

Our Training Tracks

Our vibrant residency attracts outstanding residents to our three training tracks: University Track, Denver Health Track, and our Rural Training Track.

The major difference between the University and Denver Health tracks is the resident's continuity clinic sites: University Track residents see continuity patients at UHealth's A.F. Williams Family Medicine Center while Denver Health Track residents practice at Denver Health's Lowry Family Health Center. Otherwise, residents in these tracks share the same rotations, electives, didactics, faculty, mentors, and leadership.

Residents in our Rural Training Track spend their intern year in Denver with all other interns, seeing patients at A.F. Williams Family Medicine Clinic and enjoying a customized set of intern rotations preparing them for practice in Fort Morgan, Colorado, where they complete their last two years of training. They see continuity patients at Salud Family Health Center's Fort Morgan Clinic and complete many rotations at Colorado Plains Medical Center. They attend didactics with other residents via remote access.

Our graduates are prepared to practice in a variety of settings, regardless of their training track.

Denver Health Track

- Residents complete a one-month elective rotation, chosen from a selection of underserved medicine opportunities. Examples include: refugee health, healthcare for the homeless, Indian Health Service, substance abuse treatment, or a rural rotation.

Continuity clinic: Denver Health's Lowry Family Health Center

- Denver Health is Denver's primary safety net hospital system and includes nine Federally Qualified Health Centers, including Lowry, and seventeen school based health centers. Denver Health has over 50 years of experience running FQHC's and opened the first FQHC west of the Mississippi
- Lowry is located in the Lowry neighborhood in east Denver, about 3 miles south of the A.F. Williams Family Medicine Clinic.
- Denver Health partners with the Colorado Refugee Services Program and Colorado Department of Human Services to offer health screenings to new refugees or asylees in the Denver Health Refugee Clinic, incorporated within the Lowry Family Health Center.
- Patient population: Lowry's patients are incredibly diverse and come from several nearby communities, including the East Colfax neighborhood of Denver and various parts of Aurora. We serve a large population of recent immigrants and refugees from around the world, including Central and South America, several regions of Africa, Southeast Asia, and the Middle East. The majority of our patients are insured through Medicare/Medicaid, and a proportion of our patients are uninsured and receive care through a sliding fee scale. Overall, 40% of patients are African-American and 30% are Latino. Approximately 50% of patients speak neither English nor Spanish.
- Providers at Lowry work within interdisciplinary care teams that include a psychiatrist and psychiatry residents, psychologists, an addiction management specialist, clinical pharmacist, social worker, patient navigators, telephonic interpretation services, and an in-person Nepali interpreter.
- The clinic provides several areas of specialized care, including addiction clinic with medication assisted treatment, sports medicine, podiatry, latent TB treatment, HIV, and care for transgender patients.
- Certified by NCQA as a Level 3 PCMH.

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University Track

- Residents complete a one-month rural rotation at one of ten sites in rural Colorado, sponsored by the Colorado Association of Family Medicine Residencies.

Continuity clinic: A.F. Williams Family Medicine Center

- Recognized for being innovative:
 - Second residency practice in the nation recognized as an NCQA Patient-Centered Medical Home.
 - 2014 PCMH Practice of the Year awarded by the Colorado Academy of Family Physicians.
 - 2016 STFM Innovative Practice Award, given to the top residency practice in the nation leading practice transformation.
 - Implemented the Primary Care Redesign clinic model in 2015, an advanced practice model that brings interprofessional care into the work we do for each patient, which was recently published in the Annals of Family Medicine as way to prevent physician burnout and improve quality outcomes.
- Providers at A.F. Williams work within interprofessional teams that include pharmacists, behavioral health providers, social workers, care managers, patient navigators, sports medicine physicians, chronic pain/substance abuse specialists, and psychiatrists and psychiatry residents.
- Our care team manages patients with high complexity and our transitions of care program, which includes home visits, identifies and manages high-risk patients as they are discharged from the hospital and transition to care in the outpatient setting.
- We serve a diverse patient population with about 30% of patient visits covered by Medicare or Medicaid.
- We are certified by the National Committee for Quality Assurance (NCQA) as a Level 3 Patient Centered Medical Home (PCMH).

Rural Training Track

- Residents complete their first year in Denver and their final two years in Fort Morgan, Colorado, a town of a little over 10,000 people 85 miles northeast of Denver.
- The first year of Family Medicine Residency training is devoted to basic family medicine skills required to evaluate, diagnose and treat patients with a wide variety of illnesses and conditions. This year is spent with at the University of Colorado in Denver. Training is divided between A.F. Williams Family Medicine Clinic, Emergency Medicine, ICU, Obstetrics and Pediatric Care rotations. Clinical educational activities occur at three affiliated hospitals: University of Colorado Hospital (UCH), the Denver Health Medical Center (DHMC), and Children's Hospital Colorado (CHC).
- During the last two years of training, residents spend most of their time at the Colorado Plains Medical Center (CPMC) and the outpatient clinic, Salud Family Health Center of Fort Morgan. CPMC is a 50 bed, acute care hospital. It supports 2 counties with approximately 35,000 residents. While most of the training will be in either the Salud or CPMC, residents will also spend time in the community. The Geriatric Rotation in the 2nd year will take place at a nursing home in Fort Morgan.
- The program has taken steps to help the trainees manage the balance of home life and their training. Residents attend lectures and meetings in Denver via Zoom their travel time.
- Additionally, the program works to help residents obtain housing in Fort Morgan. We provide a housing stipend of \$300 per month for all three years of training.