Having a baby with medical complications can be an incredibly stressful and even traumatic experience. Symptoms of anxiety and depression are common. The Connections Program provides family-centered behavioral health services to infants born with medical complications and their families from conception through kindergarten.

What do we provide?

- Individual and/or family therapy during pregnancy and through early childhood for parents, children with medical complications, and their siblings
- Parenting support interventions for parenting a child with special health care needs
- Therapy groups for women with high-risk pregnancies, mothers and infants with medical complications after discharge, and women who experience pregnancy loss in the second or third trimester
- Medication consultation
- Developmental evaluations for children at increased risk for developmental-behavioral disorders due to prematurity or medical conditions, and parenting support around evaluation results

Who do we serve?

- Women experiencing high-risk pregnancies and/or fetal anomalies, and their partners
- Parents of infants born with medical complications
- Infants/toddlers and families during and after neonatal, cardiac, or pediatric ICU stays
- English and non-English speaking families

For more information contact us at 303-724-1646

Medicaid and Commercial Insurance Plans Accepted

Visit our website:

https://medschool.cuanschutz.edu/psychiatry/programs/connections-program
Frequently Asked Questions

Do you accept Medicaid?
Yes. We accept all Colorado Medicaid and some out of state Medicaid plans.

Do you accept private insurance?
Yes. We accept most major commercial insurance plans.

Do you offer telehealth services?
Yes. The majority of our services can be offered in person or via telehealth.

Do I need a referral?
No. We accept both provider referrals and self referrals.

Are services only available for mothers?
No. We offer services to support all family members.

Should I bring my infant to the visit?
You're welcome to bring your infant, but this is not required.
For the mother-baby group after NICU discharge, we do request that your infant attend the group with you.

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