



FAMILY MEDICINE interest group

UNIVERSITY OF COLORADO ANSCHUTZ MEDICAL CAMPUS



Words from an MS4...

John Hallett: Why Did You Choose Family Medicine?

"My dad is a family doctor but I had to try many different things before deciding to enter medicine. As I found my way, I developed a fondness for rural spaces, farming and thinking about large scale systems. I also developed a profound appreciation of multigenerational relationships in underserved communities, particularly working with indigenous folks in rural spaces. Once I decided to pursue medicine, I applied to the National Health Service Corps before because I knew that I wanted the breadth and depth of family medicine in my practice.



Family medicine offers the opportunity to continue working with any patient regardless of age and be part of the miracle of childbirth! And with an extra year of training, I can even do surgical obstetrics and keep a foot in the OR. As a family doctor, I will get to think about the larger picture of health within the community and to advocate for system changes as a foundation for preventative healthcare. In my experience, family physicians tend to be a nurturing group of folks that are supportive of trainees with diverse interests, which is nice. For all these reasons, I belong in family medicine."

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UPCOMING EVENTS

October 1-5: Primary Care Week

What is family medicine? What are the different arenas of primary care? Find this out and more during special events during this week. Check out [this flyer](#) for more info.

October 5: Colorado Family Medicine Residency Fair

Meet Residents and faculty from the ten Colorado family medicine residency program four rural training tracks (more information below).

October 18: Dinner with a Doc

Ever wanted to know more about family medicine or addiction medicine? Curious about how to map your medical school to your goals? Interested in the wide scope of primary care? Join, FMIG on October 18th from 6-8pm with Dr. Kaylin Klie at her home for dinner and discussion around family medicine and her path into addiction medicine specifically with addiction in pregnancy. The RSVP is capped at 10 students so RSVP will go first come first serve! RSVP here: https://docs.google.com/forms/d/e/1FAIpQLSf0MaQx5_qTHp7yCr69DKHJeBPKjz9HIjutSNId83H4ucqjeg/viewform

CLINICAL OPPORTUNITIES

Sports Medicine

Interested in working with a family medicine sports physician at local sporting events? The event list has been updated! Sign-Up [here!](#) (*Please remember to contact the attending if you sign up for an event*)

<https://www.signupgenius.com/go/5080d48afaf29a4fd0-family>

Lowry Clinic Shadowing

This is an opportunity for students to get additional exposure to seeing family medicine in an underserved primary care clinic with a unique population. No set time commitment, you are welcome to come for just a session to see what it's like or come more regularly. The Lowry Family Health Center is a Denver Health clinic with a population of >50% immigrants and refugees from all over the world. Stay tuned for future emails regarding details on getting involved!

NETWORKING

Family Medicine Resident Mentoring Program

For students interested in resident and/or faculty mentors, this is an informal program with the hope of being mutually beneficial to all parties involved. The goal is to help med students have a better understanding of family physicians and to help students succeed whether they decide family medicine is the right specialty for them or not.

We ask that mentors and mentees meet at least once a semester. Please fill out the quick form below so that we can best pair you with a good fit. **If you are interested, sign up here.**

For more information, questions, or concerns, please contact Cleveland Piggott, MD at cleveland.piggott@ucdenver.edu.

The Arts in Medicine

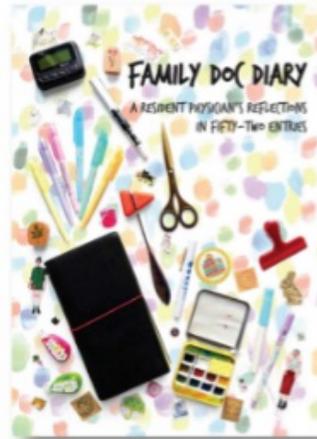
We are proud to announce an upcoming Arts in Medicine lecture on September 24 entitled "Caregiver as Chronicler: How Journaling Improves Patient Care" by family medicine resident physician Phyllis Ying, MD. In November 2017, Dr. Ying published her book *Family Doc Diary: A Resident Physician's Reflections in Fifty-Two Entries*, a print book that chronicles her journey through the first year of family medicine residency in the form of fifty-two entries from her personal art journal.

Her interactive talk will focus on how clinicians can incorporate journaling into their daily practice, and how she developed the creative vision behind her novel. Please see the above image for details, and direct any questions to the organizer Ajay Major at ajay.major@ucdenver.edu.



The Arts in Medicine
ARTS AND HUMANITIES IN HEALTHCARE PROGRAM
www.coloradobioethics.org

Caregiver as Chronicler: How Journaling Improves Patient Care



Phyllis Ying, MD

Kaiser Permanente of Washington
Family Medicine Residency at Seattle

Monday, September 24th

Noon-1:00pm

Fulginiti Pavilion

Lunch Provided

Dr. Ying will explore journal-keeping in the medical profession and share snippets from her book, "Family Doc Diary: A Resident Physician's Reflections in 52 Entries."



Center for Bioethics and Humanities
UNIVERSITY OF COLORADO ANTHONY MEDICAL CAMPUS
www.coloradobioethics.org

Colorado Family Medicine Residency Fair

The Colorado Association of Family Medicine Residencies invites you to their annual Colorado Family Medicine Residency Fair. Meet Residents and faculty from the ten Colorado family medicine residency program four rural training tracks. Learn about rotation opportunities, residency training, and rural training tracks in Colorado. Pizza and soft drinks will be provided.

Date: October 5 from 3:30 to 5:30pm

Location: Mile High Room, COPIC

7351 East Lowry Boulevard Denver, CO 80230

Interested? [Please fill out this form.](#)



Free Student Memberships

Effective today, medical students can join the Society of Teachers of Family Medicine for free!

By offering free membership, the Society hopes to increase student interest in family medicine and to show them the value of teaching throughout their careers—either in faculty positions or in practice.

For information about Society benefits for medical students, [view the Resources for Students](#). Some highlights include:

- Opportunity to [apply for \\$500 scholarships](#) to attend the Conference on Medical Student Education
- [A free webinar](#) walking students through career possibilities in academic family medicine
- Digital access to both of [STFM's peer-reviewed journals](#)
- Opportunities to present at all three [national conferences](#)
- [Online advocacy training](#) with tips on how to advocate for patients, communities, and family medicine at large

Students can [join online](#). For questions about student memberships, hit reply to this email to contact STFM Membership Marketing Specialist Sarah Eggers.

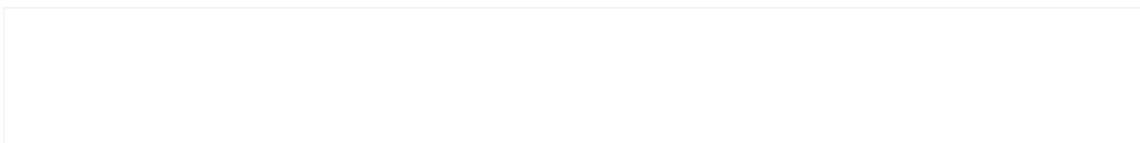


Students are offered a free membership, which lasts until graduation from medical school. As an AAFP member, you have access to valuable benefits and resources to support you throughout your medical school journey. Benefit from:

- Access to AAFP's award-winning journal, American Family Physician.
- Access to the online Family Medicine Board Review questions and answers.
- Connect with other medical students, residents and family physicians through your chapter.
- Leadership opportunities.
- Join a member interest group to connect with other AAFP members both online and in person who share your professional interests.

[Sign up today!](#)

ARTICLE OF THE MONTH





Letting Life Take You by Surprise Can Stave Off Burnout

The first three words might make you think of meditation, but I am going in a different direction here. In relaxation, one seeks to disengage, but if you are a clinician, you likely feel uneasy with the idea of letting go of the reins and...

Read more
www.aafp.org

As always, feel free to check out our website with information from this newsletter and more at: <https://fmigcu.wordpress.com/>

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I G **interest group**

 Department of
Family Medicine