

OCTOBER 2019



# FROM OUR DIRECTOR

Dear SNOCAP partners,

It was great to see many of you at our Convocation last month in Lakewood. Our team here would like to thank each of you that made the journey and sacrificed your time and income to be with us. We had folks join us by plane, train, and car. We had a cohort of friends come down from Wyoming to see what SNOCAP is up to, work to make or further connections, and begin to plan ahead for their own PBRN future. We even had two SNOCAP staff babies present! We're training the next generation early!

Please read on to see how you can continue to connect--by Twitter, email, website, or monthly meeting. We encourage your presence and input and thank those that have been able to partake in SNOCAP activities and projects over the past few years.

Below you will find a first attempt at summarizing the main points of the weekend. We will work over the next few months to make sense of the evaluation data and priority setting notes and will get that all back to you. In the meantime, thank you again and we hope to be in touch soon!

- Don

CONTACT DR. NEASE









# SNOCAP Convocation Recap!

The 2019 SNOCAP Convocation took place on Friday and Saturday, September 20th and 21st in Lakewood, Colorado.

Convocation is a convening of practices, patients/community members, researchers, and other partners. This is a time to come together, share

struggles and successes, find community with others, and plan ahead for future work together.

This year we focused on the voices of our practices and patients that have participated in SNOCAP work in the past to see how others can learn from their experiences and hear lessons learned "from the field." Ashley Espinoza, Christin Sutter, Kristen Williams, and Sandi Garcia, all from rural areas of Colorado, Colorado got on stage to discuss their role in the community, in the practice, and in PBRN work, and answered questions from the other participants in the room. This session was new this year and was a huge hit! Additionally, SNOCAP members shared issues that are arising as priority topics in their areas of the state. The three topics that arose in 2019 were: Mental Health/Substance Use, Discrimination, and Gun Violence. These big, broad topics were discussed in a number of small breakout groups to see what the issue was, why it is an issue or why it exists, and what SNOCAP and others can do to work to begin addressing these three priority areas. The other priority topics were noted and will be kept for further use in the future.

Lastly, another new session at this year's event was ending the time together with two brief consultations. Two groups came up to share the work they're participating in to get feedback, confirmation that it's an important topic, and to begin linking to resources, interested parties, and immediate next steps.

Thanks so everyone that came from all corners of the state by car, train, and plane to participate. Thank you to all of our presenters, hosts, table exhibitors, and guests. We are looking forward to getting out a more thorough recap of the event and will post that to this site in the near future.

Please take some time to fill out the online evaluation form if you have not yet done so, and then head over to take a look at the seven Lightning Round Research presentations included by clicking on the "see presenter slides" link below.

Reach out to Mary Fisher (mary.fisher@cuanschutz.edu) if you have additional questions or comments.

CLICK HERE to fill out SNOCAP Convocation Evaluation

CLICK HERE to see presenter slides

### STUDY UPDATES & REQUESTS

CATAPULT ATRIAL FIBRILLATION - SURVEY REQUEST

SNOCAP has been working with a team from the Adult



and Child Consortium for Health Outcomes Research and Delivery Science (ACCORDS) on the Anschutz Campus. Their team is made up of: Dr. Dan Matlock, Dr. Jodi Holtrop, and Ms. Pilar Ingle. Read on to see if you would be willing to help them with a brief survey on atrial fibrillation:

This survey is part of preliminary work for a grant submission, where we plan to develop CATAPULT as an implementation strategy by means of implementing patient decision aids for stroke reduction in atrial fibrillation (Afib) across primary care clinics and specialty cardiology clinics.

The main purposes of this project are preliminary work for a grant submission, improving care for patients with atrial fibrillation, and developing a new approach for implementation more generally. To better understand the climate of shared decision making for stroke reduction in atrial fibrillation, we want to know where the majority of these conversations and decisions are happening by surveying practices in Colorado.

#### **COMPLETE A FIB SURVEY HERE!**

### SNOCAP ARTICLES IN THE JOURNAL OF THE AMERICAN BOARD OF FAMILY MEDICINE (JABFM)

How often is it that a PBRN gets to publish about their history? Now how often is it that a PBRN gets to publish three articles to the same journal special edition about their history? I wish I knew the stats on that one, but unfortunately I do not. My guess is it's fairly rare... until now!

#### ORIGINAL RESEARC

- Process for Setting Research Priorities: A Case Study from the State Networks of Colorado Ambulatory Practices and Partners (SNOCAP) Consortium
- Mary Fisher, Sarah E. Brewer, Douglas H. Fernald, Jodi Summers Holtrop, Andrea Nederveld, Sean T. O'Leary, Matthew Simpson, John M. Westfall, Linda Zittleman and Donald E. Nease
  The Journal of the American Board of Family Medicine September 2019, 32 (5) 655-662; DOI: https://doi.org/10.132/2ja/thb.2019.05.160037
- © Strategies for Developing and Sustaining Patient and Community Advisory Groups: Lessons from the State Networks of Colorado Ambulatory Practices and Partners (SNOCAP) Consortium of Practice-Based Research Networks
- wary relief, serial it. Drewer, John M. Ivescala, Maturev simpsor, Linda Zuternar, Sean I. O Leary, Douglas H. P. Andrea Nederied and Donald E. Nesse

  The Journal of the American Board of Emily Medicine September 2019, 32 (5) 663-673; DOI: https://doi.org/10.3122/jabfm.2019.05.190038
- Patient-Centered Research Priorities: A Mixed-Methods Approach from the Colorado Children's Outcomes Network (COCONet)

Sarah E. Brewer, Natalie M. Crump and Sean T. O'Leary
The Journal of the American Board of Family Medicine September 2019, 32 (5) 674-684; DOI: https://doi.org/10.3122/jabfm.2019.05.190028

The September-October 2019 issue of the Journal of the American Board of Family Medicine (JABFM) regularly has a special edition for PBRN work to be submitted and published. In the "Original Research" section of this issue, nine articles were selected for publication--three of those were from SNOCAP!

A little "light" reading for you can be found below. Congrats, authors!

- Process for Setting Research Priorities: A Case Study from the State Networks of Colorado Ambulatory Practices and Partners (SNOCAP) Consortium
- Strategies for Developing and Sustaining Patient and Community Advisory Groups: Lessons from the State Networks of Colorado Ambulatory Practices and Partners (SNOCAP) Consortium of Practice-Based Research Networks
- Patient-Centered Research Priorities: A Mixed-Methods Approach from the Colorado Children's Outcomes Network (COCONet)

READ THE JABFM ARTICLES HERE!

SNOCAP SPOTLIGHT



#### NAM E:

Kaylee Rivera, MPH, CHES

#### WHAT DO YOU DO IN YOUR ROLE?:

I am a program manager for the CCTSI (Colorado Clinical and Translational Institute) Community Engagement core. That's a mouthful! More or less I oversee and help implement programs that allow community and academicians create partnerships, collaborate on research projects, and engage in trainings. I also spend time working with Dr. Nease on a project based out of Longmont Colorado which aims to help coordinate care among those providing social services, hospitals and health care systems and primary care physicians.

# HOW LONG HAVE YOU BEEN WITH SNOCAP/CCTSI-COMMUNITY ENGAGEMENT (CE)?:

I have officially made the 6-month mark!

#### WHAT DID YOU DO PREVIOUSLY?

I was previously at the Colorado School of Public Health within the Center for Health, Work and Environment. I was coordinating a program, Health Links, that works with employers to improve best practices in employee health and safety, developing and delivering health education trainings for community and employers, and managing a grant that aimed to understand the employer perspective of the diabetes prevention program.

#### WHAT ARE YOU CURRENTLY WORKING ON?:

There's always a lot in the works but one thing in-particular that I'm focused on is assisting in the development of our Community Engagement Research Readiness curriculum. The curriculum will serve as a tool to help community based organizations embrace their assets and become more versed in the research world. The intent will be to prepare them and build on their existing skills to then apply for and manage grant funding for their organization.

#### WHAT ORIGINALLY DREW YOU TO YOUR ROLE WITH SNOCAP/CCTSI-CE?:

I have loved community health education since I started undergrad, despite that I didn't really know that's what it was back then. I believe that creating access to programs, education, resources etc. is the key to building capacity among community. I thrive best when connecting to different people, expanding my own thoughts and learning from others, so when I read this position I believed I would have the opportunity. (I was right!). I want to be a connector for community and in this role I can do that.

#### WHAT DO YOU LIKE MOST ABOUT WORKING WITH SNOCAP/CCTSI-CE?:

The people! We have a great team both internally and externally. So many people are involved in our work and I have been loving getting to know everyone over the last 6 months.

# WHAT HAS BEEN ONE OF YOUR MAIN SUCCESSES, PROUDEST MOMENTS, OR BIGGEST "AH-HA!" SINCE STARTING IN THIS ROLE?:

My biggest AH-HA has probably been to simply humble myself. You get so used to knowing the ins and outs of your previous role and feeling like the "expert" on things that

it's actually a nice reminder to come into a new position and be faced with the fact that you don't everything, things are always evolving and it's important to listen and learn. I think I've been successful in listening to what various groups are saying/needing and synthesizing that into tangible strategies to accomplish it and meet their needs.

## WHAT ARE THE BIG THINGS COMING UP FOR YOU PROFESSIONALLY IN THE NEXT FEW MONTHS?:

Wow that's a tough question and I'm not sure if I can answer it. I think something I hope happens is around creating beautiful and meaningful reports to be disseminated to community & academic partners and find innovative ways to communicate about the great work happening within our group. I also want to find a way to be back in the community providing nutrition and health education. So, none of these are officially coming up but are my goals.

#### WHAT IS ONE THING EVERYONE READING SHOULD KNOW ABOUT YOU?:

That I love to play and watch soccer. You might catch me streaming a game but I promise I'm still working! ;)

Thanks for all your hard work so early on, Kaylee! We're excited and happy to welcome you on board as a SNOCAP team member!

Kaylee also runs the Twitter account for CCTSI Community Engagement. Click on the Twitter icon below to follow all the fun over at @PACTCommEngage!



#### **EMAIL KAYLEE RIVERA**

### MONTHLY MEETING

SNOCAP Monthly Meetings are a way to connect with practices and providers across the state. We use this opportunity to showcase current and upcoming work, as well as to discuss potential work and partnerships with other researchers.

NEXT MEETING: TUESDAY, NOVEMBER 5TH, 12:00-1:30PM

In-Person: Academic Office 1, 3rd Floor Room 3101

12631 East 17th Ave, Aurora, CO 80045

#### YOU CAN ALSO REMOTELY JOIN SNOCAP MEETINGS

Join from PC, Mac, Linux, iOS or Android: https://ucdenver.zoom.us/j/469856135

Or iPhone one-tap (US Toll): +16699006833,,469856135#

**Or Telephone:** Dial: 1 669 900 6833 (US Toll), Meeting ID: 469 856 135

VISIT OUR NEW SNOCAP WEBSITE



