



FAMILY MEDICINE  
interest group

UNIVERSITY OF COLORADO ANSCHUTZ MEDICAL CAMPUS

### Words from a *Resident...*

## Cleveland Piggott: Why Did You Choose Family Medicine?



"When I was in middle school, I wanted to be a pastor. Helping others when they were at their lowest point, hearing their stories and bringing hope sounded like the best job in the world. In high school, I contemplated pursuing a life as a politician when I realized policy and system changes could transform the lives of populations and not just individuals. While in college, I briefly considered becoming a professional ballroom dancer. I loved the discipline required of dancers, the teamwork and communication in putting on a great performance. However, there was always something missing for me in each of those career options. This led me to medicine.

After receiving my biology and psychology degree at the University of Georgia, I went on to receive my MD/MPH from the University of North Carolina School of Medicine. I quickly found that family medicine was the specialty that encompassed everything I loved about my childhood career aspirations. I spent much of my time in medical school advocating for underserved populations and promoting family medicine on the local and national level.

After finishing my training at the University of Colorado Family Medicine Residency program, I got my dream job as faculty at the CU Department of Family Medicine. I get to teach and advise medical students and residents, started a social justice working group at the department of family medicine (The Justice League), and I do full scope outpatient medicine at AF Williams Family Medicine.

In my spare time, I enjoy watching college football, dancing, exploring National Parks, and hanging out with my wife (another family doc) and dog."



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## UPCOMING EVENTS

**January 29:** Dinner with a Doc! Registration is full this month, but stay tuned for future events.

**January 30 & February 6:** FMIG Casting Workshop (details below)

## CLINICAL OPPORTUNITIES

### Lowry Clinic Shadowing

This is an opportunity for students to get additional exposure to seeing family medicine in an underserved primary care clinic with a unique population. No set time commitment, you are welcome to come for just a session to see what it's like or come more regularly. **The Lowry Family Health Center is a Denver Health clinic with a population of >50% immigrants and refugees from all over the world.** Please contact Alec Kerins ([alec.kerins@ucdenver.edu](mailto:alec.kerins@ucdenver.edu)) if you are interested in spending time with a provider at the clinic!



### We Need Your Feedback!

Please fill out the following survey to improve the Foundations of Doctoring experience in family medicine. Let us know what aspects of preceptoring you enjoy, are most helpful, and any areas of improvement. Thanks! Fill out the survey [here](#).

### FMIG Casting/Splinting Workshop

January 30<sup>th</sup> & February 6<sup>th</sup> from 1-3p,

Location TBD

The Family Medicine Interest Group will be

collaborating with Rural Track to provide a casting/splinting workshop. The event is free for FMIG members and \$10 for non-members. There will be two sessions and **STUDENTS MUST BE ABLE TO ATTEND BOTH SESSIONS**. The first session will be on January 30th from 1-3p and will cover musculoskeletal injuries: common patterns of injury, assessment, and management. The second session will be on February 6th from 1-3p and will be an interactive workshop on casting/splinting the injuries covered in the first session. Please **RSVP** using **this form**. This workshop is limited to 10 students. Rural Track students do not need to RSVP. Contact **Haylie Petrick** with any questions or concerns.



## NETWORKING

### Family Medicine Resident Mentoring Program

For students interested in resident and/or faculty mentors, this is an informal program with the hope of being mutually beneficial to all parties involved. The goal is to help med students have a better understanding of family physicians and to help students succeed whether they decide family medicine is the right specialty for them or not.

We ask that mentors and mentees meet at least once a semester. Please fill out the quick form below so that we can best pair you with a good fit. **If you are interested, sign up here.**

For more information, questions, or concerns, please contact **Cleveland Piggott, MD.**



### Dinner with a Doc

Dr Elizabeth Kvach is Medical Director of the LGBT Center of Excellence at Denver Health. She practices full scope outpatient and inpatient family medicine and is faculty at the University of Colorado Family Medicine Residency. Dr Kvach completed her medical training at Yale and her Family Medicine residency at the University of Wisconsin. She went on to do an OB fellowship at St Joseph's Family Medicine Residency. She is looking forward to having students at her home this month! Spots are full for the dinner, but stay tuned for future events coming in the next few months.

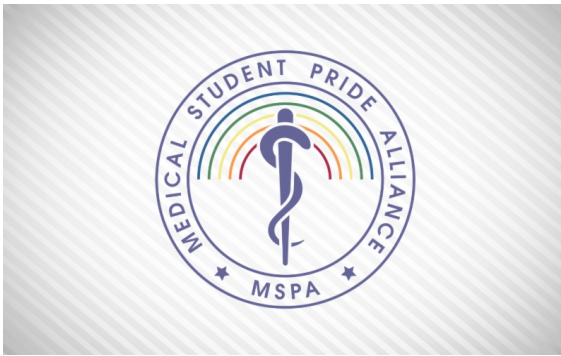


Students are offered a free membership, which lasts until graduation from medical school. As an AAFP member, you have access to valuable benefits and resources to support you throughout your medical school journey. Benefit from:

- Access to AAFP's award-winning journal, American Family Physician.
- Access to the online Family Medicine Board Review questions and answers.
- Connect with other medical students, residents and family physicians through your chapter.
- Leadership opportunities.
- Join a member interest group to connect with other AAFP members both online and in person who share your professional interests.

**Sign up today!**

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### Medical Student Price Alliance Survey

The **Medical Student Pride Alliance (MSPA)** is a budding national advocacy group for LGBTQ-identifying medical trainees. MSPA is administering a really important **survey**, with guidance from the AAMC. **Surveys are usually**

boring and people ignore them, but this one is important and here's why:

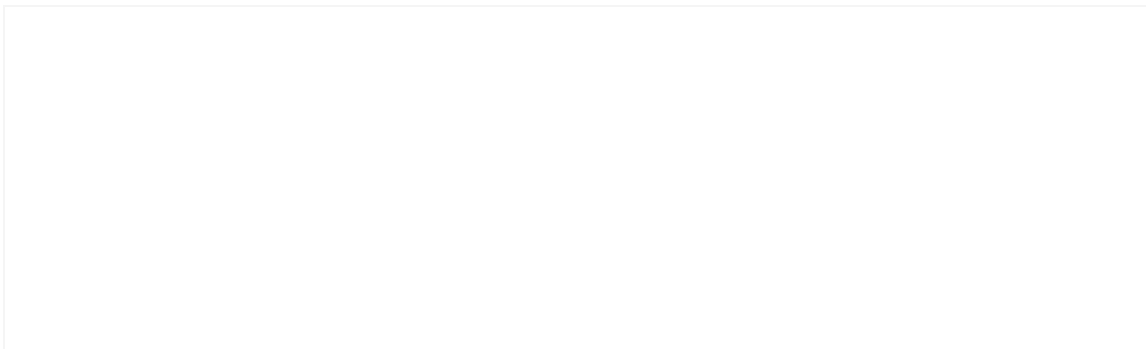
-National protections for LGBTQ+ people are **limited at best**, especially in light of the recent **HHS memo reports**. Together, the students leading MSPA and the AAMC will be using the data collected via this survey to make a case for increasing protections for LGBTQ-identifying medical trainees – especially in medical school/residency applications and on the wards – with a focus on intersectionality and allyship.

-MSPA has a rapidly-growing student body and faculty support system and has already organized on the national level

-The **survey** will take less than 5 minutes of your time - for real! (Their survey tracks response time, and average is at around 4 min 43 seconds right now).

***So in sum - take this **survey**! Right now, University of Colorado has 0 responses, and it'd be great to have our school be represented!***

## ARTICLE OF THE MONTH





# STR-TA Consortium

State Targeted Response  
Technical Assistance

## Opioid Expert Teams Stand Ready to Assist FPs

The Substance Abuse and Mental Health Services Administration awarded a two-year grant to the American Academy of Addiction Psychiatry (AAAP) to bring together a coalition of 22 health care organizations, including the AAFP, to collaborate with...

[Read more](#)  
[www.aafp.org](http://www.aafp.org)

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As always, feel free to check out our website with information from this newsletter and more at: <https://fmigcu.wordpress.com/>

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 Department of  
Family Medicine