



SNOCAP

State Network of Colorado Ambulatory Practices & Partners

ABOUT US

The University of Colorado's Department of Family Medicine has supported Practice-Based Research Network (PBRN) research since the 1970s when two regional networks started in the United States: the Family Medicine Information System in Colorado (FMIS) and the Cooperative Information Project (COOP). Current PBRN research efforts began around 2004 and are all organized under the umbrella of the State Network of Colorado Ambulatory Practices & Partners (SNOCAP). SNOCAP is the overarching name for the collaborative affiliation of practice-based research networks in Colorado that joined together to improve communication, facilitate joint research projects, and share research staff and resources. Because of the variation in size, location, populations served, and organizational structure, research conducted across SNOCAP is more generalizable than that conducted in more uniform networks.

SNOCAP is led by a Director and Project Manager, and each individual network is led by a director and often also an associate director. SNOCAP also has the support from others with expertise in IRB/HIPAA regulations and compliance, research methods, study design and implementation, project management, communication, data analyses, biostatistics, focus groups and interviewing, grant and technical writing, and web design. Additionally, the engagement method known as Boot Camp Translation (BCT) originated in the High Plains Research Network, one of the SNOCAP networks.

WHY IS SNOCAP NEEDED?

Most illnesses never advance to hospitalization or specialized care, yet most clinical teaching and research occurs in tertiary care centers; which has led to a mismatch between why people visit a clinician and what is investigated and taught. The daily phenomena of frontline clinical practice remain neglected. This frontier offers a host of opportunities to improve care for virtually all people.

SNOCAP's networks were created to provide a stable structure to:

- 1) gain access to these relevant phenomena of primary care
- 2) allow frontline clinicians to formulate and answer important questions with rigorous methods;
- 3) allow for patient and community member perspective, insight, and generation of important topics of interest and need.

WHY PARTICIPATE AS A PRACTICE?

Start by asking yourself: Does the medical research you read ask the questions and get the answers that are **relevant** to your practice and your patients?

PBRN participation can help answer questions to **improve the care you deliver** to patients and provide knowledge for others.

Practice-based research is integral in improving informed **evidence-based medicine** and **health care policy**.



WHAT ARE THE BENEFITS OF PARTICIPATING?

- Receive new resources, data on your practice or patients, and at times MOC or CME credits
- To better understand your patients and your practice and deliver better care
- To ask and answer important questions
- Access to seasoned researchers, staff, and processes to conduct research better, through communities of practice, training, and mentorship
- To learn how to do research
- To work with great people
- Connect with like-minded professionals, share interests in bettering health care through research
- Attend SNOCAP meeting of Colorado PBRN practices each fall

HOW CAN SNOCAP HELP YOU?

- Provide an infrastructure for all five Colorado PBRNs
- Collaborate on projects, share resources, and jointly sponsor an annual meeting of member practices and clinicians
- Circulate newsletters to regularly inform PBRN members of projects and updates

“If you want more evidence-based practice, you need more practice-based evidence.”
-Lawrence W. Green, MD

PROJECTS

CURRENT & PAST

SNOCAP

- A Community-based Assessment of Skin Care, Allergies, and Eczema, CASCADE (with MetaLARC)
- Advanced Care Planning (with MetaLARC) o Implementing Technology and Medication Assisted Treatment Team Training in Rural Colorado, IT MATTTRs*
- Loneliness Card Study
- Making Obesity Services and Treatments Work, MOST, Obesity Study
- EvidenceNOW Southwest
- Invested in Diabetes
- UPSTREAM! Together - prevention of mental, emotional, and behavioral health problems in youth*
- Appreciative Inquiry/Boot Camp Translation, AI/BCT, Chronic Pain*
- Primary Care Team Burnout Card Study*

COCONet

- PIVOT with Motivational Interviewing
- Disparities in Rural Adolescent Vaccination (with PEACHnet)

HPRN

- CAPTURE - Study on COPD diagnosis in primary care
- Loneliness in Primary Care - Partnership Development with Beka Mullen, MD*
- Cancer Survivorship
- Changing Our Mental and Emotional Trajectory, COMET

PEACHnet

- Diabetes, Obesity, and Mental Health Services Access Card Study, DOGMA, Card Study*
- HPV Vaccination BCT
- PCORI Eugene Washington Engagement Award

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