



FAMILY MEDICINE  
interest group

UNIVERSITY OF COLORADO ANSCHUTZ MEDICAL CAMPUS

## UPCOMING EVENTS

### AAFP National Conference

July 30-Aug 1

Join the virtual AAFP national conference! There will be informational sessions and workshops relevant to students in family medicine as well as the Residency Fair which is a great opportunity for 4th years getting ready to apply.

- Register here: [Conference Registration](#)

## GET INVOLVED

### CALLING ALL MS4s

Be an advisor for MS1/2s!

The Family Medicine Interest Group is starting a one-on-one advising program between MS4s going into family medicine and MS1/MS2s interested in family medicine. This program will provide MS1/MS2s with an added layer of support as they navigate their pre-clinical years as well as advice and support around choosing a specialty. MS4s will gain mentorship experience and a way to feel more connected to the first and second year classes. We are recruiting MS4s going into family medicine who are interested in signing up as an advisor for one or two MS1/MS2s. We ask that MS4 advisors check in with their advisee once per month via email, text, or phone call, based on your preferences. We envision the time commitment to be about 15-30 minutes per month.

If you are interested, please fill out this [google form](#) and we will contact you with more information! We will email you in early September with more information about the program and by late September with the contact information for your assigned student.

Please contact Kristina Sandquist, MS4, at [kristina.sandquist@cuanschutz.edu](mailto:kristina.sandquist@cuanschutz.edu) if you have any questions in the meantime!

## FOLLOW US ON INSTAGRAM

[#humansoffamilymedicine highlight](#)

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“I grew up in Wray, a small town on the northeastern plains of Colorado. Being from there, my vision of a doctor was a full spectrum family physician. In college, while I was still trying to decide whether to go into medicine, I had the opportunity to shadow my family doctor in my hometown. That solidified my decision to go into medicine and ultimately played a role in my decision to go into family medicine. In medical school I really tried to keep an open mind regarding specialty choice, even entertaining other specialties, but I enjoyed aspects of every rotation along the way. That showed me that I really missed going without any of them. When it came down to what was really most important to me, it was the relationships with patients developed over time, caring for the entire patient and throughout all the stages of their life, caring for entire families, focusing on prevention of disease rather than reacting to it, lifelong learning, and being able to teach with my patients, families, and students. So I’ve really kind of known it all along, but I was constantly reminded that I was meant to be a full spectrum family doctor.”

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## NETWORKING

### Family Medicine Resident Mentoring

For students interested in resident and/or faculty mentors, this is an informal program with the hope of being mutually beneficial to all parties involved. The goal is to help med students have a better understanding of family physicians and to help students succeed whether they decide family medicine is the right specialty for them or not.

We ask that mentors and mentees meet at least once a semester. Please fill out the quick form below so that we can best pair you with a good fit. **If you are interested, sign up here.**

For more information, questions, or concerns, please contact **Cleveland Piggott, MD.**

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### Looking for an MSA or Scholarly Project in Family Medicine?

Go to the Department of Family Medicine MSA Program webpage to fill out an interest form to schedule a meeting to get connected with potential mentors, or to find information for applying to the DFM Summer MSA Program.

[DFM MSA Website](#)

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## ARTICLE OF THE MONTH

### What are the actual causes of hospital admissions?

CU Family Medicine physician, Dr. Leggott presents a perspective on the underlying causes of hospitalizations in the US.

Read the article [here!](#)

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## OTHER HELPFUL LINKS

### Interested in an FMIG T-Shirt?

Get a free t-shirt when you sign up for the FMIG Newsletter and become a student member of the American Academy of Family Physicians (membership is free).

Sign up to get a Free FMIG T-shirt [HERE](#)

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As always, feel free to check out our website with information from this newsletter and more at: <https://fmigcu.wordpress.com/>

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