



SNOCAP

State Network of Colorado Ambulatory Practices & Partners



APRIL 2021



FROM OUR DIRECTOR

Dear SNOCAP friends and partners,

It's spring in Colorado and probably like most of you we are going back and forth between warmer days and brief shots of winter! Overall though, it's great to feel like spring is if not fully here, well on the way and along with that a chance to feel the warm sun. We are so thankful for all the time, support, and heart you've put into your communities, patients, work, and loved ones to help keep people safe and healthy over the past year.

As SNOCAP looks into April, over one year after the COVID-19 pandemic began, and we take a moment with heavy hearts to remember the losses, we also feel an overwhelming sense of hope and gratitude for the ways people have stepped up, both big and small, to help us get to where we are today: having a vaccine to protect against this virus, and the ability for it to be available all Coloradoans 16+ starting tomorrow, April 2nd.

Take a few moments to look through the updates, projects, and opportunities below to see how you can continue to connect with SNOCAP partners across the state and country! We hope to share more information soon about potential plans for this year's SNOCAP Convocation, and hope that we can continue to connect virtually until it's safe to meet again in-person.

Until then, we hope you are healthy and well,
Don

[CONTACT DR. NEASE](#)





STUDY UPDATES & REQUESTS

Update from COCONet:

COCONet has been busy leading Boot Camp Translations (BCT) with various groups around the state, focusing on vaccine-hesitancy related work with Human papillomavirus virus (HPV). The project has been working in three BCTs groups in Fort Collins, Wheat Ridge, and Urban Denver areas.

A second project, Rural Disparities in Adolescent Vaccination (RADVax), is using BCT to discuss and try to improve vaccination with all recommended adolescent vaccines: Tdap, meningococcal, and influenza.

Traditionally, the BCT process has approximately four in person meetings with six to eight conference calls spread in-between. Due to the pandemic we have had to fully transition into virtual format.

Throughout all the madness of this last year, our HPV BCT project has completed 3 BCT groups! The group members consisted of Medical doctors, medical assistants, clinic staff, parents, and adolescents.

The BCT groups developed; posters, social media ads, stickers, and an HPV vaccine awareness video! The group members worked very hard and were amazing at adapting to ZOOM only meetings.

[LEARN MORE ABOUT HPV BCT PROJECT](#)

[CONTACT COCONET TEAM TO LEARN MORE](#)

MEDICATION-ASSISTED TREATMENT (MAT)

Home vs Office vs Telehealth for Medication Enhanced Recovery (HOMER)

Hello Colorado Practices:

Grab your seat at this table! Primary care practices in Colorado have a great opportunity to inform patient care. The HOMER study is creating crucial new evidence that will support guidelines for family medicine will use to help overcome the opioid epidemic. HOMER compares recovery outcomes for patients randomized to start treatment with buprenorphine (induction) observed in the office, observed over telehealth (phone or video), or unobserved done at home. This study will provide guidance for clinicians and patients to determine if certain patients are better candidates for one induction method over another – based on individual characteristics and needs.

Burdens on your practice are low. Simply refer to our study team patients you are starting on MAT, we do the recruitment and inform you of the induction arm, with monthly reporting on the data you routinely track on their care.

Almost 60 practices nationwide have already signed up. Join your colleagues. Help response to clinicians' request for evidence-driven guidelines for this important step in treating patients for opioid dependence.

- Practices can start this spring (April), summer (July), or fall (September)
- Patients with long-term, high-level opioid use or diagnosed OUD are eligible (1st time or 10th time starting treatment—doesn't matter)
- Practices and patients will be compensated.

This study is led by the University of Colorado's SNOCAP with partnership from the American Academy of



Burnout Card Study

Burnout, or “physical or mental collapse caused by overwork or stress,” is common for all lines of work, but especially those in the healthcare setting. This issue has the potential for broad implications, for both sufferers and the patients they serve, such as poor job performance, lack of interest in work, and a higher likelihood of making unnecessary mistakes.

Healthcare team burnout has been a topic of concern for patient advisors and SNOCAP practice-based research partners during priority setting conversations over the last three years, making it a relevant concern in the eyes of patients, practices, and community partners.

This study aims to primarily investigate the patients' perspective of primary care staff burnout, and secondarily to address self-reported levels of burnout among said staff. The patient perspective of burnout has very little research associated with it, so this card study will serve as a valuable foundation for further research concerning burnout in the primary care setting from the perspective of those being treated. What does participation involve?

- The study will be looking to work with practices over a 3-day period, reaching at least 75 patients per practice.
- Each patient will be given the opportunity to complete a one-page survey covering the care they received during the visit, specifically if any signs of burnout were observed.
- Staff members will also be asked to fill out a 1-question survey on their self-perceived level of burnout.

Family Physician's National Research Network.

CLICK HERE FOR STUDY FLYER

INSPIRATION FOR THIS STUDY

CLICK HERE TO CONTACT HOMER TEAM

CLICK HERE TO LEARN MORE

CLICK HERE TO CONTACT MARY FISHER TO LEARN MORE

Nutrition in Primary Care Study



Nutrition in Primary Care Dissertation Research Study

Primary Care providers and practice managers are invited to take a 10-minute survey.

Practice managers have an option for a 15-minute follow-up interview.

Survey results will be provided to interested participants.

Study contact: April Williams, MS CNS® LDN, Doctoral Candidate
Department of Health Behavior and Policy, Virginia Commonwealth University

Email: april.williams@vcuhealth.org

Take or share the survey: bit.ly/NutCare

Study website: <http://bit.ly/CHEERLab-NutCare>

CLICK HERE TO TAKE THE SURVEY



Family Medicine United for Colorado - Lounge Series

Please note that we are putting a pause on the Family Medicine United for Colorado Lounge Series for the time-being.

In the interim, be sure to check out events with the Colorado Academy of Family Physicians (CAFP), NAPCRG and NAPCRG PBRN, The Larry A Green Center, and others!

We are still available for consultation, questions, and other needs you may have. Please don't hesitate to reach out!

FAMILY MEDICINE UNITED FOR COLORADO WEBSITE

CAFP EVENTS PAGE

NAPCRG WEBSITE

LARRY A GREEN CENTER WEBSITE

SNOCAP SPOTLIGHT

Name and role:

Amanda Skenadore

How long have you been with COCONet/SNOCAP?

I started with COCONet in January 2020.

What did you do previously?

I have been working with ACCORDS since November of 2015 (with a 6 month break in 2019). I previously worked as PRA with Dr. Ed Havranek's study, "An Intervention to Increase engagement with Hypertension Care of American Indian Patients". The study evaluated values-affirmation and stereotype threat in American Indians with hypertension.

What have you be working on in your role?:

I am currently the Project Manager/Sr. PRA on two studies involving Boot Camp Translation (BCT). As the PM, I assist in the implementation of project protocols; meeting facilitation with both the research teams & two BCT groups, COMIRB submissions, budget monitoring, etc. In addition, a big project I am working on is updating our COCONet database. I am working on updating practice information and expanding into other states.

**What originally drew you to your role with COCONer/SNOCAP?:**

My MPH concentration is community health and I have a passion for working in Health Promotion/Disease Prevention. My work with the HPV BCT group has given me the opportunity to work directly with community members in helping to develop meaningful messages that will be implemented into their clinic/practices. It's been very rewarding seeing the group ideas grow into tangible items that will help positively impact the health of their community.

What do you think you'll most enjoy with this new role?:

I have enjoyed learning from wonderful teachers like Drs Sean O'Leary, Matthew Simpson, and Sarah Brewer! As a first-time project manager, I've have had tons of questions on various aspects of research program planning and they have taken the time to help guide me. It's been a difficult year due to the pandemic for not only me, but my family back home on the reservation. They have been a great support system.

What are the big things coming up for you professionally in the next few months?:

Both studies are in the implementation phase and we are starting the evaluation process soon. I look forward to the qualitative piece; interviewing, coding, and manuscript preparation.

What has been one of your main successes, proudest moments, or biggest "ah-ha!"s recently?:

In the summer of 2017 I obtained my graduate certificate of Public Health Training for American Indian Health Professionals from Johns Hopkins Bloomberg School of Public Health. The program took course over 3 years and I was a recipient of the Centers for American Indian scholarship. It was a rigorous program and I attended classes in Baltimore whilst I worked full time with ACCORDS. It was hard, but I am happy to been a part of the program and to have made great friends.

<https://caih.jhu.edu/training/scholars/amanda-skenadore>

What is one thing everyone reading should know about you?:

Il am a Broadway junkie and love musicals. My favorite musical is Jersey Boys - I've seen it 5 times! I can't wait for the Denver Center for the Performing Arts to open, I've missed going to shows terribly!

~~Welcome, Amanda! We are so excited to have you on board

and look forward to meeting you in-person soon~~

CONTACT AMANDA HERE

MONTHLY MEETING

SNOCAP Monthly Meetings are a way to connect with practices and providers across the state. We use this opportunity to showcase current and upcoming work, as well as to discuss potential work and partnerships with other researchers.

NEXT MEETING: TUESDAY, APRIL 6TH, 12:00-1:30PM VIA ZOOM

Join from PC, Mac, Linux, iOS or Android: <https://ucdenver.zoom.us/j/94096983934?pwd=dUxYUkZZNTA4OU11N2puMGRDaWVYdz09>

Password: 466008

Or iPhone one-tap (US Toll): +16699006833,,469856135#

Or Telephone: Dial: 1 669 900 6833 (US Toll), Meeting ID: 469 856 135

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Department of
Family Medicine

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