ABOUT OUR TEAM

The Hospital Follow-up Program is provided by the University of Colorado Division of Community, Population, and Public Mental Health with support from the Colorado Department of Public Health and Environment Office of Suicide Prevention and in partnership with Second Wind Fund.

The Division is dedicated to creating a behavioral health system for Colorado that is accessible, equitable, evidence-based, and excellent.

COLORADO
Office of Suicide Prevention
Department of Public Health & Environment

Second Wind Fund
YOUTH SUICIDE PREVENTION

Because recovery doesn't happen in a day

Hospital Follow-up Program

A hospital visit is only one step in treatment. Most persons need ongoing support after leaving the hospital. Specialists from the Hospital Follow-up Program from the University of Colorado Department of Psychiatry can support your recovery after discharge. This support may include reviewing how well a crisis plan is working or helping you find a behavioral health provider.

Accessing our free services

The Hospital Follow-up Program is free for all patients after receiving behavioral health care in the hospital. Your healthcare provider can refer you to the program. You will receive a phone call from our team after discharge.

The Hospital Follow-up Program is not a therapy service. But—we can help you find the help you need and support your first steps in recovery after discharge. We serve patients of all ages and their families.

If you miss our call, you may call us back at 303-724-7026 during business hours.

If you are experiencing a behavioral health crisis or struggling with thoughts of self-harm, call the crisis line at 988 at any time.

Department of Psychiatry
SCHOOL OF MEDICINE
UNIVERSITY OF COLORADO **ANSCHUTZ MEDICAL CAMPUS**

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