

Welcome to UCFMR!

RECRUITMENT SEASON
2022





What's the mission?

The University of Colorado Family Medicine Residency trains family medicine residents to be innovators, educators, and leaders who deliver high quality, evidence-based, broad spectrum, family-centered care strengthened by relationship over time to the diverse communities of Colorado and beyond.

We believe that our diversity in thought, people, and experiences will make us better able to meet the health needs of future generations.



What really makes us different?

If a cutting-edge urban safety net and a vibrant university community had a beautiful baby...



What you'll
find here...

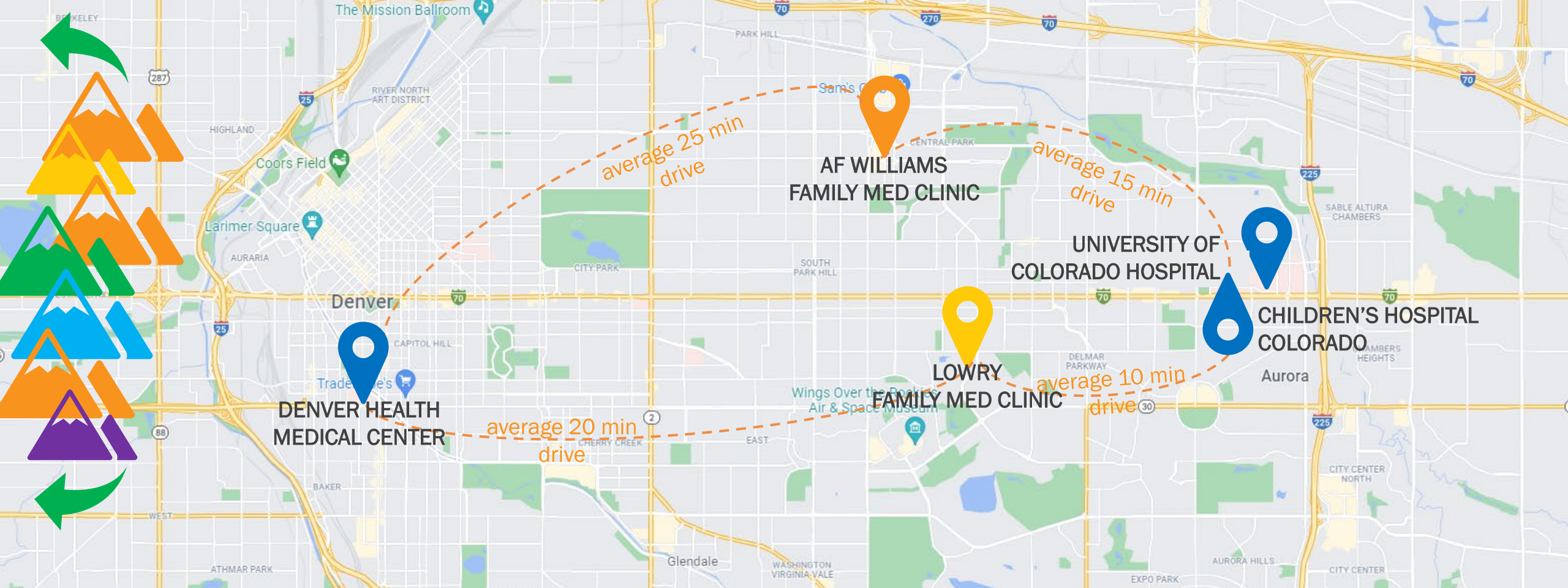


CORE TRACKS



Three training tracks





Where are our training sites?

University Track's clinic = AF Williams | Denver Health Track's clinic = Lowry





University

AF Williams Family Medicine Clinic

Urban Underserved Clinic

29% Medicaid | 21% Medicare
50% commercial

Highest patient complexity scores and lowest
readmission rate of all CU FM clinics

6 residents per year

Leadership

Faculty

Didactics

Curriculum

Rotations

Inpatient
services



Denver
Health

Lowry Family Health Center

Federally Qualified Health Center

68% Medicaid | 7% Medicare
10% commercial | 13% CO indigent care

Denver Health's refugee clinic with 50% of
patients non-English, non-Spanish speaking

5 residents per year





What is each
clinic's special
niche?



AF Williams Family Medicine Clinic

Urban Underserved Clinic

Innovative Primary Care

Academic Medicine

Sports Medicine

Medical Abortion Training

Medication-
Assisted
Treatment for
Substance Use
Disorders

Gender-
Affirming Care

Procedural
Training

Lowry Family Health Center

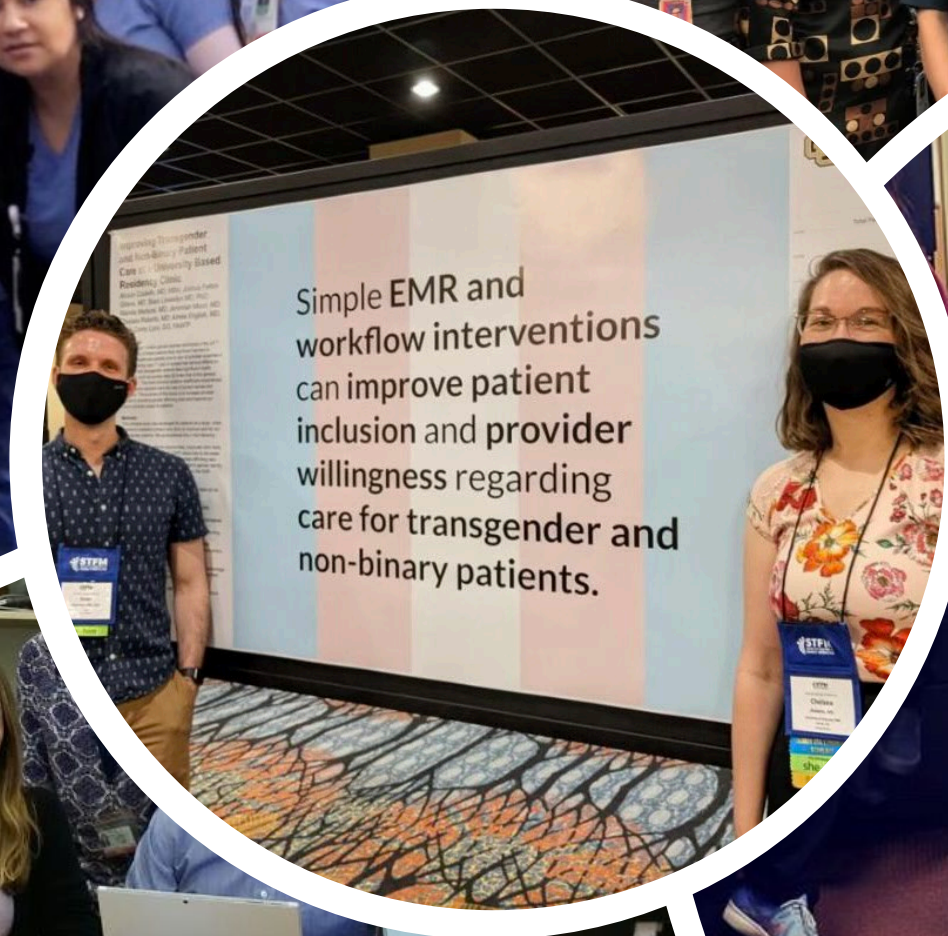
Federally Qualified Health Center

FQHC-based Care

Immigrant Care

Refugee Care







Quality teaching institutions

UNIVERSITY OF COLORADO HOSPITAL | DENVER HEALTH MEDICAL CENTER | CHILDREN'S HOSPITAL COLORADO



University of Colorado Hospital

Where **all** do inpatient medicine on
our **Family Medicine Inpatient
Services** (FMIS A/B) & OB R2
Rotation

And where **some** do IM, EM,
newborn, ICU and more...



Denver Health Medical Center

Where **all** do Adult Family
Medicine, OB R1 rotation, surgery
& geriatrics

And where **some** do IM, EM, Peds,
newborn, ICU & more...



Children's Hospital Colorado

Where **some** do inpatient
pediatrics, outpatient pediatrics,
pediatric emergency medicine,
and pediatric electives



What
does being
on the frontier of
residency
education look
like?

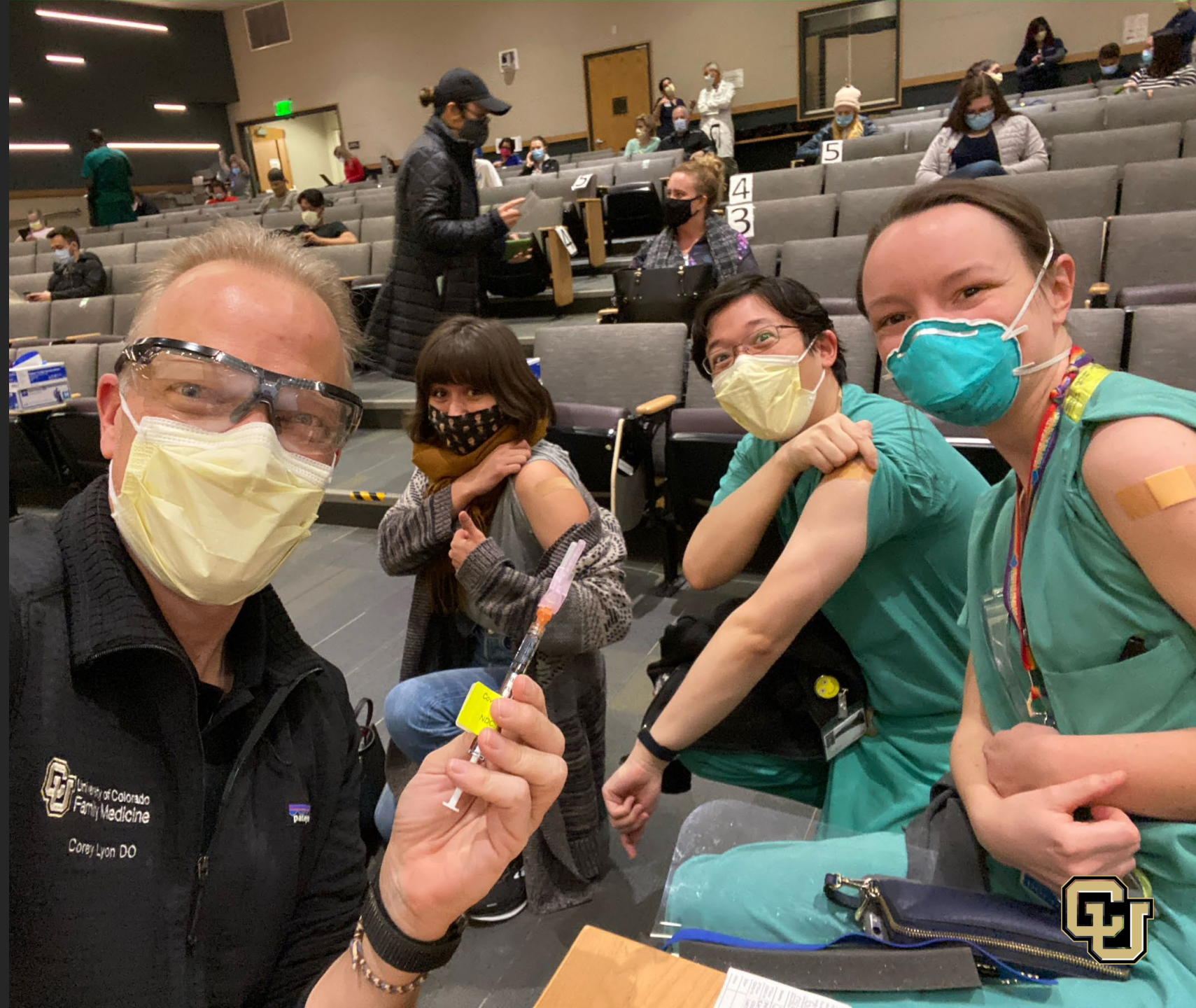


Original Recipe

- Advanced Primary Care Redesign
- Community Engagement
- Behavioral Health Integration
- Physician Wellness
- Health Systems Leadership Training

Further Improvements!

- Cutting Edge Curriculum
- Being Open to New Curricular Structures



Nationally recognized advanced primary care curriculum

- Longitudinal Leadership, Practice Transformation, QI, community medicine curricula all years
- Advanced Primary Care Leadership (APL 1) Month PGY2
- APL 2 Month PGY3



Community Engagement

Population
Health
Advocacy, and
Community
Engagement



Behavioral Health Integration

Psychologists and psychiatrists
at both clinics offering co-
consultations

Full-time Director of Behavioral
Health Education (Alex Reed,
PsyD) who plans didactics,
longitudinal curriculum, electives



Physician Wellness

Longitudinal Curriculum

- Self-Awareness
- Mindfulness
- Gratitude
- Empathy
- Purposefulness
- Self-Care
- **PERFECT DAY**

GME-sponsored

- Wellbeing Half Days
- Establish with a PCP
- Mental Health appointments



Cutting Edge Curricular Advances

Didactics Series

- Addiction Medicine and Medication-Assisted Treatment
- LGBTQ+ Care
- Gender-Affirming Care
- Health Policy and Advocacy
- Diversity, Equity, Inclusion and Anti-racism
- Racial Caucusing
- Point-of-Care Ultrasound
- Reproductive Healthcare
- Theme Days
- Behavioral Health



Innovative Curricular Structure

How do we fit it all in?

- PGY1 Redesign: Intentional learning months followed by grouped rotations
- “Just-in-time” R1 curriculum that prepares you for the rotations that follow
- *“The Chautauquas have gone a long way in helping me feel more comfortable and prepared.”*



Jul	Aug	Sep	Oct	Nov	Dec
Chautauqua	Medicine	Surgery	Emergency Medicine	Chautauqua	Outpatient Pediatrics

Jan	Feb	Mar	Apr	May	Jun
Newborn Care	Obstetrics	Adult Family Medicine Service (DH)	Family Medicine Service (UH)	Pediatric ED	Chautauqua

UCFMR PGY 1 Sample Schedule



What's in a Chatauqua?

Themes: Med/Surg | OB/Peds |
ICU/Clinic

- Medical knowledge review
- Procedure workshops
- Advanced life support classes
ACLS | ALSO | PALS | NRP

Clinic time and outpatient skill-
building

- Panel management | Epic skills

Longitudinal projects and
experiences

- Practice Innovation | Community
Engagement | Physician
Wellness Information Mastery



What **else** is in a
Chatauqua?

Bonding time with
your co-residents!





What
else should
you know
about
UCFMR?



Excellent musculoskeletal training for all

- Two Sports Medicine Trained Faculty in our Core Faculty
- MSK 1 Rotation in Denver
- MSK 2 Rotation at our clinic at the base of Winter Park
- Amazing support/research for those seeking fellowships



Excellent preparation for academic careers

Med students on our teaching services and in our clinics

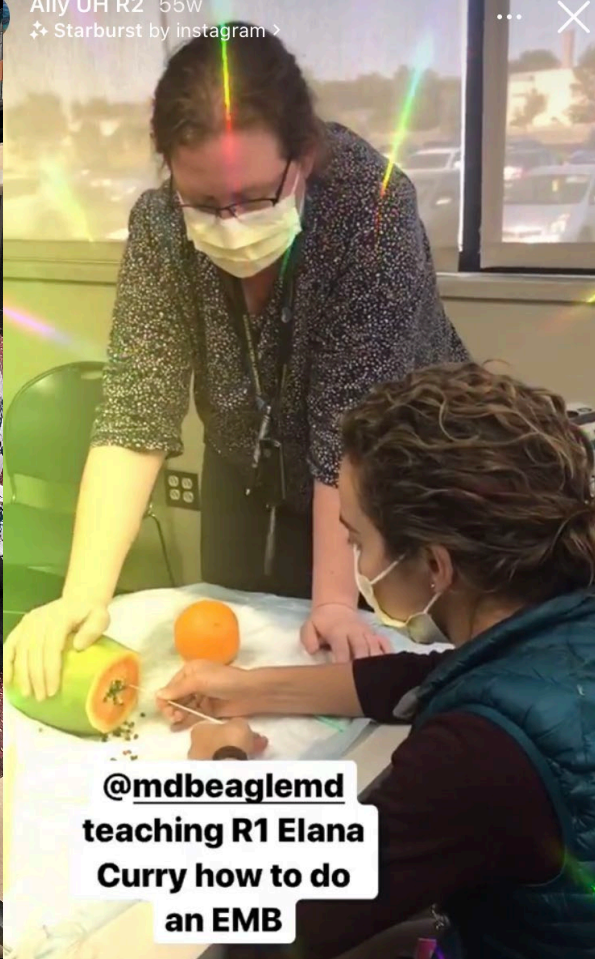
Some content in didactics on teaching, giving feedback to learners

Excellent mentorship with core faculty in academic careers

Can supervise at student-run free clinic (DAWN clinic)

Dedicated elective in Residents as Educators (like a mini academic fellowship)





Maternity
Care, basic
and advanced

What does everyone do?

- PGY1 Rotation at DH
- PGY2 Rotation at UH

What if I want more?

- Advanced Maternity
Care Concentration

How do we compare nationally?

- Classes of 2010-2020
48% prenatal work
26% perform vaginal deliveries
(19% & 17% nationally)

Other Concentrations

Leadership Concentration

- 18 months evening content taught by all-FM faculty

DAWN Concentration

- Student-run free clinic



Lots of neat evening working groups

Health Policy Journal Club

Refugee Health

Social Justice Working Group

Advanced Maternity Care Concentration

Longitudinal Leadership Concentration

Track Family Dinners

BIPOC Dinners



A scenic landscape photograph showing a calm lake in the middle ground, surrounded by green hills and forests. In the background, a range of mountains with significant snow cover is visible under a blue sky with scattered white clouds. The foreground is dominated by large, light-colored, jagged rocks. Several evergreen trees are scattered throughout the scene, some framing the view.

What about
the new
ACGME
requirements?



New ACGME req's: An all-residency curriculum retreat

- Gathered input from all of our program – interns to faculty
- Residency leadership developing a timeline to implement changes and identifying faculty leaders to implement
- Planning to update all of our rotational Goals and Objectives
- Focus on clinical work and community engagement beyond current longitudinal curriculum – *how will we take our current curriculum to the next level?*



New ACGME req's: Any BIG changes?

- Nope, just ongoing improvements.
- Evaluating all rotations to align with new ACGME changes and training goals.
- Planning some revisions to Chautauquas but will remain in place next year.
- Intern year will remain unchanged; possible curricular advancement in year 2 and 3



Commitment to Diversity, Equity, Inclusion and Anti-Racism

Humble but tangible steps—proud but not satisfied

- Holistic review with more standard interview of residents over past four years
- ACGME Pilot Working Group for faculty and staff applicants
- Social Justice Working Group and Social Justice Book Club
- Implicit Bias, upstander, and microaggression training for all faculty and residents
- Racial Caucusing in didactics
- LGBTQ+ curriculum, transgender and non-binary patients in resident panels
- Including equity/social determinants in M&M
- Core residency faculty member is Family Medicine Vice Chair for Diversity, Equity, and Inclusion
- The MARC: Minority & Allied Resident Council



What I want you to remember...

We value making the best family physicians through commitments to

- Inquiry and Innovation
- Collaboration and Teamwork
- Leadership skill building
- Diversity, Equity, Inclusion and Anti-Racism



Thank you for interviewing with us!



Family Medicine Residency

UNIVERSITY OF COLORADO **ANSCHUTZ MEDICAL CAMPUS**

