



We are excited to reintroduce Dr. Jodi Zik, our Child Psychiatrist with the Colorado Integrated Behavioral Health Plus (CIBH+) service. Dr. Zik is an Assistant Professor at the University of Colorado School of Medicine, specializing in trauma, early life stress, and family-centered care. She brings extensive experience and a deeply patient-centered approach to her work with children and families navigating complex and challenging situations.

Dr. Zik partners closely with patients and their families, utilizing evidence-based treatment strategies tailored to each individual's unique needs. Families consistently share that she creates a welcoming and inclusive environment where everyone feels heard, supported, and engaged throughout the care process.

Education & Training

- BS in Psychology, University of Texas at Austin
- MD from University of Texas, School of Medicine at San Antonio
- Residency in Adult Psychiatry and Fellowship in Child and Adolescent Psychiatry, University of Colorado School of Medicine

Fun Facts about Jodi

- She's a dedicated gardener and hopes to begin keeping bees in the near future.
- She loves cooking—especially with vegetables from her own garden.
- She's an avid reader and never turns down a good book recommendation.

Dr. Zik is available for referrals for patients up to age 25 for child, adolescent, and young adult psychiatry visits. If you have any questions about the referral process, please contact the CIBH+ Telepsychiatry Coordinator, Melissa Gallegos, at Melissa.Gallegos@cuanschutz.edu.

