



FAMILY MEDICINE interest group

UNIVERSITY OF COLORADO ANSCHUTZ MEDICAL CAMPUS



Words from an MS4...

Blake Volkmer

Why I chose Family Medicine

"Family Medicine is rarely chosen based off a single experience. Rather, it's an accumulation of events that leads medical students to choosing the specialty.

I've known that primary care would likely be the specialty for me ever since I was a CNA, a position which helped lay the foundation for my personal values in health care. These patients were incredibly ill and often required intimate and personal care. In this setting, success meant developing strong trusting relationships

with both patients and their families – learning the amazing stories that went beyond their medical condition. I realized at this point that if I entered medicine, I wanted the specialty that would allow me to hear the amazing life stories that people carry.

One of the most important aspects of medicine for me is being a role model for the community. One reason why I love Family Medicine is that the specialty requires the provider to be heavily involved with their surrounding community. I love knowing that as a doctor, I will have the opportunity to both represent and care for my surrounding community.

Going through my clinical years further cemented in my mind that Family Medicine was the calling for me. OBGYN, Pediatrics, Internal & Family Medicine; these clinical experiences made me realize that I could never enjoy medicine without elements of each of these specialties. More importantly, I realized I needed to have a diverse population to care for. I can never give up my geriatric population, my patients going through pregnancy, or the children who I would get to see grow up. These clinical rotations also made me realize that I must have continuity with my patients. I want to be a constant for them; an anchor that each of these patients can rely on for care."

Blake will start his family medicine residency at Poudre Valley Hospital in Ft. Collins this summer!

Congratulations, Blake!



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UPCOMING EVENTS

May Events:

- Monday, May 13: Concussion Lunch Lecture
- Thursday, May 16: Project C.U.R.E Sip & Sort

Future events

- July 25-27: AAFP National Conference
-

Concussion Lunch Lecture

Monday 5/13/2019

12-1 p.m., Ed1 1400

The PM&R and Family Medicine Interest Groups are hosting a comprehensive lecture on concussion diagnosis, management, and treatment. The lecture will be given by Dr. Nate Odom (PM&R) and a neuropsychologist that practices in UCH's concussion clinic.

RVSP HERE



Project C.U.R.E. Sip and Sort

Thursday May 16, 2019 6:00-8:00 p.m.

Warehouse Address:

10377 E. Geddes Ave.

Centennial, CO 80112

Beverages and light snacks will be provided.

Check out [this video](#) to become familiar with Project C.U.R.E. and learn about the vital impact a volunteer experience creates. Donated medical products will be sorted, processed and prepared for international distribution to assist children, families, individuals and communities to over 130 countries.

Come volunteer to sort medical supplies and enjoy drinks and snacks with residents at Project C.U.R.E. Networking, volunteering, and indulging in good food - what could be better? Please register online [HERE](#). **Limited spots available, so RSVP now!**



AMERICAN ACADEMY OF
FAMILY PHYSICIANS
STRONG MEDICINE FOR AMERICA

Join us at the **AAFP National Conference** of Family Medicine Residents and Medical Students, **July 25–27** in Kansas City, MO, and map your career path in family medicine!

Don't forget to apply for the CU Department of Family Medicine Scholarships!

In order to receive funding from the DFM, you are required to apply for the national conference funding. Both applications are simple and available for all phases!

1) Check out the AAFP Scholarship Applications [here](#). **Due May 1st**
Notification of awards will be by May 31st.

2) Fill out the internal DFM scholarship application. **Due by end-of-the-day Monday, June 3rd** to Kasie Holcomb (kasie.holcomb@ucdenver.edu). This is intentionally placed after the AAFP scholarship acceptances so that you can note any AAFP funding you have received on your DFM scholarship application.

NETWORKING

Family Medicine Resident Mentoring Program

For students interested in resident and/or faculty mentors, this is an informal program with the hope of being mutually beneficial to all parties involved. The goal is to help med students have a better understanding of family physicians and to help students succeed whether they decide family medicine is the right specialty for them or not.

We ask that mentors and mentees meet at least once a semester. Please fill out the quick form below so that we can best pair you with a good fit. **If you are interested, sign up [here](#).**

For more information, questions, or concerns, please contact **Cleveland Piggott, MD**.

ARTICLE OF THE MONTH



Cultural Humility Is Critical to Health Equity

Mrs. Smith, a 60-year-old black woman, presented to my office visibly upset about a recent appointment with a subspecialist. She had been treated poorly, she said, from the moment she arrived at that physician's office. Most telling, the patient...

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www.aafp.org

As always, feel free to check out our website with information from this newsletter and more at: <https://fmigcu.wordpress.com/>

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interest group

 **Department of**
Family Medicine