



***You are not alone.** One in five babies is fussy, difficult to comfort and may have trouble feeding and sleeping. For parents, caring for a fussy baby can be exhausting and frustrating. There is no quick fix, but there is help.*

Fussy Baby Network® Colorado offers a variety of free services to support parents and caregivers who are concerned about their baby's fussiness. Our team provides phone support to families across the state through our toll-free Warmline at **1-877-6-CRYCARE (1-877-627-9227)**. We're also available for home visits for families who live in the Denver metro area. And for families who prefer a virtual option, we offer video conferencing so we can connect face-to-face from anywhere.

Fussy Baby Specialists are here to:

- Discuss your baby's difficulties with crying, sleeping or feeding
- Think together about strategies to soothe and calm your baby
- Explore more ways to enjoy your baby and take care of yourself
- Coordinate with your baby's healthcare or childcare provider as needed

Services are **FREE**, confidential and available in your preferred language using interpreter services. Fussy Baby Network® Colorado proudly serves moms, dads, grandparents, foster parents and caregivers of all kinds!

For more information:

☎ 1-877-627-9227

✉ fussybabycolorado@cuanschutz.edu

🌐 <https://medschool.cuanschutz.edu/fussybaby>

Scan to visit
our website



Fussy Baby Network® Colorado is an affiliate of the Erikson Institute Fussy Baby Network® and a collaborative project of the Irving Harris Program in Child Development and Infant Mental Health at the University of Colorado Medical School, Department of Psychiatry

