



Department of Psychiatry

SCHOOL OF MEDICINE

UNIVERSITY OF COLORADO ANSCHUTZ MEDICAL CAMPUS

Connections Program for High-Risk Infants and Families

Women's Behavioral Health and Wellness Outpatient Program

Department of Psychiatry CU-SOM

High Risk Pregnancy Group

A place where women can connect, learn, and find support as they navigate their unique experience of pregnancy.

One-hour virtual group held on Thursdays at 11:00am

This virtual therapy group is designed especially for women with high-risk pregnancies to offer support around coping with uncertainty, exploring pregnancy-specific worries, addressing symptoms of anxiety and depression, and exploring concerns around feeling connected to baby.

Contact the **Connections Program** through the Women's Behavioral Health and Wellness Line to schedule an intake appointment for group participation: **303-724-1646** or email **WBHW@cuanschutz.edu**

