

Department of Psychiatry school of medicine university of colorado **Anschutz medical campus** 

Connections Program for High-Risk Infants and Families Women's Behavioral Health and Wellness Outpatient Program Department of Psychiatry CU-SOM

## Mothers of High-Risk Infants Therapy Group

A place where women can connect, learn, and find support as they navigate the unique experience of parenting medically complex babies.

## One-hour virtual group held on Wednesdays at 1:00pm



This virtual therapy group is for mothers of medically complex infants including those requiring admissions to the NICU or CICU or challenging post-discharge needs.

We aim to offer therapeutic intervention to treat the distress that can come from this experience and encourage connections with other mothers.

Contact the **Connections Program** through the Women's Behavioral Health and Wellness Line to schedule an intake appointment for group participation: **303-724-1646** or email **WBHW@cuanschutz.edu**