



FAMILY MEDICINE  
interest group

UNIVERSITY OF COLORADO ANSCHUTZ MEDICAL CAMPUS

## UPCOMING EVENTS

### What is Family Medicine? Virtual Talk Dec 3rd from 12-1

Interested in family medicine? Want to learn more about the specialty? Virtually join FMIG as Dr. Melissa Johnson and Dr. Ali Schmerling discuss family medicine and its unique opportunities. Following the lecture, there will be time for a Q&A. Family medicine is the most diverse, dynamic, and in-demand medical specialty. There are more than 90,000 family physicians practicing in the United States today. Learn what makes their work so rewarding and get an idea of where you fit in! Please RSVP below and submit your questions ahead of time. We hope to see many of you join us!

RSVP here: <https://forms.gle/Li3YzvhGKZ29GwAi7>

Join us here: <https://ucdenver.zoom.us/j/99855583541?pwd=QkVTN0FNFR2hOcmZvaCtzbEd2eUpydz09>

## GET INVOLVED

### Want To See An Event Happen? Let us know!

Send us your suggestions of events and topics you would like to see as part of FMIG!  
Send us your ideas [HERE](#)

### Join CAFP

### Projects, Committees and Networking

Colorado Academy of Family Physicians is looking to have more medical students join them and take part in various committees. Attached to this email ([here](#)) is a document outlining the various ways students can be involved. The highlights are joining the board of directors, taking part in public health projects, serving on the education committee, and attending summits, conferences and networking events. The details are attached, but please feel free to respond to this email with any questions.

# AAFP National Conference July 29-31

## VIRTUAL This Year!

The AAFP National Conference is a highly anticipated, annual event to bring Family Medicine physicians together for education, networking, and residency program interaction. This year, the AAFP has decided to make the conference a virtual event after considering public health and safety as well as uncertainties with what travel restrictions will look like. The conference will take place July 29-31, 2021. We will share more info as we get closer!

### Highlight

## Follow us on Instagram!

### #Humansoffamilymedicine



“There’s this epidemic of women physicians who are burnt out and exhausted. There is this idea among women in medicine that they have to postpone having children, it’s an inconvenience. There are a lot of women who feel that way, and then they’re 35 when they finish all their training. Women are frequently experiencing situations where they can’t have children, or it’s a very arduous process in order to have children afterwards. I think it’s a unique thing that needs to be addressed, because women are different than men. It’s a disservice if we think of ourselves as trying to be the man as opposed to striving to really live into who we want to be, and envisioning what that looks like. I’ve had a number of women – at least half a dozen to a dozen women – who are early in their training and questioning whether they should even do it, because their concern is they want to be a mom as well, and numerous people have told them you can’t do both. This idea that we have to pick is interesting and it’s never discussed. If you have a mentor who’s a mom physician, then you feel like you can do it because they empower you. If your mentors don’t have children or are all men, you don’t ever get that other side to see how it can be done. A lot of women have said, ‘this is the decision I made to be a doctor, so this is the sacrifice I’ll have to make.’ I don’t think it needs to be that way. If you really want to have children, you can do both. As a profession we need to be role-modeling that and talking about it.” - Dr. Lynn Stiff

Resources for women physicians and mom physicians : PMG (Physician Moms Group),  
She MD

## Family Medicine Resident Mentoring

For students interested in resident and/or faculty mentors, this is an informal program with the hope of being mutually beneficial to all parties involved. The goal is to help med students have a better understanding of family physicians and to help students succeed whether they decide family medicine is the right specialty for them or not.

We ask that mentors and mentees meet at least once a semester. Please fill out the quick form below so that we can best pair you with a good fit. **If you are interested, sign up here.**

For more information, questions, or concerns, please contact **Cleveland Piggott, MD.**

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## Looking for an MSA or Scholarly Project in Family Medicine?

Go to the Department of Family Medicine MSA Program webpage to fill out an interest form to schedule a meeting to get connected with potential mentors, or to find information for applying to the DFM Summer MSA Program.

**[DFM MSA Website](#)**

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## OTHER HELPFUL LINKS

### Interested in an FMIG T-Shirt?

Get a free t-shirt when you sign up for the FMIG Newsletter and become a student member of the American Academy of Family Physicians (membership is free).

Sign up to get a Free FMIG T-shirt **[HERE](#)**

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As always, feel free to check out our website with information from this newsletter and more at: **<https://fmigcu.wordpress.com/>**

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