



MAY 2022



## FROM OUR DIRECTOR

Dear SNOCAP partners,

As always, SNOCAP has had a busy quarter meeting with many of you out in practice and community after so many months of virtual activity.

We hope you are able to take some time to read on to see what has been happening around SNOCAP and with many of our practice and community partners. Reach out if you have questions or wish to engage with us in any way.

Well wishes to you and yours-

Don

[CONTACT DR. NEASE](#)



## STUDY UPDATES & REQUESTS

### RECENT COLLABORATIONS

#### **Colorado Academy of Family Medicine Residencies (CAFMR) - Rocky Mountain Research Forum**

In early May, SNOCAP had the opportunity to partner with the Colorado Academy of Family Medicine Residencies (CAFMR) during their Rocky Mountain Research Forum.

- SNOCAP has partnered for 6 years now to present, help to "judge" their Shark Tank session for residents to share their amazing projects in a fun and competitive way.
- Congratulations to the top 3 awarded teams:
  1. **Improving Transgender Care through Education and Documentation** - by the team at UHealth AF Williams
  2. **Assessing the Ability of Equine Facilitated Learning to Aid in the Development of Medical Leadership, Communication and Resiliency among Physicians** - by the team at North Colorado Family Medicine Residency Program
  3. **Creating Culture: Quality Improvement in Attitudes around Diversity, Inclusion, and Discrimination at a St. Joseph Family Medicine Residency** - by the team at St. Joseph Family Medicine Residency

- We also welcomed Maret Felzien, Taryn Bogdewiecz, and Morgan Hungenberg to chat with Don Nease in a "Fireside Chat" to discuss why they participate in PBRN work, what engaging in this kind of work has meant for them and their communities, and suggestions for the residents in the room for why they should consider doing practice-based work or engage with a PBRN in the future!

### **Why people and practices participate in PBRN work:** **MPH Student Capstone Project by Sloan Garcia**

Throughout the Spring 2022 semester, Don and Mary worked with a master of public health capstone student who is in the Health Systems Management and Policy concentration. Her name is Sloan Garcia. Sloan's capstone project looked at the interest, capacity, partnerships, and commitment of practices that participate in PBRNs, as well as at whether they are independently owned or owned by a larger health system. We have found this to be a really cool way to support another young investigator!

With this project, Sloan surveyed providers and/or practice staff from both SNOCAP and MetaLARC practices (including practices from four states: OR, WI, NC, and IL). 29 surveys were collected from SNOCAP, and a combined total of 15 from MetaLARC practices).

Sloan then interviewed a smaller portion of those survey respondents to gather more individual thoughts and responses (n=5 from SNOCAP and n=1 from MetaLARC practices).

We are currently working on a summary report of both survey and interview responses and will share this information once complete.

Thank you to all who participated from near and far. Your time and thoughts were so valuable to us and to this process.

### **SNOCAP Burnout Card Study**

Burnout is defined as a breakdown of the psychological defenses that a worker uses to cope with intense job-related stress, and can result in poor job performance, lack of interest, and errors. Patient perception of their own primary care team's levels of burnout has not been highly studied, and few articles can be found addressing this perspective. This study was conducted in 8 SNOCAP practices throughout the Denver metro area, and in both Northern and Western Colorado.

We used a card study survey method, where patients were asked to fill out the survey at the end of their visit. Clinicians and staff were given an online link to a one-question adapted burnout measure used in the Physician Work Life Study. 8 SNOCAP practices completed the project, with a total of 408 patient and 260 clinician/staff surveys collected. Practices have received both individual practice-level results, as well as a PDF of burnout resources, both locally and nationally. Additional cumulative results will be shared with practices once data analysis has been complete.

Initial findings show that in general, patients are not perceiving high levels displays of burnout that are affecting their care. This association can be seen no matter the clinician/staff burnout response. This study has been seen as relevant and valuable to understand how patients see burnout affecting their care, as well as to equip practices with information about self-perceived burnout among their clinicians and staff.

**[CLICK HERE TO ACCESS BURNOUT RESOURCES COMPILED BY SNOCAP TEAM](#)**

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## **ICYMI - In Case You Missed It**

Did you see our 2021 SNOCAP Annual

Report?

If not, be sure to check it out, below. This report highlights the wonderful work of our practices, patients, research teams, and other partners from all of 2021! What an amazing showcase of this incredible work.

*"I'm very excited to share this report detailing SNOCAP's work over this past year. There's lots of content with clickable links to explore. I'm especially thankful for the ongoing support of our practices, community partners, and our partners in the Department of Family Medicine and ACCORDS for their financial support of this important work to improve the health and healthcare of Coloradans locally and across the state."*

-Don Nease, SNOCAP Director

# SNOCAP ANNUAL REPORT



## SNOCAP

State Network of Colorado Ambulatory Practices & Partners

# 2021

[CLICK HERE TO VIEW 2021 SNOCAP ANNUAL REPORT ONLINE](#)

[CLICK HERE TO VIEW SNOCAP HOME WEBSITE](#)

## NAPCRG PBRN Conference - June 2/3, 2022



If you are attending the NAPCRG PBRN Conference in Bethesda on June 2-3, we welcome you to look for these presentations, all by our amazing SNOCAP staff and partners:

*\*Our sincere apologies if we missed anyone in this list.*

### Thursday, June 2:

- **Growing and Adapting PBRN Research During a Pandemic: A CASFM PBRN Workshop** - Douglas Fernald, MA; Hazel Tapp, PhD, PhD; Kimberly Fulda, DrPH; Carissa van den Berk-Clark, PhD, LMSW, MSW
- **Tackling Loneliness in Communities (TLC) through Community-generated Translational Research Questions** - Rebecca Mullen, MD, MPH; Maret Felzien, MA; Kristen Curcija, MPH; Linda Zittleman, MSPH; Tamara Oser, MD
- **IMAGINE: a practice-based trial of communication strategies for social needs screening and referral** - Elena Broaddus; Amy Huebschmann, MD, MS; Ashlyn Richie; Andrea Nederveld, MD, MPH; John Rice, PhD
- **Suicide Prevention - Unified Research; Developing capacity for community engaged suicide prevention research in Colorado** - Andrea Nederveld, MD, MPH; Elena Broaddus; Meghan Francone, MHA, BS SLP/Aud., FI; Erica Kitzman; Mason Hohstadt, MPH; Kellyn Ender, LPC; Elizabeth Bell
- **The SNOCAP COVID-19 Crisis Response: Our COVID-19 practice outreach, partnership, and quick response journey two years later** - Mary Fisher, MPH; Donald Nease, MD; Elexia Wright
- **Building on the Six Building Blocks: Supporting Colorado Safety-Net Clinics to Implement Safe Opioid Management** - Douglas Fernald, MA; Kyle Knierim, MD; Taylor Miranda Thompson, MPH

### Friday, June 3:

- **Assessing Community Engagement: a Conceptual Model to Advance Health Equity through Transformed Systems of Health** - Maret Felzien, MA; John

Westfall, MD, MPH; Raymond Haeme, MS; Asia Williams, MPH; Julie Tarrant; Ayodola Anise

- **Setting up an international collaborative group for PBRNs - a WONCA initiative** - Anna Dania; Donald Nease, MD; Zsolt Nagykaldi, PhD, BTh; Michelle Greiver, MD, MSc, CCFP
- **Patient Perspectives of Burnout in Primary Care: Results of a Colorado Card Study** - Mary Fisher, MPH; Donald Nease, MD; Elexia Wright
- **Scaling Up Field Notes for Research: What We Learned About Using Field Notes in Multiple Practice-Based Interventions** - Douglas Fernald, MA; Tristen Hall, MPH; Perry Dickinson, MD

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## New Articles Published from SNOCAP PBRNs!

- Oser T, Zittleman L, Curcija K, Kwan B, Burke S, Gonzalez S, Huss K, Johnson M, Sanchez N, Neuberger J, Iacob E, Simonetti J, Litchman M. Informing a Randomized Control Trial in Rural Populations: Adaptation of a Diabetes Self-Management Education and Support Intervention. JMIR Diabetes. 24/03/2022:35664 (forthcoming/in press)
  - Abstract can be found [HERE](#)
- Blanchette J, Tran M, Grigorian E, Iacob E, Edelman L, **Oser T**, Litchman M. GoFundMe as a Medical Plan: Ecological Study of Crowdfunding Insulin Success. JMIR Diabetes 2022;7(2):e33205. DOI: 10.2196/33205.
  - Publication can be found [HERE](#)



## MONTHLY MEETING



SNOCAP Monthly Meetings are a way to connect with practices and providers across the state. We use this opportunity to showcase current and upcoming work, as well as to discuss potential work and partnerships with other researchers.

**NEXT MEETING: TUESDAY, JUNE 7TH,  
12:00-1:30PM VIA ZOOM**

Join from PC, Mac, Linux, iOS or Android: <https://ucdenver.zoom.us/j/94096983934>

Or iPhone one-tap (US Toll): +16699006833,,94096983934#

Or Telephone: Dial: 1 669 900 6833 (US Toll), Meeting ID: 940 9698 3934

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Department of  
Family Medicine

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