

# SNOCAP

State Networks of Colorado Ambulatory Practices & Partners



DECEMBER 2018



## FROM OUR DIRECTOR

Happy Holidays and Well Wishes for 2019!

At this time of year we are reminded to be thankful for you, our partners in practices and communities around Colorado. Without you, our work would be much less meaningful, much less rewarding and a lot less fun! We look forward to all there is to come in 2019 as we work together to improve the health of our communities.

Warm wishes for a meaningful holiday season!

-Don Nease



*Photo from L to R: Sean O'Leary, COCONet Director; Sarah Brewer, COCONet Associate Director; Doug Fernald, BIGHORN Director; Don Nease, SNOCAP and CaReNet Director; Mary Fisher, SNOCAP and CaReNet Coordinator; Linda Zittleman, HPRN Associate Director; Matt Simpson, CaReNet Co-Director. (Not pictured: Anne Nederveld, PEACHnet Director and Elena Broadus, PEACHnet Co-Director).*



## STUDY UPDATES & REQUESTS



### IMPLEMENTING TECHNOLOGY AND MEDICATION ASSISTED TREATMENT TEAM TRAINING IN RURAL COLORADO (IT MATTTRs COLORADO)

The Implementing Technology and Medication Assisted Treatment and Team Training in Rural Colorado study ([IT MATTTRs™ Colorado](#)) is increasing access to treatment for opioid use disorder (OUD) in rural communities. Over 40 practice teams in the High Plains Research Network (eastern Colorado) and the San Luis Valley practices of CaReNet received training in team-based care for OUD, with an emphasis on medication assisted treatment (MAT) with buprenorphine. Further, 17 providers now have their DEA waiver to prescribe buprenorphine for OUD – up from 3 when the study started! And in the words of The King, Elvis Presley, maybe we're ready for a [Little Less Conversation, a Little More Action](#). We're here to help support implementation of MAT.

Practices are setting up MAT programs, considering being referral sites for inductions, and considering being referral sites for follow-up care. Community Behavioral Health Centers are also in the midst of receiving team training. There are many ways your practice can provide support for patients receiving MAT. We are increasingly asked which practices are providing MAT and where waived providers are located. Contact the practices in your region to discuss how you can work together to support your communities and patients needing treatment for OUD. We are also happy to post this information.

Statewide, over 500 providers have completed their MAT waiver training through IT MATTTRs, and over 90 practices have completed or are in the process of receiving team training. Colorado providers (MD, DO, NP, PA) are eligible for free DEA waiver-qualifying MAT courses through online, in-person, or “hybrid” training options. Monetary incentives for completing the training are \$760 for MD/DOs (8 hours) and \$1800 for NP/PAs (24 hours). All providers receive an additional \$240 for applying for the DEA X waiver. Click [here](#) for the schedule of upcoming training opportunities.

Contact us with questions or for more information: [itmatttrscolorado@ucdenver.edu](mailto:itmatttrscolorado@ucdenver.edu)

You can still sign up for IT MATTTRs™ Practice Team Training!

[CLICK FOR MORE INFORMATION](#)

# CAPTURE

## COPD ASSESSMENT IN PRIMARY CARE TO IDENTIFY UNDIAGNOSED RESPIRATORY DISEASE AND EXACERBATION RISK

The High Plains Research Network is looking for practices in eastern Colorado to be part of a study that will shape how COPD is diagnosed in primary care. Early diagnosis of COPD is essential to manage patient symptoms. COPD is an underdiagnosed disease in part due to the reliance on spirometry. **CAPTURE involves a brief screening questionnaire to help detect COPD earlier in patients with unrecognized symptoms.** If proved successful, noninvasive CAPTURE screening questions may replace current use of spirometry for confirmation of COPD diagnosis.

Participating practices will receive \$25/patient enrolled (~\$1250 for 50 patients), free COPD educational session (developed by National Jewish Health), and free lunch.

[LEARN MORE HERE](#)

[CLICK HERE IF INTERESTED IN PARTICIPATING](#)



### PEACHNET UPDATES

We have been busy **rebranding** and traveling to several different western Colorado communities, engaging with practices and community members to talk about development of PEACHnet. So far, we have held meetings in Grand Junction, Montrose, Ridgway, Norwood, Steamboat Springs, Craig, Glenwood Springs, Frisco, Durango, Pagosa Springs and Cortez! We are looking forward to a second round of meetings where we will focus on agenda-setting for PEACHnet activities. If you live in western Colorado and we have not been in touch, please reach out to us if you are interested in participating. Contact Anne Nederveld below with the blue buttons.

### DIABETES, OBESITY AND MENTAL HEALTH SERVICES ACCESS CARD STUDY (DOGMA) - PRACTICE SITES NEEDED

This is a paired clinician/patient card study that examines whether clinicians and patients both identify the same diagnoses and treatment for behavioral or mental health issues in patients with diabetes and/or obesity and indicators such as BMI and HbA1c. We also will examine whether there are associations between getting behavioral health care and BMI, HbA1c and answers to healthy days questions.

The cards themselves take less than 3-5 minutes to complete. We are looking for diverse practices statewide in order to see if trends differ across the state and expect to recruit one to three providers and 25-40 patients in each practice.

## MONTHLY MEETING

SNOCAP Monthly Meetings are a way to connect with practices and providers across the state. We use this opportunity to showcase current and upcoming work, as well as to discuss potential work and partnerships with other researchers.

***\*\*PLEASE NOTE, OUR JANUARY MEETING HAS BEEN CANCELLED  
DUE TO NEW YEARS DAY HOLIDAY.***

**NEXT MEETING: TUESDAY, FEBRUARY 5, 12:00-1:30PM**

**In-Person:** Academic Office 1, 3rd Floor Room 3101 (12631 East 17th Ave, Aurora, CO 80045)

### **YOU CAN ALSO REMOTELY JOIN SNOCAP MEETINGS**

**Join from PC, Mac, Linux, iOS or Android:** <https://ucdenver.zoom.us/j/664779760>

**Or iPhone one-tap (US Toll):** +14086380968,664779760#

**Or Telephone:** Dial: +1 408 638 0968 (US Toll), Meeting ID: 664 779 760

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