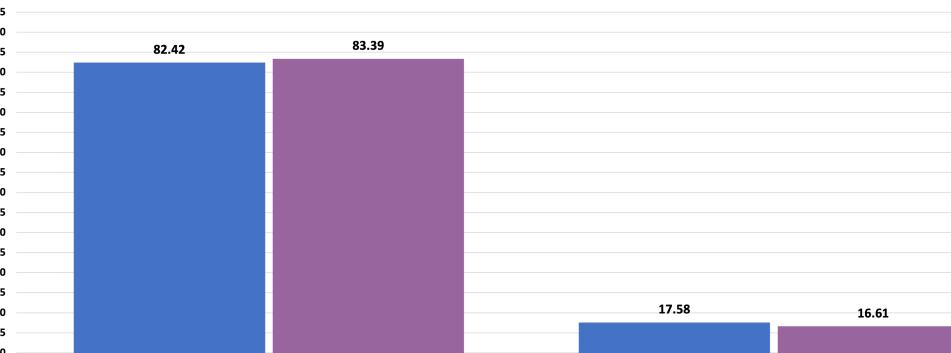


Figure 3: Race n=842



■ Telehealth Appt.

Physical Appt