

SNOCAP

State Networks of Colorado Ambulatory Practices & Partners



OCTOBER 2018



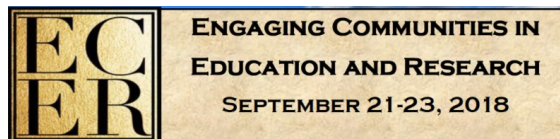
FROM OUR DIRECTOR

It seems cliché to say “SNOCAP is busy as always” month after month, but it’s true. We’re continuing work on many great projects and are soon submitting grants to begin new work as well! Mary and I are soon traveling to Washington state to talk with a group wanting to start a PBRN—this is the part of this job that makes the rest of the chaos worth it.

I wanted to focus this month’s director’s address to thank each of you that made it out to Breckenridge last month for the Engaging Communities in Education and Research conference to learn from and share with each other the fruits of our labor state-wide. We saw old friends chatting away, former connections rekindling their relationships, and new partnerships budding. I left the conference feeling elated, energized, and ready to continue working for our communities, practices, and partners. If you were unable to attend this year, we hope to see you at the 2019 SNOCAP Convocation (details will be available in the coming months).

In the meantime, I encourage you to check out some of the opportunities below on how you can partner with SNOCAP, or feel free to join our next SNOCAP monthly meeting on Tuesday, November 6th. All are welcome to attend in person or via Zoom.

Don



RECAP: ENGAGING COMMUNITIES IN EDUCATION AND RESEARCH (ECER)

SNOCAP recently participated in the 2018 Engaging Communities in Education and Research (ECER) Conference in Breckenridge.

FRIDAY, SEPTEMBER 21

This year, SNOCAP hosted 8 short presentations during a Lightning Round Research session on Friday. SNOCAP also had a strong presence at the CCTSI Community Engagement Research Exchange and Poster Session, with 11 posters associated to SNOCAP or SNOCAP partners.

SATURDAY, SEPTEMBER 22

Saturday breakout sessions highlighted an additional 5 SNOCAP-related presentations.

SUNDAY, SEPTEMBER 23

On Sunday, SNOCAP hosted nearly 55 people at a session to award network practices for the amazing work they've been apart of with us. The following practices and providers have shown great partnership over the past year:

- **BIGHORN:** MidValley Family Practice
- **CaReNet:** Elin Kondrad, MD
- **COCONet:** Every Child Pediatrics
- **HPRN:** Doug Miller, NP
- **PEACHnet:** Mesa County Public Health

Additionally, we used this SNOCAP specific session to share current projects and to discuss topics of high priority for practices and communities across Colorado. A long list of priority health topics was created for SNOCAP to look into for the future.

Dr. Matt Simpson, CaReNet, and Linda Zittleman, HPRN, facilitated the group discussion using a Liberating Structure known as W3: What, So What, Now What. Three topics were then selected for this facilitated discussion discussion. Those topics were:

- Primary Care Staff Burnout
- Cost of Living/Financial Stress
- Loneliness/Social Isolation

A more detailed recap of this discussion can be found below.

Overall, the ECER Conference was a huge success thanks to all of the dedicated partners and participants. We look forward to hosting many of you again in 2019 for the SNOCAP Convocation. Details will be available soon!

[**CLICK HERE TO READ MORE**](#)



STUDY UPDATES & REQUESTS



Invested
in Diabetes

INVESTED IN DIABETES: DIABETES GROUP VISITS

Is your practice interested in doing diabetes group visits to help meet benchmarks for diabetes quality metrics? Are you looking to change up your existing diabetes group visits to incorporate new content on mental health, stress, and coping?

The Invested in Diabetes project is looking for primary care practices that serve adult patients with Type II diabetes to participate in a comparative effectiveness study on two models of diabetes group visits. Eligible practices should have at least 150 patients with Type II diabetes, and should have integrated behavioral health and someone willing to serve in the role of a health educator to lead groups.

Practices receive training, materials, and practice coaching to help set up, run, and bill for group visits using an evidence-based diabetes and mental health curriculum. Practices also receive \$64,000 over the course of the study to support research activities. Deadline for signing up for the project is 12/15/2018.

[CONTACT BETHANY KWAN TO LEARN MORE](#)



ADVANCED CARE PLANNING (ACP)

This study comparing a team-based vs. clinician-focused approach to advance care planning with patients who have serious illnesses and limited life expectancy. Using the Serious Illness Care Program (SICP), participants will have a values-based conversation with patients and their families about serious illness care planning. This study is in collaboration with seven PBRNs in the United States and Canada.

In the clinician-focused model, a patient's primary care clinician is responsible for initiating and continuing conversations, while in the team-based model, tasks are purposefully shared by a care team. As part of the project, SNOCAP will provide free training, ongoing facilitation, and support for the team. Practices will be compensated up to \$22,000 over the three years.

Eligibility requirements:

- Interest in ACP
- Without a current standard ACP program
- Capacity to have a team to participate in conversations (e.g., RN, social worker, community health worker)
- Have an appropriate patient population.
- Solo practices are excluded.

Participating involves:

- Being randomly assigned to one of the two SICIP models
- Training time = 2 hours of in-person training plus 1.5 hours of individual web-based training (CME or CPD credits)
- Implement the SICIP model, including participating in training, establishing workflows, documenting conversations, billing, and following up with patients.
- Conduct ACP with appropriate patients/families in the practice and document in the medical record
- Refer eligible patients/families to the SNOCAP study coordinator to consent and participate in the research study. In total, we expect around 40 patients to be enrolled from your practice over 18 months.
- Facilitate medical record review by SNOCAP research staff of consenting patients
- Allow staff to complete surveys three times (at project start, 1 and 2 years after training) and be observed

Interested?

CONTACT DR. MATTHEW SIMPSON



IMPLEMENTING TECHNOLOGY AND MEDICATION ASSISTED TREATMENT TEAM TRAINING IN RURAL COLORADO (IT MATTTRs COLORADO)

IT MATTTRs is making a big impact on medication assisted treatment (MAT) for opioid use disorder (OUD) across the state. With this project, 447 providers across the state have been trained in MAT, and 329 providers have gone on to apply for their DEA waiver to prescribe buprenorphine for OUD. However, providers need a cohesive team of individuals who have been trained to care for patients with OUD, which is why we have team training available to facilitate an environment where all employees are speaking the same language. To date, 69 practices across the state are actively engaged in IT MATTTRs team training. This translates to incredible opportunities for patients that are struggling with opioid use disorder, as there are more than 250 **new** patients receiving MAT in our state, and 6,870 more patients can now receive MAT in Colorado.

IT MATTTRs has received additional funding to continue increasing these numbers. If you're interested in training for providers or practice teams (both primary care and behavioral health) please visit our website today to get involved: <http://www.practiceinnovationco.org/itmatttrs2/>

CLICK FOR MORE INFORMATION

SNOCAP SPOTLIGHT

Name and position within

PEACHnet: Elena Broaddus, Professional Research Assistant (PRA)/Network Coordinator

What are you working on with PEACHnet: Right now I'm working with Anne Nederveld to organize community engagement meetings throughout western Colorado.



During this first round of meetings we're mainly sharing information about PEACHnet, but during the next round we'll be using Photovoice (a participatory research method) to gather information about local health issues that will determine PEACHnet's research priorities.

What was it that made you want to work with PEACHnet?: I live in western Colorado (Eagle) but was previously working remotely on international public health research projects. That left me feeling pretty disconnected, both from the projects I was working on, and from public health issues in my own community. When I learned about this position with PEACHnet it seemed like an ideal opportunity to work on interesting research to improve health right in my own "backyard."

What are you most looking forward to during your first year with PEACHnet/SNOCAP? I am really looking forward to the meetings where we use Photovoice. Each of the communities we have visited so far has been unique, and I think the photos that people take will help us see each place from an insider perspective—which is something you don't get the opportunity to do very often.

What's one fact you'd like to share about yourself? I have a pet hedgehog name Vinny.

MONTHLY MEETING

SNOCAP Monthly Meetings are a way to connect with practices and providers across the state. We use this opportunity to showcase current and upcoming work, as well as to discuss potential work and partnerships with other researchers.

NEXT MEETING: TUESDAY, NOVEMBER 6, 12:00-1:30PM

In-Person: Academic Office 1, 3rd Floor Room 3101 (12631 East 17th Ave, Aurora, CO 80045)

YOU CAN ALSO REMOTELY JOIN SNOCAP MEETINGS

Join from PC, Mac, Linux, iOS or Android: <https://ucdenver.zoom.us/j/664779760>

Or iPhone one-tap (US Toll): +14086380968,664779760#

Or Telephone: Dial: +1 408 638 0968 (US Toll), Meeting ID: 664 779 760

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