**Family Journey Assessment**

|  |  |
| --- | --- |
| Date of FJA Completion: \_\_\_\_\_\_\_\_\_\_\_\_ | Caregiver Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
| Collaborative Entity: \_\_\_\_\_\_\_\_\_\_\_\_\_ | Caregiver DOB: \_\_\_\_\_\_\_\_\_\_ |
| Site ID#: \_\_\_\_\_\_\_\_\_ | Caregiver Gender: M F |
| PSP ID#: \_\_\_\_\_\_\_\_\_ | Child/Youth Name: ­­­­­\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
| Family ID#: \_\_\_\_\_\_\_\_\_ | Child/Youth DOB: \_\_\_\_\_\_\_\_\_\_ |
| Caregiver ID#: \_\_\_\_\_\_\_\_\_ | Child/Youth Gender: M F |
|  | Child/Youth Grade: \_\_\_\_\_ |

How many times have you had direct or telephone contact with this family for more than 30 minutes, including the initial meeting at the start of service? \_\_\_\_\_\_\_\_\_\_

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Time Period** |  | | **Referral Source** |  |
| Baseline | ¡ | | Mental Health | ¡ |
| 3-month Follow-Up | ¡ | | Juvenile Justice | ¡ |
| 6-month Follow-Up | ¡ | | Child Welfare | ¡ |
| 9-month Follow-Up | ¡ | | Education | ¡ |
| Other | ¡ | | Faith-based | ¡ |
| (please specify) |  | | Primary Health | ¡ |
|  |  |  | Health Dept | ¡ |
|  |  |  | Self | ¡ |
|  |  |  | Other | ¡ |
|  |  |  | (please specify below) |  |
|  |  |  |  |

|  |  |  |  |
| --- | --- | --- | --- |
| **Caregiver Relationship to Child/Youth** | | **Caregiver Race/Ethnicity**  **(please check all that apply)** | |
| Mother | ¡ | Asian/Pacific Islander | ¡ |
| Father | ¡ | Black/African/African-American/Caribbean | ¡ |
| Grandparent | ¡ | Hispanic/Latino(a) | ¡ |
| Stepparent | ¡ | Middle Eastern | ¡ |
| Sibling | ¡ | Native American/  American Indian | ¡ |
| Other Relative | ¡ | White | ¡ |
| Foster Parent | ¡ | Other | ¡ |
| Other | ¡ | (please specify) | |
| (please specify) | |  | |
|  | | | |
| **Caregiver Education Level** | |  |  |
| Less than High School | ¡ |  |  |
| Some High School | ¡ |  |  |
| High School Degree | ¡ |  |  |
| Some College | ¡ |  |  |
| College Degree | ¡ |  |  |
| Post-College Degree | ¡ |  |  |

**Comments:** Please note comments you have about the assessment or anything significant about the information above.

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Family Journey Assessment**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Level** | Intensive | Moderate | Supportive | Empowered |
| **Rating** | 1 | 2 | 3 | 4 |
| **Rating Description** | The family member does not demonstrate knowledge and skill without active intervention from FSP. | The family member needs extensive assistance and encouragement from FSP to demonstrate knowledge and skill. | The family member needs limited assistance from FSP to demonstrate knowledge and skill. | The family member demonstrates knowledge and skill without assistance from FSP. |

**Instructions: Fill in the circle corresponding to the rating that best indicates the caregiver’s average level of**

**functioning over the past month. Use the lines below to add any comments to clarify the rating.**

6. Separates the child’s challenges from family/own self-worth

¡ ¡ ¡ ¡

1 2 3 4

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

7. Recognizes own strengths

¡ ¡ ¡ ¡

1 2 3 4

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

8. Recognizes the child’s strengths

¡ ¡ ¡ ¡

1 2 3 4

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

9. Believes that own voice is important

¡ ¡ ¡ ¡

1 2 3 4

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Cluster 2: Family Well-Being**

10. Is involved in decision making within the family

¡ ¡ ¡ ¡

1 2 3 4

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Cluster 1: Self-Knowledge**

1. Communicates needs in order to progress (i.e. related to culture, language, learning and thinking styles)

¡ ¡ ¡ ¡

1 2 3 4

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

2. Understands and accepts the child’s challenges

¡ ¡ ¡ ¡

1 2 3 4

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

3. Recognizes the child’s needs

¡ ¡ ¡ ¡

1 2 3 4

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

4. Recognizes own needs

¡ ¡ ¡ ¡

1 2 3 4

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

5. Sees challenges in an objective way

¡ ¡ ¡ ¡

1 2 3 4

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Level** | Intensive | Moderate | Supportive | Empowered |
| **Rating** | 1 | 2 | 3 | 4 |
| **Rating Description** | The family member does not demonstrate knowledge and skill without active intervention from FSP. | The family member needs extensive assistance and encouragement from FSP to demonstrate knowledge and skill. | The family member needs limited assistance from FSP to demonstrate knowledge and skill. | The family member demonstrates knowledge and skill without assistance from FSP. |

11. Participates in decision making with those

involved in the child’s care

¡ ¡ ¡ ¡

1 2 3 4

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

12. Feels connected and supported by formal child-serving systems

¡ ¡ ¡ ¡

1 2 3 4

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

13. Accesses and feels supported by natural supports

¡ ¡ ¡ ¡

1 2 3 4

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

14. Develops and maintains a daily routine

¡ ¡ ¡ ¡

1 2 3 4

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

­­

**Cluster 3: Seeks Information**

15. Gathers information, resources, or materials to improve the situation

¡ ¡ ¡ ¡

1 2 3 4

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

16. Uses knowledge to navigate child-serving

systems and other community-based services

¡ ¡ ¡ ¡

1 2 3 4

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Cluster 4: Collaborates With Others**

17. Works with others to achieve goals

¡ ¡ ¡ ¡

1 2 3 4

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_­­\_\_\_

18. Seeks assistance and works with others to find supports

¡ ¡ ¡ ¡

1 2 3 4

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_­­\_\_\_

19. Connects with other sources of informal family supports (in person or through the internet)

¡ ¡ ¡ ¡

1 2 3 4

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_­­\_\_\_

­­

20. Demonstrates willingness to meet others halfway in order to progress (i.e. due to limitations of resources/ jobs of other formal supports)

¡ ¡ ¡ ¡

1 2 3 4

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_­­\_\_\_

­­

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Level** | Intensive | Moderate | Supportive | Empowered |
| **Rating** | 1 | 2 | 3 | 4 |
| **Rating Description** | The family member does not demonstrate knowledge and skill without active intervention from FSP. | The family member needs extensive assistance and encouragement from FSP to demonstrate knowledge and skill. | The family member needs limited assistance from FSP to demonstrate knowledge and skill. | The family member demonstrates knowledge and skill without assistance from FSP. |

26. Demonstrates effective advocacy

¡ ¡ ¡ ¡

1 2 3 4

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_­­\_\_\_\_\_\_

27. Is clear about the issues affecting the child and

family and is able to discuss and communicate

those issues in a constructive way

¡ ¡ ¡ ¡

1 2 3 4

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_­­\_\_\_\_\_\_

28. Utilizes the available spectrum of formal support

¡ ¡ ¡ ¡

1 2 3 4

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_­­\_\_\_\_\_\_

**Cluster 6: Coping Skills**

29. Understands that having a range of feelings is normal and is coping well nevertheless

¡ ¡ ¡ ¡

1 2 3 4

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_­­\_\_\_\_\_\_

30. Demonstrates resiliency and perseverance

¡ ¡ ¡ ¡

1 2 3 4

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_­\_\_\_\_\_\_

21. Shares their story with others

¡ ¡ ¡ ¡

1 2 3 4

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_­­\_\_\_

**Cluster 5: Uses Newly Attained Knowledge**

23. Uses knowledge about resources in the community and beyond in an effective way

¡ ¡ ¡ ¡

1 2 3 4

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_­­\_\_\_

24. Attends, participates in, and speaks up during meetings

¡ ¡ ¡ ¡

1 2 3 4

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

25. Communicates effectively

¡ ¡ ¡ ¡

1 2 3 4

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Level** | Intensive | Moderate | Supportive | Empowered |
| **Rating** | 1 | 2 | 3 | 4 |
| **Rating Description** | The family member does not demonstrate knowledge and skill without active intervention from FSP. | The family member needs extensive assistance and encouragement from FSP to demonstrate knowledge and skill. | The family member needs limited assistance from FSP to demonstrate knowledge and skill. | The family member demonstrates knowledge and skill without assistance from FSP. |

34. Develops a plan of care

¡ ¡ ¡ ¡

1 2 3 4

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_­\_\_\_

35. Carries out the plan of care

¡ ¡ ¡ ¡

1 2 3 4

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_­\_\_\_

36. Possesses and uses effective coping skills

¡ ¡ ¡ ¡

1 2 3 4

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_­\_\_\_

31. Understands and takes care of self

¡ ¡ ¡ ¡

1 2 3 4

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_­\_\_\_

32. Knows how to reduce stress

¡ ¡ ¡ ¡

1 2 3 4

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_­\_\_\_

33. Handles crises effectively

¡ ¡ ¡ ¡

1 2 3 4

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_­\_\_\_

**FJA Core Scale Score Sheet**

**(optional)**

|  |  |
| --- | --- |
| **Item** | **Rating** |
| **CLUSTER 1: SELF-KNOWLEDGE** |  |
| 1. Communicates needs related to culture, language, learning, and thinking styles in order to progress |  |
| 1. Understands and accepts the child’s challenges |  |
| 1. Recognizes the child’s needs |  |
| 1. Recognizes own needs |  |
| 1. Sees challenges in an objective way |  |
| 1. Separates the child’s challenges from family/own self-worth |  |
| 1. Recognizes own strengths |  |
| 1. Recognizes the child’s strengths |  |
| 1. Believes that own voice is important |  |
| Total for Cluster 1: Self-Knowledge = |  |
| Total for Cluster 1: \_\_\_\_\_\_\_\_\_\_ / 9 = |  |
| **Average for Cluster 1: Self-Knowledge** |
| **CLUSTER 2: FAMILY WELL-BEING** |  |
| 1. Is involved in decision making within the family |  |
| 1. Participates in decision making with those involved in the child’s care |  |
| 1. Feels connected and supported by formal child-serving systems |  |
| 1. Accesses and feels supported by natural supports |  |
| 1. Develops and maintains a daily routine |  |
| Total for Cluster 2: Family Well-Being = |  |
| Total for Cluster 2 \_\_\_\_\_\_\_\_\_\_ / 5 = |  |
| **Average for Cluster 2: Family Well-Being** |
| **CLUSTER 3: SEEKS INFORMATION** |  |
| 15. Gathers information, resources, or materials to improve the situation |  |
| 16. Uses knowledge to navigate child-serving systems and other community-based services |  |
| Total for Cluster 3: Seeks Information = |  |
| Total for Cluster 3 \_\_\_\_\_\_\_\_\_\_ / 2 = |  |
| **Average for Cluster 3: Seeks Information** |

|  |  |
| --- | --- |
| **Item** | **Rating** |
| **CLUSTER 4: COLLABORATES WITH OTHERS** |  |
| 17. Works with others to achieve goals |  |
| 18. Seeks assistance and works with others to find supports |  |
| 19. Connects with families having similar experiences |  |
| 20. Demonstrates an understanding of others’ perspectives and the constraints of their  situations |  |
| 21. Shares their story with others |  |
| 22. Participates in family support activities and events in person or through the internet |  |
| Total for Cluster 4:  Collaborates with Others = |  |
| Total for Cluster 4 \_\_\_\_\_\_\_\_\_\_ / 6 = |  |
| **Average for Cluster 4:**  **Collaborates with Others** |
| **CLUSTER 5: USES NEWLY ATTAINED KNOWLEDGE** |  |
| 23. Uses knowledge about resources in the community and beyond in an effective way |  |
| 24. Attends, participates in, and speaks up during meetings |  |
| 25. Communicates effectively |  |
| 26. Demonstrates effective advocacy |  |
| 27. Is clear about the issues affecting the child and family and is able to discuss and  communicate those issues in a constructive way |  |
| 28. Utilizes the available spectrum of support |  |
| Total for Cluster 5:  Uses Newly Attained Knowledge = |  |
| Total for Cluster 5 \_\_\_\_\_\_\_\_\_\_ / 6 = |  |
| **Average for Cluster 5:**  **Uses Newly Attained Knowledge** |
| **CLUSTER 6: COPING SKILLS** |  |
| 29. Understands that having a range of feelings is normal and is coping well nevertheless |  |
| 30. Demonstrates resiliency and perseverance |  |
| 31. Understands and takes care of self |  |
| 32. Knows how to reduce stress |  |
| 33. Handles crises effectively |  |
| 34. Develops a plan of care |  |
| 35. Carries out the plan of care |  |
| 36. Possesses and uses coping skills |  |
| Total for Cluster 6: Coping Skills = |  |
| Total for Cluster 6 \_\_\_\_\_\_\_\_\_\_ / 8 = |  |
| **Average for Cluster 6: Coping Skills** |
|  |  |
| Total for Cluster 1: Self-Knowledge |  |
| Total for Cluster 2: Family Well-Being |  |
| Total for Cluster 3: Seeks Information |  |
| Total for Cluster 4: Collaborates with Others |  |
| Total for Cluster 5: Uses Newly Attained Knowledge |  |
| Total for Cluster 6: Coping Skills |  |
|  |  |
| **FJA CORE SCALE TOTAL SCORE** |  |