



# FAMILY MEDICINE interest group

UNIVERSITY OF COLORADO ANSCHUTZ MEDICAL CAMPUS



## Words from an MS4...

### Sara Schuster: Why Did You Choose Family Medicine?

"I had no idea I wanted to be a primary care doctor. I came to medical school right after I finished engineering school and only knew that I wanted to be a doctor, I had never thought about specializing or picking a patient population. I thought all of the clerkships and subjects were interesting and couldn't imagine picking just one. Then I found family medicine! I realized I could work with adults, children, and newborns. I could work in clinic, in the hospital, on the labor and delivery deck, and even do procedures! I could also be involved in advocacy, policy, and innovation. Family medicine had everything I wanted and let my primary interest be my patients. My "specialty" could be families and communities rather than one organ system. I also love the family medicine supports wellness and the pursuit of other things that are important to me like hiking, skiing, and spending time with my husband! I LOVE being in family medicine and the incredible opportunities it gives me!"



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## UPCOMING EVENTS

### November 14: "What is Family Medicine?" Talk

Did you know that family medicine doctors work in rural Colorado and urban Denver? Or that family medicine doctors deliver babies and then grow with patients to one day treat their children and deliver their babies? Interested in learning more? Join us 11/14 at noon in Ed 2 North, 1103! Lunch will be included! Sign up [here](#).

## November 26: Family Medicine Dinner with a Doc

Interested in learning about the scope of Family Medicine? Did you know that family medicine physicians are working in sports medicine throughout the state of Colorado and for high level teams around the Denver area? Join Dr. John Hill on Monday, November 26<sup>th</sup> from 6-8pm for dinner and a chat about all things medicine and sports medicine. Dr. Hill is the founder of the primary care sports medicine fellowship here at CU, a pioneer in sports medicine ultrasound, and is a great athlete. He has run the Boston marathon and was a 2010 Leadman, completing all the Leadville races in a single season including the Leadville 100 Ultramarathon and Mountain bike race. RSVP below before Monday November 19<sup>th</sup>. Dinner included! Sign up [here](#).

## November 26: MSA Lunch N Learn

Taking place at Ed.2 North 1102 from 12-1pm! The Department of Family Medicine is hosting a Lunch-N-Learn for current MS1 and MS2 students to learn about the Family Medicine MSA program! You'll hear from current students engaged in projects and about various opportunities, including the summer MSA program. Sign up [here](#).

## December 13: FMIG Winter Mixer

Want to talk to FM residents directly about their experience? This will be taking place from 5:30-8pm at Cheluna Brewing inside Stanley Marketplace. Stay tuned for signup details!

# CLINICAL OPPORTUNITIES

## Lowry Clinic Shadowing

This is an opportunity for students to get additional exposure to seeing family medicine in an underserved primary care clinic with a unique population. No set time commitment, you are welcome to come for just a session to see what it's like or come more regularly. The Lowry Family Health Center is a Denver Health clinic with a population of >50% immigrants and refugees from all over the world. Stay tuned for future emails regarding details on getting involved!



## We Need Your Feedback!

Please fill out the following survey to improve the Foundations of Doctoring experience in family medicine. Let us know what aspects of preceptoring you enjoy, are most helpful, and any areas of improvement. Thanks! Fill out the survey [here](#).

# NETWORKING

## Family Medicine Resident Mentoring Program

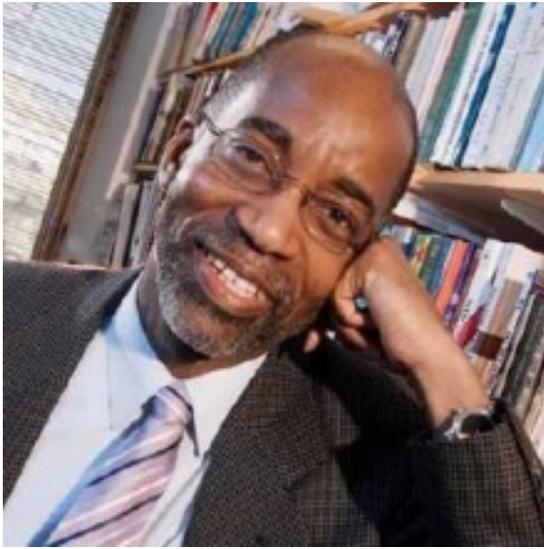
For students interested in resident and/or faculty mentors, this is an informal

program with the hope of being mutually beneficial to all parties involved. The goal is to help med students have a better understanding of family physicians and to help students succeed whether they decide family medicine is the right specialty for them or not.

We ask that mentors and mentees meet at least once a semester. Please fill out the quick form below so that we can best pair you with a good fit. **If you are interested, sign up here.**

For more information, questions, or concerns, please contact **Cleveland Piggott, MD.**

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## Race, Racism, and Health

Join us for an interactive event that will focus on health issues of people of color and will feature David R. Williams, PhD, MPH, the Florence and Laura Norman Professor of Public Health at the Harvard T.H. Chan School of Public Health and Professor of African and African American Studies and Sociology at Harvard University. The author of more than 400 scientific papers, his research has enhanced our understanding of the

complex ways in which race, socioeconomic status, stress, racism, health behavior, and religious involvement can affect health. The event will be **November 13, 2018 from 5-8:30pm at Hangar at Stanley Marketplace on 2501 Dallas Street in Aurora, CO 80010.**

Space is limited! Sign up is required for this **FREE** event at this [link](#).

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Students are offered a free membership, which lasts until graduation from medical school. As an AAFP member, you have access to valuable benefits and resources to support you throughout your medical school journey. Benefit from:

- Access to AAFP's award-winning journal, American Family Physician.
- Access to the online Family Medicine Board Review questions and answers.
- Connect with other medical students, residents and family physicians through your chapter.
- Leadership opportunities.
- Join a member interest group to connect with other AAFP members both online and in person who share your professional interests.

Sign up today!

## ARTICLE OF THE MONTH



### **Millennials Don't Have PCPs; Here's Why They Should**

Nearly half of 18- to 29-year-olds say they don't have a primary care physician. Natasha Bhuyan, M.D., makes the case for why they should.

**Read more**  
[www.aafp.org](http://www.aafp.org)

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As always, feel free to check out our website with information from this newsletter and more at: <https://fmigcu.wordpress.com/>

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 Department of  
Family Medicine