

# Sip and Chat Schedule

Please join our faculty and residents to discuss specific topics related to our residency and curriculum. These will be taking place on Thursday evenings from 7:15-8pm MST via Zoom. Please know that these evening events are **not required** and your participation will in no way affect the status of your application or how we rank you. They are designed to help YOU get to know US.

Date

Topic

**October 28<sup>th</sup>, 2021**

## **Maternity Care and Inpatient Medicine**

Come learn about our Advanced Maternity Care Concentration (AMCC), options for termination training, gynecologic training, and more! Featuring faculty and residents from the AMCC!

We spend a lot of time on our two inpatient family medicine services. We'll tell you how we balance inpatient medicine and OB, what it looks like to have an inpatient team staffed completely by family medicine, and where you can get the best chocolate cake at 12am.

**November 4<sup>th</sup>, 2021**

## **Underserved and Refugee Care**

Over 60,000 refugees have resettled in the metro Denver area since 1980, and we are the doctors for many of them. Blending global health, infectious disease pathophysiology, trauma-based care, policy, and advocacy, our residents are uniquely trained to take care of refugees and immigrants from around the world.

**November 11<sup>th</sup>, 2021**

## **Advanced Primary Care, Sports Medicine, Academics and Teaching**

One of our clinic sites has been recognized for its unique approach to providing primary care. Find out what it looks like to provide care in our AF Williams clinic and how residents are involved in shaping the future of primary care.

Is it your dream to stand courtside as a professional athlete sustains a season-ending injury? Does the rotator cuff give your life meaning? Do you love wearing polos? If so, then we would love to chat with you about all the sports medicine opportunities



# Family Medicine Residency

UNIVERSITY OF COLORADO **ANSCHUTZ MEDICAL CAMPUS**

## Sip and Chat Schedule

we have including being a team doc for high school athletics, rotating at our clinic in Winter Park, and preparing you for our sports medicine fellowship.

A residency program spanning two health systems has its perks- we have tons of great teachers in both academic and community settings. We'd love to talk to you about our preceptors, didactics, opportunities to work with med students, and give you a little insight into what in the world a Chautauqua is.

**November 18<sup>th</sup>, 2021**

### **Community Medicine, Policy, and Advocacy**

We know our patients don't live in a bubble. Whether it's learning about our patient's communities through the PHACE curriculum, rotating through the Farley Health Policy Center, or meeting up with faculty at our monthly journal club, we are always finding ways to understand the world around us and utilize our resources to improve opportunities for health in our community.

**December 2<sup>nd</sup>, 2021**

### **Social Justice, DEI, and LGBTQ Care**

We believe medicine is a tool for social change and seeking equity. Whether through self-examination in our development as physicians, advocacy on behalf our patients and communities, or tough conversations with colleagues and friends, residents and faculty alike at UCFMR have chosen to become inclusive, inquisitive, and anti-racist physicians. UCFMR is a welcoming and affirming space for LGBTQ residents to train. We offer a longitudinal LGBTQ health curriculum and clinical training opportunities to expand skills and knowledge needed to care for LGBTQ patients, including gender affirming hormone therapy. Come learn about our Social Justice Working Group, efforts to improve diversity, equity and inclusion in our institutions, and our commitment to providing care to LGBTQ communities in Colorado.



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UNIVERSITY OF COLORADO **ANSCHUTZ MEDICAL CAMPUS**

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**December 9<sup>th</sup>, 2021**

## **Integrated Behavioral Health and Medication Assisted Treatment**

The pandemic has influenced access to care as well as been linked to increased mental health and addiction rates in Colorado. Amidst the pandemic depression, anxiety, and overdose rates are soaring; it is inevitable that patients struggling with these issues will seek primary care near you! Join us for a stimulating sip and chat designed to discuss the innovative ways we offer integrative behavioral health and medication assisted treatment for addiction for our patients and training for residents.

**December 16<sup>th</sup>, 2021**

## **Life in Denver, Family and Significant Others**

Do you have questions about: Childcare? The job market for your SO? Epic vs Icon ski pass? Where to live? Whether it lives up to the nickname "Menver"? Join us, and bring your SOs, too!

### **Zoom Information:**

Please see Sip and Chat schedule in Thalamus for Zoom details.



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UNIVERSITY OF COLORADO **ANSCHUTZ MEDICAL CAMPUS**