

# HIGHPLAINS SNOCAP

State Networks of Colorado Ambulatory Practices & Partners



APRIL 2019



## FROM OUR DIRECTOR

Dear SNOCAP partners,

Spring seems to have arrived in the Denver area, and we are glad for it after a snowy winter. I hope you are enjoying some Spring weather in your areas too. Your SNOCAP team is beginning to look forward to our Convocation in September. We are looking to change things up to bring more practice and community voices to the forefront, which I think will be a good change!

We try to be thoughtful about the projects that we agree to support and bring to your attention. Not a week goes by without our getting a request to provide your names and contact info. We try to be very protective of you and your trust. If you get a request from us or with our names and SNOCAP on it, we've tried to make sure it is not only something that you would be interested in, but also is something that you will gain from. Our goal is that every project leaves your practice in a better place. Let us know if that is ever not the case!

Now, I'm off to see my own patients! Until next time,

Don

[CONTACT DR. NEASE](#)



STUDY UPDATES & REQUESTS



## JOIN ECHO COLORADO FOR "INTEGRATING TELEHEALTH TOOLS INTO PRIMARY CARE"

Join ECHO Colorado for "Integrating Telehealth Tools Into Primary Care"

ECHO Colorado offers free, live learning sessions via videoconference for healthcare professionals in Colorado. "Integrating Telehealth Tools Into Primary Care" will give participants the opportunity to actively explore, evaluate and implement telehealth interventions to improve patient management of high blood pressure and cholesterol in a

primary care setting. The six-session series is offered on Wednesdays, May 22 – June 26 from 12:00 to 1:00 PM MST. To register and learn about other ECHO Colorado learning series visit [www.echolocatorado.org/find-an-echo](http://www.echolocatorado.org/find-an-echo). Other upcoming series include "Prenatal Substance Exposure," "Pediatric Autism," "Foundational Skills for Preceptors," and the "Colorado ALTO Project."

FIND AN ECHO



Recently, one of our junior SNOCAP researchers, Dr. Rebecca (Beka) Mullen, was published **twice** recently regarding work on Loneliness in Primary Care. Take a look at those two papers, below!

We want to extend a huge thanks to practices that participated in this loneliness work over the past few months.

LONELINESS IN PRIMARY CARE PATIENTS: A PREVALENCE STUDY

GEOGRAPHIC CHARACTERISTICS OF LONELINESS IN PRIMARY CARE

CONTACT DR. BEKA MULLEN!



This is your first official **Save the Date for 2019 SNOCAP Convocation/CCTSI Community Engagement Research Exchange and Poster Session.**

Save the Date! SNOCAP Convocation 2019 in Lakewood.

**Friday, September 20th starting at 3pm-Saturday, September 21st 2019 ending at 12pm.**

More formal Save The Date to come soon--be on the lookout for that in the next 2 months. The next mailing will have more information and will share how you can sign up! Looking forward to seeing you soon in Lakewood!

SNOCAP SPOTLIGHT



**NAME:**  
Taryn Bogdewiecz

**POSITION TITLE:**  
Professional Research Assistant, Practice Facilitator

**CURRENT PROJECTS:**  
MetaLARC Advance Care Planning and State Innovation Model (SIM)

**HOW LONG HAVE YOU BEEN WITH SNOCAP? WHAT ABOUT WITH THE DEPARTMENT OF FAMILY MEDICINE?**

SNOCAP: 1 month, 10 days; DFM: 3 Years, 2 months, 9 days

**WHAT ORIGINALLY DREW YOU TO YOUR ROLE WITH SNOCAP?**

My desire to be more involved in research and working more closely with practices and patients.

**WHAT DO YOU LIKE MOST ABOUT WORKING WITH SNOCAP?**

I've already been inspired by the amount of people involved, and how passionate people are about the work they do.

**WHAT HAS BEEN ONE OF YOUR BIGGEST SUCCESSES, PROUDEST MOMENTS, OR BIGGEST "AH-HA!"?**

Learning that I can experience all of my emotions without being overwhelmed by them.

**WHAT DOES 2019 LOOK LIKE FOR YOU AND FOR HPRN?**

Working with 4 practice sites (*statewide!*) on the Advance Care Planning research project, and continuing to improve my Practice Facilitation skills.

**WHAT IS ONE THING EVERYONE READING SHOULD KNOW ABOUT YOU?**

Growing up my mother always told my sisters and I to "Have a productive day" (vs. "Have a good day"). I'm still learning how to have days that are just "good" but am very pleased with myself when I have "productive" days.

--Thanks for all your hard work so early on, Taryn! We're excited and happy to welcome you on board as our newest SNOCAP team member!--

**CONTACT TARYN TO LEARN MORE ABOUT HER!**

## MONTHLY MEETING

SNOCAP Monthly Meetings are a way to connect with practices and providers across the state. We use this opportunity to showcase current and upcoming work, as well as to discuss potential work and partnerships with other researchers.

**NEXT MEETING: TUESDAY, MAY 7, 12:00-1:30PM**

**In-Person:** Academic Office 1, 3rd Floor Room 3101  
12631 East 17th Ave, Aurora, CO 80045

**YOU CAN ALSO REMOTELY JOIN SNOCAP MEETINGS**

**Join from PC, Mac, Linux, iOS or Android:** <https://ucdenver.zoom.us/j/664779760>  
**Or iPhone one-tap (US Toll):** +14086380968,664779760#

Or Telephone: Dial: +1 408 638 0968 (US Toll), Meeting ID: 664 779 760

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