

News From

AAFP national research
— network —



University of Colorado **Anschutz Medical Campus**
Department of Family Medicine

Collaborative Efforts between the AAFP NRN and the CU DFM

July 2019

The University of Colorado Department of Family Medicine (DFM) and the American Academy of Family Physicians National Research Network (AAFP NRN) have a rich history of collaborating on many practice-based research projects, and more generally, on promoting the importance of research in family medicine. We are sharing this first edition newsletter to update you on some of the exciting projects and collaborations between DFM and the AAFP NRN. We hope to provide this newsletter with updates twice per year. If you have any questions about the specific projects, please reach out to the DFM faculty member associated with the project, and/or Jen Carroll.

Current collaborations between DFM and AAFP NRN

Our projects cover many broad-themed areas of family medicine and address many questions and topics relevant to our specialty.

Doug Fernald is co-leading a study

Factors Associated with Length of Tenure of Family Medicine Residency Directors is a qualitative investigation of factors related to short tenure (<5 years) and long tenure (>15 years) in residency program directors.

Anne Nederveld, Emma Anderson and Jen Carroll are collaborating with others on...

a Mindful Eating Healthy Nutrition group visit intervention to address the following question: Can we train physicians and staff in diverse settings to implement a mindful eating and healthy nutrition group visit model in their practices that is effective for patients with obesity or who are overweight and have risks for metabolic syndrome, or diabetes, hypertension, and/or cardiovascular disease?

Jeanette Waxmonsky and Bethany Kwan...

lead *Invested in Diabetes*, a PCORI-funded study to examine the effectiveness of shared medical appointments for diabetes outcomes. AAFP NRN practices are participating in this study.

Continued

In the last 12 months...

17 DFM faculty have collaborated with the AAFP NRN on

11 research projects

Help includes strategic planning and vetting of ideas.

These projects involve family medicine practices across the United States.

Many of our shared projects involve SNOCAP, PEACHNet, HPRN, and BIGHORN

If you have questions and/or are interested in learning more, please reach out to Jennifer.2.Carroll@CUAnschutz.edu

Anne Nederveld is collaborating on a recently awarded project from Takeda

Primary Care Shared Decision Making and Impact on Engaging in Depression Care will evaluate the acceptability and feasibility of a patient self-management approach via mobile technology, on decision making and communication about depression care.

Sarah Brewer and TJ Staff are collaborating...

with the AAFP NRN on the PCORI-funded *Building PCOR (Patient-centered outcomes research) Capacity with Newcomer Patients in Practice-based Research Networks*. This project will develop a sub-network of NRN practices ready to conduct patient-centered outcomes research together with limited English proficiency patients and caregivers.

Beyond Colorado

The AAFP NRN has collaborations involving 25 other states and Puerto Rico!

We appreciate each and every one of you for your contributions and support. It is great to see this level of collaboration and engagement.

Projects under development or under review:

Doug Fernald and **Bethany Kwan** participated with the NRN on an AHRQ grant submission (R18), Improving Diagnostic Accuracy Through Enhancements to Laboratory Testing Process.

Doug Fernald and **Bethany Kwan** participated with the NRN on an RO1 submission to National Institute of Aging (NIA), Towards Optimizing Primary Care Annual Wellness Visits.

Sarah Brewer and **Perry Dickinson** are collaborating with **Jen Carroll** on a proposal to screen for social determinants of health using AAFP's screener in a sample of NRN practices. This project will develop a multilevel intervention to screen for social determinants of health risk factors and a multipronged strategy to address them.

Bonnie Jortberg, **Miriam Dickinson**, **Perry Dickinson**, **Doug Fernald**, and **Jen Carroll** recently submitted an R18 to NIDDK, Integrating Virtual Visits into Medical Nutrition Therapy to Improve Obesity Outcomes in Primary Care.

The NRN collaborated with **Russ Glasgow** and others on their submission to NCI, Implementation Science for Cancer Control: Developing Centers.

The NRN and AAFP partnered with **Linda Zittleman**, **Don Nease**, and **Jack Westfall** on their proposal to PCORI, Effectiveness of Home versus Office-based MAT.

Anne Nederveld and **Jen Carroll** submitted a proposal to NCCIH, A Mindful Eating and Healthy Nutrition Group Visit Intervention for Adults at Risk for Metabolic Syndrome.

Jodi Holtrop has served as a member of the NRN's external leadership group to help guide the NRN in its vetting and assessment of project opportunities, as well as to advise on elements of the strategic plan. Jodi has been a huge source of support in advancing the work of the NRN through her guidance and feedback on many issues. Thank you, Jodi!

Matt Simpson and **Beka Mullen** serve on the NRN's advisory group, and we also welcomed **Frank deGruy** to our last NRN Advisory Group meeting. Beka, Matt, and Frank have been instrumental in bringing ideas to foster engagement of early career researchers at the NRN as well as advocate for support and growth of the NRN in new ways. Thanks to you all!

Beka Mullen served as a co-investigator with **Jen Carroll** and others on *Patient Engagement in Family Medicine: A Conference to Encourage Patient-Centered Outcomes Research* and is leading the completion of a manuscript that should be submitted to a peer-reviewed journal in July. Great job, Beka!