Advanced Maternity Care Concentration: UCFMR Training Guidelines

Family Medicine graduates from UCFMR can achieve one of three levels of competency based on the desired skill set of the resident and the knowledge needed to function as a senior on the required rotations. AMCC is open to all residents interested in advanced OB experience and formally begins in July of the PGY-2 year and continues until graduation. Three competency levels include AMCC Comprehensive OB Concentration, AMCC Prenatal Concentration, and standard UCFMR OB Requirements.

At UCFMR, the training guidelines include three levels.

- 1. UCFMR OB Requirements: This is the expectation for all residents and the minimum required to be a senior in our inpatient service and skillfully manage obstetric patients that may appear in the outpatient setting.
- 2. AMCC Comprehensive OB Concentration: This educational program is for residents who want a more robust skillset enabling them to perform low-risk vaginal deliveries upon graduation, plus prenatal care. Delivery number requirements are higher. See the criteria below for AMCC participation.
- 3. AMCC Prenatal Concentration: This educational program is for residents who plan to provide prenatal and postpartum care only upon graduation. This includes managing common prenatal diagnoses, including GDM, HTN disorders, fetal growth restriction, TOLAC counseling, and follow-up for cesarean section patients.

UCFMR Number Requirements for Maternity Care Training

| Skills and Procedures | All Residents | AMCC – Comprehensive OB Concentration | AMCC - Prenatal Concentration |
|------------------------------------|-----------------------|--|-------------------------------------|
| Continuity cases* | 10 | 10 (10 deliveries*) | 10 (10 deliveries*) |
| Intrapartum care | After R2 rotation: 30 | After R2 rotation: 30 | After R2 rotation: 30 |
| | | By graduation: 80 | By graduation: 40 |
| Vaginal Deliveries | 20 | 80 | 40 |
| Operative Vaginal Deliveries** | 0 | 0 | 0 |
| Perineal Repairs | 5 | 20 | 10 |
| 3rd /4th degree laceration repairs | 0 | 0 | 0 |
| Cesarean assist | 0 | 5 | 2 |

^{*}CONTINUITY DELIVERY: The delivery counts as continuity if the resident provided patient care in 2 of 3 clinical arenas: 1. prenatal care, 2. labor or delivery, and 3. postpartum care. The AMCC resident is expected to make every effort to manage labor and perform the delivery. We recognize that residents have other responsibilities that may preclude them from managing portions of the labor and even delivering the baby. This definition of continuity delivery emphasizes labor management.

^{**}Family Medicine physicians offering intrapartum maternity care should be trained in vacuum-assisted vaginal delivery. However, the national operative vaginal delivery rate of 3% may preclude some residents from attaining sufficient experience. We can use simulation models for training.