



FAMILY MEDICINE
interest group

UNIVERSITY OF COLORADO ANSCHUTZ MEDICAL CAMPUS

UPCOMING EVENTS

Primary Care Week!!!

Oct 5th-7th

Join us for National Primary Care Week on October 5th, 6th, and 7th! We have teamed up with physicians from various specialties for a full schedule of awesome events, including primary care speed-dating, virtual skills night, conversations on social justice, and much more! Check out the flyer attached or [here](#) for the full list of events and to RSVP!

Monday, 10/5 @ 12 PM – Primary Care Panel

[RSVP HERE](#)

Tuesday, 10/6 @ 12 PM – Wellbeing Workshop

Tuesday, 10/6 @ 6 PM – Trivia Night

[RSVP HERE](#)

Wednesday, 10/7 @ 12 PM – Physicians as Agents of Change

Wednesday, 10/7 @ 7 PM – Resident Happy Hour

[RSVP HERE](#)

Zoom Link: <https://ucdenver.zoom.us/j/99278885591>

*Use same Zoom link for all events

GET INVOLVED

AAFP New Member Raffle

Win a prize!

If you sign-up for FREE to join the American Academy of Family Physicians before **November 15, 2020** and upload your confirmation to this form you will be eligible to win raffle prizes such as an AAFP exercise band, water bottle, pizza cutter, or cell phone card holder. You can sign-up by following this link:

<https://www.aafp.org/membership/join/student.html>.

Enter the raffle [HERE](#)

Follow us on Instagram!

[#Humansoffamilymedicine](#)



“Hispanic communities have a dynamic where there is sort of a person in every family that feels the pressure of being the one that is supposed to be the success, the lead. I had put that pressure on myself because I always said I was going to be a doctor. After I did poorly on the MCAT and the advisor told me I wasn’t med school material, I called my Mom. I was really afraid I was going to disappoint her. I said, ‘Mom I did really poorly on my MCAT and, um, I don’t think I can be a doctor.’ And she said, ‘What you mean is that you’re putting it on hold, right?’

I married my college sweetheart and we decided that we’d have exactly two kids. When the second kid got to first grade, I would get in to med school. Well, when the second kid got to first grade, I was pregnant! So, I had a third kid. By that time, I was teaching middle school science, and sometimes math and reading. I loved it. I worked in that space for 17 years. My middle son was a “challenging child.” One day, I was driving him to symphony rehearsal; it was snowing, he was tired, and said he didn’t want to go. He said, ‘Mom, you’re pushing me! You’re always pushing me.’ And I said, ‘Well if I don’t set the bar high for you, you won’t know how high to jump.’ And he said, ‘Well that’s a lot coming from you, you never went to med school.’ (He is now a lawyer.) I walked into the kitchen that night, looked at my husband, and said ‘Hey, I’m 40 and never went to med school.’ And he said, ‘Well, it’s your time, so let’s do it.’”

NETWORKING

Family Medicine Resident Mentoring

For students interested in resident and/or faculty mentors, this is an informal program with the hope of being mutually beneficial to all parties involved. The goal is to help med students have a better understanding of family physicians and to help students succeed whether they decide family medicine is the right specialty for them or not.

We ask that mentors and mentees meet at least once a semester. Please fill

out the quick form below so that we can best pair you with a good fit. **If you are interested, sign up here.**

For more information, questions, or concerns, please contact **Cleveland Piggott, MD.**

Looking for an MSA or Scholarly Project in Family Medicine?

Go to the Department of Family Medicine MSA Program webpage to fill out an interest form to schedule a meeting to get connected with potential mentors, or to find information for applying to the DFM Summer MSA Program.

DFM MSA Website

OTHER HELPFUL LINKS

Interested in an FMIG T-Shirt?

Get a free t-shirt when you sign up for the FMIG Newsletter and become a student member of the American Academy of Family Physicians (membership is free).

Sign up to get a Free FMIG T-shirt **HERE**

As always, feel free to check out our website with information from this newsletter and more at: **<https://fmigcu.wordpress.com/>**

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