

# SNOCAP

State Networks of Colorado Ambulatory Practices & Partners



FEBRUARY 2019



## FROM OUR DIRECTOR

Hope you're all staying warm and safe this winter. Maybe you've been up skiing or snowshoeing in the mountains amidst all this deep snow! Here's what we've been up to the past two months:

SNOCAP has recently submitted two papers, both under review at JABFM, to describe some of our history to share with other PBRNs around the world. We're hoping we can get these papers accepted and published soon. If and when that becomes true, we will get these papers out to all of you to celebrate years of great work.

Jack Westfall and I worked with colleagues to write a paper on PBRN's as resources for health equity research. This paper was recently accepted at *Ethnicity & Disease*. You can find that paper [HERE](#).

Linda Zittleman, Jack Westfall, Mary Fisher, and I led another local Boot Camp Translation (BCT) facilitators training in early-February. We helped train 13 new facilitators in the method and saw such passion and excitement from our trainees!

Upcoming activities for SNOCAP:

- Choosing SNOCAP Convocation space and date: More info to come soon!
- Visitor from Stanford: Join us next week at our SNOCAP monthly meeting to meet Ms. Beth Darnall, a pain psychologist who has recently become aware of and interested in, the chronic pain work happening within SNOCAP. We have heard loud and clear from all of you that chronic pain is an issue of high priority.
- Lastly, Linda, Jack, Mary, and I will be traveling to Portland, Maine this summer to train a new batch of BCT facilitators. We are looking forward to spreading this method to other corners of the country!

We will have updates and information out soon about our fall SNOCAP Convocation. Be on the lookout for dates, location, and other details soon! Until then, stay well and keep doing great work for our practices and patients state-wide!

-Don Nease





## STUDY UPDATES & REQUESTS



### IMPLEMENTING TECHNOLOGY AND MEDICATION ASSISTED TREATMENT TEAM TRAINING IN RURAL COLORADO (IT MATTTRs COLORADO)

The Implementing Technology and Medication Assisted Treatment and Team Training in Rural Colorado study ([IT MATTTRs™ Colorado](#)) is increasing access to treatment for opioid use disorder (OUD) in rural communities. Over 40 practice teams in the High Plains Research Network (eastern Colorado) and the San Luis Valley practices of CaReNet received training in team-based care for OUD, with an emphasis on medication assisted treatment (MAT) with buprenorphine. Further, 17 providers now have their DEA waiver to prescribe buprenorphine for OUD – up from 3 when the study started! And in the words of The King, Elvis Presley, maybe we're ready for a [Little Less Conversation, a Little More Action](#). We're here to help support implementation of MAT.

Practices are setting up MAT programs, considering being referral sites for inductions, and considering being referral sites for follow-up care. Community Behavioral Health Centers are also in the midst of receiving team training. There are many ways your practice can provide support for patients receiving MAT. We are increasingly asked which practices are providing MAT and where waived providers are located. Contact the practices in your region to discuss how you can work together to support your communities and patients needing treatment for OUD. We are also happy to post this information.

Statewide, over 500 providers have completed their MAT waiver training through IT MATTTRs, and over 90 practices have completed or are in the process of receiving team training. Colorado providers (MD, DO, NP, PA) are eligible for free DEA waiver-qualifying MAT courses through online, in-person, or “hybrid” training options. Monetary incentives for completing the training are \$760 for MD/DOs (8 hours) and \$1800 for NP/PAs (24 hours). All providers receive an additional \$240 for applying for the DEA X waiver. Click [here](#) for the schedule of upcoming training opportunities.

Contact us with questions or for more information: [itmatttrscolorado@ucdenver.edu](mailto:itmatttrscolorado@ucdenver.edu)

You can still sign up for IT MATTTRs™ Practice Team Training!

[CLICK FOR MORE INFORMATION](#)

# CAPTURE

## COPD ASSESSMENT IN PRIMARY CARE TO IDENTIFY UNDIAGNOSED RESPIRATORY DISEASE AND EXACERBATION RISK

The High Plains Research Network is looking for practices in eastern Colorado to be part of a study that will shape how COPD is diagnosed in primary care. Early diagnosis of COPD is essential to manage patient symptoms. COPD is an underdiagnosed disease in part due to the reliance on spirometry. **CAPTURE involves a brief screening questionnaire to help detect COPD earlier in patients with unrecognized symptoms.** If proved successful, noninvasive CAPTURE screening questions may replace current use of spirometry for confirmation of COPD diagnosis.

Participating practices will receive \$25/patient enrolled (~\$1250 for 50 patients), free COPD educational session (developed by National Jewish Health), and free lunch.

[LEARN MORE HERE](#)

[CLICK HERE IF INTERESTED IN PARTICIPATING](#)

## SNOCAP SPOTLIGHT



### NAME:

Christin Sutter

### POSITION TITLE:

Professional Research Assistant, Practice Facilitator

### CURRENT PROJECTS:

IT MATTTRs, SIM, CBHC SIM, CAPTURE, UPSTREAM

### HOW LONG HAVE YOU BEEN WITH HIGH PLAINS RESEARCH NETWORK (HPRN)?

12 years

### WHAT ORIGINALLY DREW YOU TO YOUR ROLE WITH HPRN, AND HOW HAS HPRN CHANGED SINCE YOU BEGAN?

I grew up in rural eastern Colorado and I was immediately drawn to the opportunity to engage our small communities in research. The HPRN Community Advisory Council was also exciting; I remember being so inspired by this group of residents giving their time and having such an active and important part in research. I think my first day as an HPRN employee was with this group, and I was amazed and inspired by them right off the bat.

When I started, the HPRN originally only covered the 9 northeastern counties, but we have since expanded to work with the 7 southeastern counties as well. Our staff has grown and changed over the years, as well as working on a variety of different research projects. Through it all we have worked to continue to strengthen and develop relationships in our clinics and communities.

### WHAT DO YOU LIKE MOST ABOUT WORKING WITH HPRN?

It's hard to pick just one thing...I love getting to know and work with people at the clinics and in our communities. Jack and Linda have given me amazing opportunities to travel to conferences and meetings to not only learn, but also present our research findings. And then there is the great HPRN team that I love working with...too hard to choose!

## WHAT HAS BEEN ONE OF YOUR BIGGEST SUCCESSES, PROUDEST MOMENTS, OR BIGGEST "AH-HA!"?

My first "ah-ha" moment came shortly after I started. I was at a community event with Jack Westfall when a community member came up to us and said that our project had saved his life. Since that time I have had similar moments with community members or clinic staff, telling us how these projects and this work are changing their lives. I'm proud to be a part of this work and all that we are doing for our communities.

## WHAT DOES 2019 LOOK LIKE FOR YOU AND FOR HPRN?

2019 looks very busy for us at HPRN as we continue to work on medication assisted treatment for opioid use disorder in our IT MATTTTRs program and work to recruit and enroll patients in the CAPTURE COPD study.

--Thanks for all your hard work and dedication, Christin! We're so grateful for all the work you do for the Eastern Plains and the state of Colorado! Good luck with your busy 2019!--

## MONTHLY MEETING

SNOCAP Monthly Meetings are a way to connect with practices and providers across the state. We use this opportunity to showcase current and upcoming work, as well as to discuss potential work and partnerships with other researchers.

**NEXT MEETING: TUESDAY, MARCH 5, 12:00-1:30PM**

**In-Person:** Academic Office 1, 3rd Floor Room 3101  
12631 East 17th Ave, Aurora, CO 80045

### YOU CAN ALSO REMOTELY JOIN SNOCAP MEETINGS

**Join from PC, Mac, Linux, iOS or Android:** <https://ucdenver.zoom.us/j/664779760>

**Or iPhone one-tap (US Toll):** +14086380968,664779760#

**Or Telephone:** Dial: +1 408 638 0968 (US Toll), Meeting ID: 664 779 760

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